

God's Recipe for Me!

- Print out the template.
- Color the template and cut it out in one large rectangle.
- Fold the recipe card in half and glue it to make it double sided.
- Fill out the recipe card with your "ingredients" (things like "a beautiful smile", "strong legs for soccer" and "a good sense of humor") on the front of the card. There is room for 6 main ingredients which is plenty for children to think about and fill out.

Adaptations

Older Children

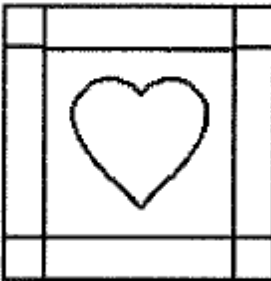
- Use the back of the card to print a paragraph expanding on some or all of the ingredients -- you can provide a theme for this paragraph -- such as "how did you use your ingredients this week?" or "what ingredient do you find most useful when dealing with friends" (or family or siblings, etc).

Younger Children

- Have an adult or older child print the ingredients for the younger child.
- Glue your recipe card to the top of a piece of white paper.
- Have the child draw a picture on the bottom of the paper illustrating one of their special ingredients.

Families

- Have the family each fill out one or two blanks on the recipe card for each member of the family.
- This is a nice way to support each other and show what you admire about each other.



God's recipe for me!

Name: _____

Ingredients: _____
