

Being a Confirmation Sponsor

Congratulations on being chosen as a Confirmation Sponsor! Below, you'll find a few suggestions for ways to step into this role more fully, as you accompany your Candidate along the journey towards their Confirmation.

- Continue to be a role model of Christian living - Something about your life has apparently already spoken to your candidate. Perhaps he or she does not even know what it is about you that attracts him or her to you, but something about the way you live, speak, relate to them or others has touched him or her. Continue to live out your faith with joy!

- Engage your candidate in his or her faith - Despite being signed up for Confirmation classes, many of our young people are not actively living their faith. Ask them to attend Mass with you or take them to the Sacrament of Reconciliation. The St. Peter Parish Adoration Chapel is open 24 hours a day 364 days a year. Suggest making a holy hour together. Offer them Catholic reading material or music. Speak to them about what we are discussing in class and challenge them to really put forth maximum effort in their preparation. The possibilities here are really endless.

- Be present to them - A cup of coffee or a phone call not necessarily related to Confirmation can help to strengthen your relationship with the candidate, which may lead to deeper conversations about the Church and our faith. During this time, many candidates have questions about Church teaching and how they fit into the Church. The stronger your relationship is with them in general, the easier it is for them to approach you with these questions, and having answers to these questions may be just the thing that helps them come to know and love the Church more fully!

- Pray- Never underestimate the power of prayer! Pray for your candidate daily, perhaps specifically asking their new patron, i.e. their Confirmation Saint, to intercede on their behalf. There are many prayers and novenas available in Catholic bookstores or on the Internet specifically designed to ready someone for the Sacrament of Confirmation. You may pray those on your own or with your candidate, and do not forget to pray for yourself, asking the Holy Spirit to guide you through the gifts you received in your own Confirmation to be the sponsor that He wishes you to be.