

WEEK 3 - TUESDAY AUGUST 4th (Scheduled release sept 29)

Sisters of Life - Special Episode on the Coronavirus

<https://youtu.be/n6cdhprYw34>

God cares about us and is with us through this. Let love guide us over everything - let love of my neighbour be the reason I'm washing my hands, wearing a mask, etc. "In reverence for what has been asked of us"

What COVID cannot do (adapted from "what cancer cannot do"): destroy peace, invade the soul, conquer the spirit, destroy friendships, etc.

These things have threatened to steal our peace but living with Jesus gives us peace.

In any suffering, we want someone in there with us. Jesus offers this to us.

St. John Paul II: the rosary is contemplating, with Mary, the face of Jesus.

Other ways to increase our prayer in this time: Chaplet of Divine Mercy, Scripture, etc.

Scripture sustains us, "Be Not Afraid".

Realizing the priorities of our lives, what we deem essential (family, friends, faith, etc)

"I'll never cease to be in the hands of the Father"

Questions for reflection:

What are some ways your prayer life has changed because of the lockdown?

What are some things you will continue to do after this passes?