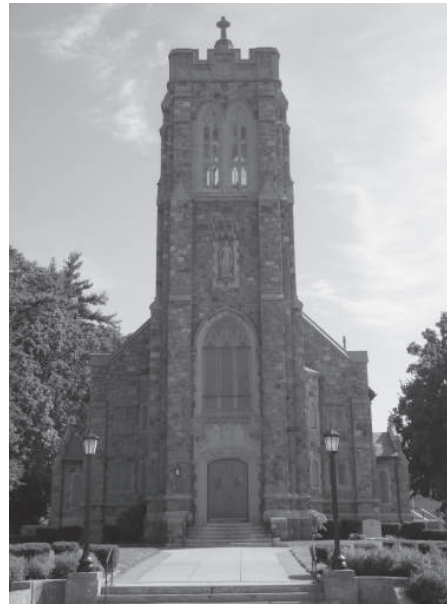


# Blessed Sacrament Parish

551 Pleasant Street, Worcester, MA 01602-2795

Rectory: 508-755-5291  
Religious Education Office: 508-752-4368  
Parish Fax: 508-755-6891  
Parish Office Hours:  
Monday - Friday 9:00am-1:00pm  
Parish Website:  
[www.blessedsacramentworchester.us](http://www.blessedsacramentworchester.us)

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## Parish Staff

Rev. Richard F. Trainor - Parish Priest  
Deacon Roy F. Briggs - [rtread180@charter.net](mailto:rtread180@charter.net)  
Becky Noone, Director of Music -  
[ecnoone@yahoo.com](mailto:ecnoone@yahoo.com)  
Anne French, Pastoral Council Chair -  
[annereardonfrench@gmail.com](mailto:annereardonfrench@gmail.com)  
John and Darlene O'Connell,  
Finance Committee Chairs  
Phyllis Towns, Respect Life Ministry Coordinator  
Mary Larkin, Safe Environment Coordinator  
[mmlarkin68@gmail.com](mailto:mmlarkin68@gmail.com)  
Jean Urbanowski, Parish Secretary -  
[blessedsacrament@charter.net](mailto:blessedsacrament@charter.net)

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## Liturgical Schedule

Monday through Friday: 8:30 am  
Saturday Vigil: 4:00 pm  
Sunday: 8:00 am and 10:00 am  
Holy Days: Vigil 5:30 pm; Day 8:30 am

## Sacrament of Reconciliation

Saturdays: 3:00 - 3:30 pm  
Anytime by request

## Our Parish Mission Statement

We, the members of Blessed Sacrament's parish family, empowered and guided by the Holy Spirit, seek to respond to God's call to love and serve one another. United as a faith-filled community, we joyfully strive to be Christ to others as we bring others to Christ. We accept our responsibility, as members of God's church, to expand the Kingdom of God in the Roman Catholic tradition through prayer, worship, education, service and our commitment to strengthening and building our parish community.

### Sacrament of Baptism

Please make arrangements by calling the rectory after the birth of the child. Baptisms are usually celebrated Sundays at 12:00 noon.

### Sacrament of Marriage

Couples planning to be married should contact the pastor a least a year in advance. A program of preparation is required for all couples planning to marry in the church.

### Bulletin Notices

Items for the parish bulletin must be received at the rectory by Monday morning.

### New Parishioners

Please introduce yourselves after Mass or call the rectory, at your convenience, to register. We hope you will become an active part of our parish community.

### Sick Calls

Since all hospitals do not notify us on the admission of parishioners, please contact the rectory when a family member is admitted to the hospital.

Communion calls for the aged, shut-ins and convalescent and nursing home patients are our constant concern. Please call us for special ministerial visits.

**PARISH FINANCES**

The collection amount for **August 20 and 21** was:

Offerings made at Mases:	\$3279.70	97 envelopes & loose cash
Offerings made by mail:	\$962.00	14 envelopes

Total weekly: **\$4241.70**

Feast of the Assumption: \$566.00

Thank you for your continued and generous support of Blessed Sacrament Parish.

Please remember Blessed Sacrament Parish in your wills and estate planning, your bequests or in requesting donations upon the death of a loved one. Thank you!

**BASH AT BLESSED SACRAMENT**

The Date for the *Bash at Blessed Sacrament* is **Sunday, September 11, 2016, 1:00-4:00 pm.** Join us for this neighborhood gathering, block party, lawn party under the tents.

