

Genesis Early Childhood Program News

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From the Directors: Mary Davis and Melanie Gehrt

At Genesis, we talk a lot about emotional regulation and social/emotional development. Limit setting is critical for children to feel safe and to understand the limits in all situations. We found a resource for this topic on The Baby Sleep Site web page that is super clear and logical. Focus on the behavior, not the child personally--(All behavior communicates something--Melanie's addition.)

Setting Limits...

1. Be direct and specific
2. Use your normal voice
3. Tell the consequences
4. Check for understanding
5. Don't engage in arguments with children (Melanie's personal parenting downfall!)
6. Limit choices
7. Use a timer
8. Hold firm
9. Allow cool-off time
10. Don't be afraid to apologize
11. Don't think it is "you"
12. Immediate consequences are most effective
13. Be consistent--(This is huge!!!)
14. Relate consequences to the action (the premise of Love and Logic)
15. Don't harp

Please refer to the web page for expanded explanations of the 15 tips for limit setting.
<https://www.babysleepsite.com/toddlers/limit-setting-toddler/>

A BIG THANKS to Charles and Allison Butler!
The Butlers generously donated 5 wireless bluetooth speakers to be used in the classroom with our tablets! We absolutely love them! Thank you so much!!!

Upcoming Events

Election Day: There will be no classes on **Tuesday, Nov. 5** due to Election Day. Classes will resume on Wednesday, Nov. 6.

Our **Pumpkin Party** will be at 1:15 pm **Wednesday, Nov. 20 or Thursday, Nov. 21** in the classrooms. Parents and siblings are welcome. The menu for the party will be all things pumpkin such as pumpkin flavored mini muffins, ice cream, cookies, seeds, pies, etc. Be on the lookout for an email to be sent with specific requests for your help through Sign Up Genius. Safe Environment training is not necessary for donating pumpkin items.

Thanksgiving Holidays: There will be no classes the week of **Nov. 25-29**. Classes will resume Monday, Dec. 2. Have a blessed holiday!

Holiday Donations Needed: We will be collecting food items in November for CAM (Cypress Assistance Ministries) to help those less fortunate in our community during the holidays. Each age group will be assigned an item to keep the distribution equal. Please bring your donations by Friday, Nov. 15.

Candle Orders will be delivered before Thanksgiving. Thank you for the GREAT response! This year we raised \$3,465! We would like to give special thanks to our top sellers and donators:

| | |
|--------------------------|---------|
| River and Rowan Tuminski | \$1,084 |
| Serafina Morales | \$ 774 |
| Jaxson Norcini | \$ 406 |

WOW! Thanks for your awesome support! Also, we would like to give a shout out to those who contributed to the Busy Parent Donations. Thanks to your generosity, we raised an additional \$674!

It's Not Just Play!

As part of fostering spiritual development, we teach several different prayers throughout the year. Our day begins with the prayer Jesus taught us, the "Our Father." Before lunch and snack we sing "God our Father" or pray "Bless us Oh Lord," which is the traditional Catholic prayer before meals. Ms. Anna leads the kids in the Good Morning Prayer in the Bible enrichment classes. If you are not already, please consider praying the prayers at home with your children.

Our Father

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Good Morning Prayer

Good morning dear Jesus, this day is for you. We ask that you bless all that we think. (point to head) We ask that you bless all that we say. (point to mouth) We ask that you bless all that we do. (lift hands in praise) Amen.

Prayer before Meals

Bless us Oh Lord, and these thy gifts, which we are about to receive, from thy bounty, through Christ, Our Lord. Amen.

God our Father, God our Father, we give thanks, we give thanks, for our many blessings, for our many blessings, Amen, Amen.

Read Along with Us!



What are we working on?

4 YEAR OLDS

- We will be refining fine motor and cognitive skills through tearing paper leaves, painting turkey tracks, counting pumpkin seeds and writing their names.
- We will be building large motor skills outside on the playground while climbing, running, skipping, galloping, digging, raking and riding tricycles and scooters.

3 YEAR OLDS

- We will be fringing paper with scissors and continuing to identify our own names.
- We will be painting with Legos, golf balls and trains to strengthen our fine motor skills.
- We will be introducing the concept of being thankful and creating thankful trees.

2 YEAR OLDS

- We will be working our little fingers and hands as we practice sorting, matching and lacing.
- We will paint pumpkin pies that smell like a real pumpkin pie!
- We will be working on name recognition.

18 MONTH OLDS

- We will continue to work on gross motor skills on the balance beam and the tricycles.
- We will start building our core muscles with vertical drawing and painting on easels.

ENRICHMENT CLASSES

BIBLE: This month in Bible, we will be talking about God's creation. Also, we will discuss how Jesus taught people in the bible through stories, and that God chose Mary to be Jesus' mother and Joseph to be his earthly father in preparation for Advent and Christmas.

MUSIC AND MOVEMENT: This month in music and movement, we will be learning and singing about being thankful for the different people in our lives. We will be working on our gross motor movement by jumping, crawling, marching and wiggling our turkey feathers.

DISCOVERY: Pumpkins, pumpkins, pumpkins! We will start exploring pumpkins by carving them (with the older kids)! We will then measure, weigh and investigate all the parts of a pumpkin, from seeds to full, grown pumpkins. Our room will smell like yummy pumpkin pies this month too!