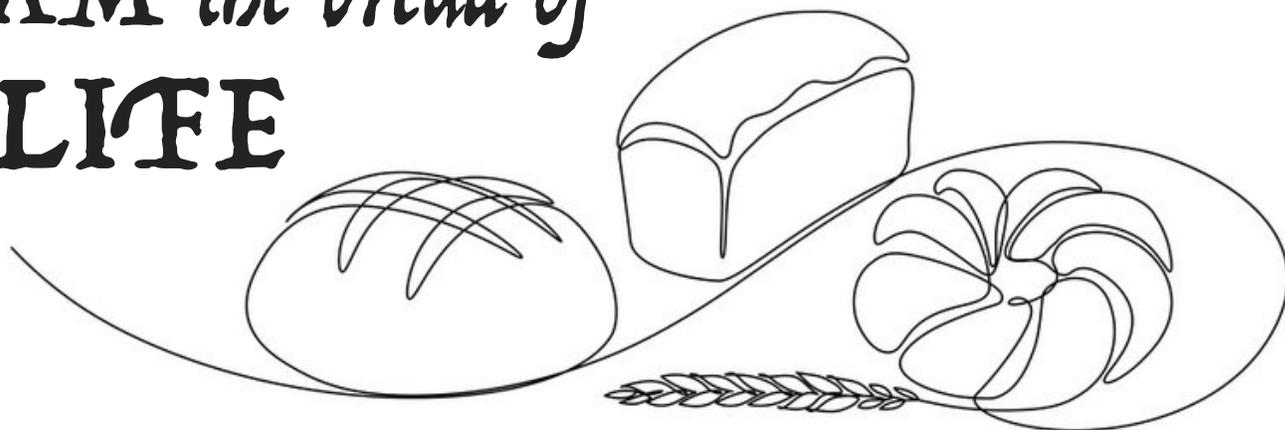


18th Sunday in Ordinary Time

Worship Aid for August 1, 2021

Tune in from the Parking Lot at 87.9 for supplemental sound

I AM the bread of LIFE



Gathering Song

As we gather at your Table,
As we listen to your Word,
Help us know, O God, your presence:
Let our hearts and minds be stirred.
Nourish us with sacred story
Till we claim it as our own;
Teach us through this holy banquet
how to make Love's vict'ry known.

Turn our worship into witness
In the sacrament of life;
Send us forth to love and serve you,
Bringing peace where there is strife.
Give us, Christ, your great compassion
To forgive as you forgave;
May we still behold your image
In the world you died to save.

Gracious Spirit, help us summon
Other guests to share that feast
Where triumphant Love will welcome
Those who had been last and least
There no more will envy blind us

Nor will pride our peace destroy,
As we join with saints and angels
To repeat the sounding joy.

Gloria

Glory to God in the highest, and on earth peace to
people of good will. We praise you, we bless you,
we adore you, we glorify you, we give you thanks
for your great glory, Lord God, Heav'nly King, O
God, almighty Father. Lord Jesus Christ, Only
Begotten Son, Lord God, Lamb of God, Son of
the Father, You take away the sins of the world:
have mercy on us;
You take away the sins of the world, receive our
prayer; You are seated at the right hand of the
Father: have mercy on us. For you alone are the
Holy One, you alone are the Lord, You alone are
the Most High, Jesus Christ, with the Holy Spirit,
In the glory of God the Father. Amen.

First Reading

Exodus 16:2-4, 12-15

The whole Israelite community grumbled against
Moses and Aaron. The Israelites said to them,

“Would that we had died at the LORD’s hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread! But you had to lead us into this desert to make the whole community die of famine!” Then the LORD said to Moses, “I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. “I have heard the grumbling of the Israelites. Tell them: In the evening twilight you shall eat flesh, and in the morning you shall have your fill of bread, so that you may know that I, the LORD, am your God.” In the evening quail came up and covered the camp. In the morning a dew lay all about the camp, and when the dew evaporated, there on the surface of the desert were fine flakes like hoarfrost on the ground. On seeing it, the Israelites asked one another, “What is this?” for they did not know what it was. But Moses told them, “This is the bread that the LORD has given you to eat.”

Responsorial Psalm

*The Lord gave them bread,
the Lord gave them bread,
the Lord gave them bread from heaven.*

Second Reading

Ephesians 4:17, 20-24

Brothers and sisters: I declare and testify in the Lord that you must no longer live as the Gentiles do, in the futility of their minds; that is not how you learned Christ, assuming that you have heard of him and were taught in him, as truth is in Jesus, that you should put away the old self of your former way of life, corrupted through deceitful desires, and be renewed in the spirit of your minds, and put on the new self, created in God’s way in righteousness and holiness of truth.

Gospel

John 6:24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, “Rabbi, when did you get here?” Jesus answered them and said, “Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal.” So they said to him, “What can we do to accomplish the works of God?” Jesus answered and said to them, “This is the work of God, that you believe in the one he sent.” So they said to him, “What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: ‘He gave them bread from heaven to eat.’” So Jesus said to them, “Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” So they said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.”

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of

the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Eucharistic Acclamations

Holy, holy, holy Lord God of hosts.
Heav'n and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.

When we eat this bread and drink this cup,
We proclaim your death O Lord,
Until you come again.

Amen, amen, amen.

Lamb of God, you take away the sins of the world; miserere nobis.
Lamb of God, you take away the sins of the world; miserere nobis.
Lamb of God you take away the sins of the world; dona nobis pacem.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You

sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Communion Hymn

Take the living bread of Life;
Take the cup of Sacrifice;
Do this in memory of me.
Take the body and the blood,
Given freely out of love;
Do this in memory of me.
Do this in memory of me.

Meditation Song

Jesus, God among us, present in the bread,
By your broken body shared,
Hungry hearts are fed.
Bread of our thanksgiving, bread of life divine!
May we be your body shared,
Of your love a sign.

With this bread is planted seed of what will be:
Joy and feasting with our God everlastingly.
Harvest overflowing, banquet of delight! Happy
at this table spread, all whom you invite.

Closing Song

Somos el cuerpo de Cristo.
We are the Body of Christ.
Hemos oido el llamado;
We've answered, "Yes" to the call of the Lord.
Somos el cuerpo de Cristo.
We are the body of Christ.
Traemos su santo mensaje.
We come to bring the Good News to the World.

(...cantor sings a phrase...)
Somos el cuerpo de Cristo.
(...cantor sings a phrase...)
We are the body of Christ.