**All are invited!**

**All is Free!**

**Free Hamburgers and Hot Dogs and Other Light Refreshments!**

**Free Face Painting!**

**Free Hot Popcorn!**

**All are welcome!**

**2 SACRISTANS NEEDED**

We are in need of 2 sacristans— one for each of the following weekend Masses: Saturday, 4:00 pm  
Sunday, 8:00 am

Volunteer position to set up altar with wine, water, hosts and chalices; to light candles; and after Mass to extinguish candles and put away sacred vessels.

If interested, call the rectory.

**PASTORAL COUNCIL**

The Pastoral Council will meet on Tuesday, September 6 at 6:30 pm in the St. Charles Room of Phelan Center. All are welcome.

**VOLUNTEER NEEDED**

A Volunteer Office worker is needed to be in the Religious Education Office while classes are being held on Monday evenings for Junior and Senior High. If interested please call the rectory.

**ORDER OF WORSHIP**

*Twenty-Second Sunday in Ordinary Time*

Worship-935

**MUSIC**

Processional: Gather—#469—*Blest Are They*

Psalm: Worship—#935

Preparation: Heritage—#592—*Tis the Gift to be Simple*

Communion: Gather—596—*Bread for the World*

Recessional: Worship—#534—*Tell Out My Soul*

**RELIGIOUS EDUCATION REGISTRATION**

Registration for Religious Education has begun. Visit the registration table in the vestibule. Classes for Grades 1-6 will begin on Sunday, September 11 between the two Sunday Masses. Classes for Grades 7-11 will begin on Monday, September 12, 7:00-8:00 pm.

**SPECIAL GUEST**

Fr. James Mazzone, Director of Vocations, will celebrate the Eucharist here on **Saturday, September 3, 2016 at 4:00 pm.** Welcome back Fr. Jim.

**THE SHRINE OF OUR LADY OF FATIMA**



We hope to renew this shrine area. If anyone is interested in adopting this project with new bushes, masonry repair, working spot lights, etc., please call the rectory.

**LABOR DAY MASS**

Join us for the Labor Day Mass on **Monday, September 5, 2016 at 8:30 am.**

The Catholic Church has a well documented Tradition on Labor and Unions, rooted in the human right of association. Catholic Social Teaching supports the right of workers to choose whether to organize, join a union, and bargain collectively, and to exercise these rights without reprisal. Workers, owners, employers and unions should work together to create decent jobs, build a more just economy, and advance the common good.

**AN INVITATION TO SERVE**

Are you looking for ways to experience God? You are invited to serve people in our Blessed Sacrament Parish by joining the Society of St. Vincent de Paul at this parish. Members of the Society invite you to share in their ministry of experiencing God in serving people living in poverty. We see Christ in the poor because Jesus told us "whatever you do to the least of my brothers and sisters you do for me." We invite you to come and learn more without obligation on **Wednesday, September 7, at 7 pm** in the Blessed Sacrament Rectory.



<u>Saturday, August 27, 2016</u>	
4:00 PM	<b>Arnold F. Ingalls</b> (37th Anniversary) by his Family
<u>Sunday, August 28, 2016</u>	
8:00 AM	<b>Ronald Chiapulis</b> by Family
10:00 AM	<b>Frederick T. &amp; Regina O. Bartlett</b> (38th Anniversary) by Family
<u>Monday, August 29, 2016</u>	
8:30 AM	<b>Andrew Tivnan</b> by Margo Hughes
<u>Tuesday, August 30, 2016</u>	
8:30 AM	<b>Kay Thompson</b> by Margo Hughes
<u>Wednesday, August 31, 2016</u>	
8:30 AM	<b>Helena Fraher</b> by Margo Hughes
<u>Thursday, September 1, 2016</u>	
8:30 AM	<b>John Hughes</b> by his Wife and Family
<u>Friday, September 2, 2016</u>	
8:30 AM	<b>Mass</b>
<u>Saturday, September 3, 2016</u>	
4:00 PM	<b>Pauline Lamarche</b> (12th Anniversary) by Family
<u>Sunday, September 4, 2016</u>	
8:00 AM	<b>Jane Levasseur Valinski</b> (1st Anniversary) by Family
10:00 AM	<b>Evelyn Powlics</b> by the Mason Family
<u>Monday, September 5, 2016</u>	
8:30 AM	<b>Mass</b>
<u>Tuesday, September 6, 2016</u>	
8:30 AM	<b>Mass</b>
<u>Wednesday, September 7, 2016</u>	
8:30 AM	<b>Mass</b>
<u>Thursday, September 8, 2016</u>	
8:30 AM	<b>Mass</b>
<u>Friday, September 9, 2016</u>	
8:30 AM	<b>John &amp; Margaret Farley</b> by Family
<u>Saturday, September 10, 2016</u>	
4:00 PM	<b>Richard Trainor, Sr.</b> (3rd Anniversary) by Family



