

OLGSP FIRST HOLY COMMUNION/FIRST RECONCILIATION PREPARATION

I, _____, parent or guardian of _____, understand that the following indications are necessary to show that my child is ready to receive the Sacrament of First Communion.

1. Must provide Baptism Certificate (if baptized in a church other than OLGSP)
2. Consistent Mass attendance on Sundays & Holy Days. **Students will receive a Prayer Card from Father, which they will then turn in to their teacher, to keep track of Mass attendance.**
- Out of love for Jesus, we should desire to attend Mass regularly to receive nourishment and strength to live the Christian life.
 - Father needs to know you and see that you attend.
3. Daily Prayer...Please work on prayers with the student at home.
4. Completed Formation
- Students must attend at least 80% of Family Sundays and classes. (No more than six absences are allowed in normal circumstances.)
 - Group setting in the Parish is preferred, but not mandatory. If studies are done at home, parent/guardian will demonstrate what has been covered to the satisfaction of the Pastor.
5. First Reconciliation takes place before receiving First Communion. This occurs when:
- a. The candidate can demonstrate an understanding of sin and the 4 components of the Sacrament of Reconciliation (contrition, confession, satisfaction, and absolution. *See CCC 1448, 1492*)
 - b. The candidate is instructed in a practical manner on how to go to confession, using any guides that would be helpful.
 - c. And it is reinforced that the candidate should begin receiving the sacrament regularly after receiving First Reconciliation.
6. Discernment Interview with Pastor or trained and qualified delegate
- This interview will focus on the candidate's lived relationship with Jesus, understanding of the Real Presence of Jesus in the Holy Eucharist, and disposition to receive the sacrament.
 - Please note: we are not judging worthiness. We are engaging in a process of discernment along with the candidate and the parents, in which it becomes apparent through prayer, discussion, and time that the candidate is ready to receive the sacrament, or still needs this or that in order to be ready

**The student be put on the list to receive First Holy Communion
only after all of the above requirements have been met,
and the parents, the student, and the teacher discern that the student demonstrates proper readiness.**

By signing below, Parent commits to bringing child to Mass on Sundays and Holy Days, and to confession regularly after his/her First Reconciliation. Student commits to do his/her best work while preparing for First Holy Communion. All agree to make sacramental preparation and Mass attendance a family priority.

Student's Signature _____ Parent's Signature _____

Date: _____
(One copy to parents, one copy for file)

(AFTER TIME OF PREPARATION)

We, the undersigned, acknowledge the above indications to be present and accounted for:

Candidate: _____ Teacher _____

Parents: _____ Pastor _____