

PRAYER BEFORE A CRUCIFIX



The Prayer Before A Crucifix can give you a poignant, if painful, reminder of just how much God loves *you*, and how special you are in His eyes. When you look at a crucifix you see Jesus on the cross dying not just for our sins, but for *yours* as well.

The Prayer Before A Crucifix is also listed in some prayer books as a Prayer to Jesus Crucified. It sums up beautifully the feelings we should have of love for our Lord and remorse for our sins as we contemplate His dying as if He were a common criminal for our salvation!

**BEHOLD, O good and sweetest Jesus,
I cast myself upon my knees in Thy sight,
and with the most fervent desire of my soul
I pray and beseech Thee
to impress upon my heart
lively sentiments of faith,
hope and charity,
with true repentance for my sins
and a most firm desire of amendment:
whilst with deep affection and grief of soul
I consider within myself
and mentally contemplate Thy five most precious Wounds,
having before mine eyes that which David, the prophet,
long ago spoke in Thine own person concerning Thee,
my Jesus: “They have pierced My hands and My feet,
they have numbered all My bones.”**

Amen.