**SICK OF THE PARISH**

Please keep the sick of our parish in your prayers, especially Anita Broadbent, Denise Cortesi, Janet Crowley, Barbara Diliddo, Judith Morris-Fugere, Ann Gouin, Lee Gouin, John Harvey, Jennie McCarthy, Terry Meduski, Kathy O'Leary, Claudyne Pearson, and Barbara Sawyer. May the Lord give them strength, courage and healing.

**WEDNESDAY MUSTARD SEED MEAL**

Blessed Sacrament will be hosting one more meal at the Mustard Seed this **Wednesday, August 31**. Volunteers are needed to cook, serve or bake. Monetary donations or food cards are also needed. Sign-up sheets are located in the vestibule of the church.

**CONFIRMATION CLASS**

Confirmation is open to all students in Grade 11 and above.

If you go to Catholic School this is an optional program—you need only attend the 6 week program for immediate preparation, but know you are also most welcome to join this program as well.

Classes begin **Monday evening, September 12, 2016**.

Confirmation class lead teacher is Mr. Frank Kartheiser.

**INTRODUCTION TO CHRISTIAN MEDITATION (Centering Prayer)**

*"Be still and know that I am God"*

A six-week course will be held in Epiphany Center at Blessed Sacrament Church, 551 Pleasant St., Worcester beginning on **Thursday Evening, September 8, 2016 at 7:00-8:00 pm**. Facilitator is Sister Irma Gendreau, PFM. Free will offering.

This course will provide an opportunity for those interested in finding out about Christian Meditation to experience the practice in a small group, to learn about its origins, to discover its relevance as a form of prayer for the contemporary world and to experience the benefits of silent communion with God.

For more information contact Sister Irma 508-756-0978 or smig254@verizon.net.

**MUSIC MINISTRY NEWS**

Adult Choir Rehearsal will begin on **Thursday, September 8 at 7:00 pm** in the choir loft. We welcome all ages from high school through adult. On Sunday, September 18 we will have a "Spontaneous Choir" event at the 10:00 am Mass. If you like to sing and have thought about joining choir, try this out for a gentle introduction! We will meet at 9:15 in the choir loft to practice before Mass.

Chime Choir and Children's Choir information will be posted soon.

Please contact Becky Noone with any questions: 508-735-5256 or [ecnoone@yahoo.com](mailto:ecnoone@yahoo.com).

**Hope for Housing Food Cards Available Shaw's, Big Y, Stop & Shop, CVS, Panera Bread and Dunkin' Donuts**

**Save the Date! November 12, 2016 Blessed Sacrament Craft Fair**

## BLESSED SACRAMENT CALENDAR OF EVENTS

Monday, August 29, 2016

7:00 PM *Come pray the Rosary and Divine Mercy Chaplet, Church*

Monday, September 5, 2016

7:00 PM *Come pray the Rosary and Divine Mercy Chaplet, Church*

Tuesday, September 6, 2016

6:30 PM *Pastoral Council, St. Charles Room*

Wednesday, September 7, 2016

7:00 PM *St. Vincent de Paul Meeting, Rectory*

Thursday, September 8, 2016

7:00 PM *Introduction to Christian Meditation, Epiphany Center*  
7:00 PM *Adult Choir Rehearsal, Church*

### FIRST FRIDAY ECUMENICAL PRAYER

All are welcome at the Chapel of the Holy Spirit at Assumption College on First Friday evenings beginning **September 9 at 8:00 pm** through June for Ecumenical Prayer with Taize chants.

### KNIGHTS OF COLUMBUS

The Massachusetts Knights of Columbus Charity Fund gave \$100,000 to renovate a home for children who are medically fragile and have developmental disabilities at the Seven Hills Pediatric Center in Hopedale. This property is being renovated to provide a dignified home in the community for children with the conditions listed above, to allow the focus to be on their quality of life. This was made possible by residents of Massachusetts statewide who participate in activities sponsored by the Knights of Columbus or make donations to the Knight's charities.

Interior renovations to the home will transform the residence to accommodate accessibility tools such as recessed lifts, wheelchair ramps, therapeutic physical and occupational equipment, assistive technology and more. The children residing at Seven Hills Pediatric Center will be able to individualize their living space. They are given the ability to decorate so they have a sense of a home life and a comfortable living environment while receiving the nursing and therapeutic supports needed to thrive.

