



## APRIL 2021: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			Spring Recess 1	Spring Recess 2
<p><b>Breakfast on Tuesday Wednesday and Friday May Be Served Warm</b></p>	<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>		<p>Upstate Farms® Yogurt Choice</p> <p>Assorted Granola</p> <p>Fresh New York Apples</p>	<p>Pillsbury® Mini Blueberry Waffles</p> <p>Seasonal Fresh Fruit</p>
5	6	7	8	9
<p>Fruity Cheerios®</p> <p>Graham Crackers</p> <p>Seasonal Fresh Fruit</p> <p>100% Apple Juice</p>	<p>Zucchini Loaf</p> <p>Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese &amp; Jelly</p> <p>Seasonal Fresh Fruit</p> <p>100% Fruit Juice</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Assorted Loaves and Muffins</p> <p>Seasonal Fresh Fruit</p>
12	13	14	15	16
<p>Apple Cinnamon Cheerios®</p> <p>Graham Crackers</p> <p>Seasonal Fresh Fruit</p> <p>100% Orange Tangerine Juice</p>	<p>Pillsbury® Mini Maple Pancakes</p> <p>Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese &amp; Jelly</p> <p>Raisins</p> <p>Seasonal Fresh Fruit</p> <p>100% Fruit Juice</p>	<p>Organic Stonyfield® Yogurt</p> <p>Assorted Granola</p> <p>Fresh New York Apples</p>	<p>Sweet Potato Oatmeal Muffin</p> <p>Seasonal Fresh Fruit</p>
19	20	21	22	23
<p>Sun Butter Cup</p> <p>Graham Crackers</p> <p>Grape Jelly</p> <p>Seasonal Fresh Fruit</p> <p>100% Fruit Juice</p>	<p>Cinnamon Burst Pancakes</p> <p>Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese &amp; Jelly</p> <p>Seasonal Fresh Fruit</p> <p>100% Fruit Juice</p>	<p>Upstate Farms® Yogurt Choice</p> <p>Assorted Granola</p> <p>Cranberries</p> <p>Fresh New York Apples</p>	<p>Pillsbury® Mini Blueberry Waffles</p> <p>Seasonal Fresh Fruit</p>
26	27	28	29	30
<p>Fruity Cheerios®</p> <p>Graham Crackers</p> <p>Seasonal Fresh Fruit</p> <p>100% Apple Juice</p>	<p>Zucchini Loaf</p> <p>Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese &amp; Jelly</p> <p>Seasonal Fresh Fruit</p> <p>100% Fruit Juice</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Assorted Loaves and Muffins</p> <p>Seasonal Fresh Fruit</p>

<p><b>Milk*</b></p> <p>1% Low-fat</p> <p>Fat Free</p> <p>Fat Free Chocolate</p> <p>*Alternative options are available upon request</p>	<p>Breakfast After the Bell Grab and Go</p> <p>Alternative Breakfast Grab and Go (Cereal, Fruit and Milk)</p>	<p><b>Cold Cereal Choices</b></p> <p>Frosted Mini Wheats</p> <p>Cinnamon Flakes</p> <p>Multi-Grain Cheerios</p> <p>Toasty-Oats</p>	<p><b>Seasonal Fresh Fruit</b></p>	<p>OFNS has an extensive Prohibitive Ingredients List available at: <a href="https://schools.nyc.gov/nutritioninformation">schools.nyc.gov/nutritioninformation</a></p>
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**ATTENTION:** All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.