Catholic gentlemen, please plan to attend the Knights of Columbus meeting on **Wednesday, September 14 at 6:30 pm** in the Phelan Center. There will be an opportunity to ask questions about the Knights of Columbus and hear about the work plans for the council in our parish this year. Visit [kofc.org](http://kofc.org) for more information. John Stewart, the Grand Knight, can be reached at 508-340-0032 or email [worcesterknights@yahoo.com](mailto:worcesterknights@yahoo.com).

### NOVENA TO ST. JOSEPH

Christ the King will hold its Fifth Annual Novena to St. Joseph to pray for the sick, for improvements in palliative care and to pray to oppose physician assisted suicide. The Novena begins **September 12 from 7:15-8:00 pm** and runs for 9 consecutive Mondays.

Saturday, August 27, 2016— 4:00 PM

**Lector:** Elizabeth Mullaney

**Ministers of Holy Communion:** Mary Ellen and John Stansky, Jean Urbanowski

**Altar Servers:** Ann Marie Larkin

Sunday, August 28, 2016—8:00 AM

**Lector:** Lillian Cain

**Ministers of Holy Communion:** Ella McLaughlin, Russ Germain, Ed Urbanowski

**Altar Servers:** Paul & Nate Bushey

Sunday, August 28, 2016—10:00 AM

**Lector:** Mary Larkin

**Ministers of Holy Communion:** Deb Ducharme, Phyllis Towns, Mary Xatse

**Altar Server:** Luke Mullaney

Saturday, September 3, 2016— 4:00 PM

**Lector:** Jim Burns

**Ministers of Holy Communion:** Pearl Shea, Cecile Vigeant, Deacon Roy

**Altar Servers:** Luc Zafon-Whalen

Sunday, September 4, 2016—8:00 AM

**Lector:** Margaret McMenemy

**Ministers of Holy Communion:** Kimiko Abramoff, Jacqueline Bellos, Jim Bushey

**Altar Server:** Laura French

Sunday, September 4, 2016—10:00 AM

**Lector:** Barbara Athy

**Ministers of Holy Communion:** Joseph Dunn, Denise Boudreau, Lara Forde

**Altar Server:** Robert Dunn

### STEWARDSHIP NOTE

*"For behold, some are last who will be first and some are first who will be last." (Luke 13:30)* Our standards in our society are so different from God's standards. We often rate or rank people by what they have, how powerful they are, or how successful they are. Jesus reminds us that God will not judge us by the same earthly standards.

### THE 'ALPHA' COURSE AT CHRIST THE KING Coming Again This Fall

This year in the Fall Christ the King is offering the Alpha course again and they have invited us to join them which is great interparish cooperation. Thank you. All are welcome to join. The 'Come and See' Dinner is **Thursday, September 8 at 7:00 pm**. If you would like to pre-register for this dinner, please e-mail [TSullivan5@mac.com](mailto:TSullivan5@mac.com). We need to plan for the number of guests with accuracy. Please call Christ the King Rectory, 508-754-5361 for all the details.

Liturgical Ministers—Please send serving requests to Denise Briggs by September 1 for the October, November and December schedule.



*Invest just five minutes a day, and your faith will deepen and grow—a day at a time.*

**SUNDAY, AUGUST 28, 2016**  
**TWENTY-SECOND SUNDAY IN ORDINARY TIME**

**Let me show you this picture!**

In the “Age of the Selfie,” humility is rare. Really treasured is the snapshot that shows not just you alone, but someone famous with you. It’s not just you waving your cell phone saying, “Hey, look at me,” but, “See me standing next to this famous person!” as if their celebrity has rubbed off on you. Jesus doesn’t seem to get that: “When you are invited to a banquet . . . seek the lowest place.” Worry less about your image and more about what God sees.

*TODAY’S READINGS: Sirach 3:17-18, 20, 28-29; Hebrews 12:18-19, 22-24a; Luke 14:1, 7-14 (126). “Humble yourself the more, the greater you are, and you will find favor with God.”*

**MONDAY, AUGUST 29**  
**MEMORIAL OF THE PASSION OF JOHN THE BAPTIST**

**I am John**

The “I am . . .” meme is familiar (some would say overused) on social media websites as a sign of solidarity with a person or group that is mistreated or worse. We express our solidarity, but from the safety and distance of our keyboard. When it comes to walking the walk, however, few respond as fully as John the Baptist. John was able to say “yes” totally and unconditionally to God’s call. His bold proclamation of the reign of God at hand cost him his life. None of us will ever do what John did, yet all of us are called to that same mission—proclaiming the reign of God in our words and our actions. Prepare the way!

*TODAY’S READINGS: 1 Corinthians 2:1-5 (431); Mark 6:17-29 (634). “When his disciples heard about it, they came and took his body and laid it in a tomb.”*

**TUESDAY, AUGUST 30**

**What about justice?**

Some folks view religion as the rulebook. Do things God’s way or be sorry! Yet Saint Augustine wrote, “It is easier for God to hold back anger than mercy.” Rule-based souls will wonder: If God is merciful, what happens to justice? Pope Francis has an answer: “If God limited himself to only justice, he would cease to be God, and would instead be like human beings who ask merely that the law be respected. But mere justice is not enough. God does not deny justice. He rather envelopes it and surpasses it with an even greater event.” Mercy makes us bigger people!

*TODAY’S READINGS: 1 Corinthians 2:10b-16; Luke 4:31-37 (432). “We have not received the spirit of the world but the Spirit who is from God.”*

**WEDNESDAY, AUGUST 31**

**Find hours in the day**

Back-to-school season is in full swing, which means that for many people a change in schedule is in order. Not so for the church, though. For centuries, religious orders and clergy have kept time through a series of prayer periods throughout the day known as the Liturgy of the Hours, or Divine Office. This practice helps to structure the day around prayer. Be it Matins, Lauds, or Vespers, the Liturgy of the Hours reminds us that life is a constant dialogue of prayer. As the summer nears its end, perhaps now is a good time to renew prayer’s part in your daily schedule.

*TODAY’S READINGS: 1 Corinthians 3:1-9; Luke 4:38-44 (433). “For we are God’s co-workers; you are God’s field, God’s building.”*

**THURSDAY, SEPTEMBER 1**

**Unburden yourself**

Have you ever overpacked for a trip? Hauling too much luggage is never worth the hassle. Your Catholic faith demands you travel light through life. Too many material possessions can slow you down on your spiritual path, and the desire for accomplishment can sideline meaningful relationships. Emotional baggage, too, can turn you too far inward and away from a God-centered life. Jesus’ advice to his disciples to take nothing with them through the harsh desert required a great leap of faith on their part, and it is the same today. Jesus invites you to go on a real “trust walk.” But if you set down your things, your pretensions, and your worries, you’ll find you won’t need any of it to walk with him.

*TODAY’S READINGS: 1 Corinthians 3:18-23; Luke 5:1-11 (434). “They left everything and followed him.”*

**FRIDAY, SEPTEMBER 2**

**Start anew**

Not that long ago Catholics abstained from meat every Friday of the year. That rule changed in 1966 when U.S. Catholic bishops decided that economic and dietary times had changed so much that it was no longer a great sacrifice to have a meatless meal. The bishops said it was OK to go ahead and eat meat on Friday, but it still was important to do something sacrificial on Fridays as a way of keeping sacred the day of the week on which Christ died. Catholics heard the first part. But did we hear the part about volunteering, or fasting for peace, or visiting the sick every Friday? What practices would help you keep the spirit of Friday? Can you start today?

*TODAY’S READINGS: 1 Corinthians 4:1-5; Luke 5:33-39 (435). “The new wine will burst the old wineskins.”*

**SATURDAY, SEPTEMBER 3**

**MEMORIAL OF GREGORY THE GREAT, POPE, DOCTOR OF THE CHURCH**

**Take direction**

Long before he became pope or “the Great,” Gregory just wanted to be a monk, and the three short years he spent in a monastery were the happiest of his life. But his abundant talents were needed elsewhere. An historian wrote: “It is impossible to conceive what would have been the confusion, the lawlessness, the chaotic state of the Middle Ages without the medieval papacy and . . . Gregory the Great.” Your life might not go as you planned, but be willing to take God’s detours, knowing that the path, although difficult, leads to your purpose.

*TODAY’S READINGS: 1 Corinthians 4:6b-15; Luke 6:1-5 (436). “The Son of Man is lord of the sabbath.”*

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Contributors: Alice Camille, Peg Ekerdt, Sister Colleen Gibson, S.S.J., Daniel Grippo, Deacon Pedro Guevara-Mann, Father Larry Janowski, O.F.M., Jennifer Tomshack, Patrice J. Tuohy



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