8th Grade (JYM2) Confirmation Prep
High School Sacraments Class

SAINT REPORT
WORKSHEET

St. Jude Catholic Church
Youth Ministry
1515 N. Greenville Ave.
Allen, TX 75002
972-727-1177

DUE DATES:
JYM -- Sunday Class: December 10th  Monday Class: December 11th  Wednesday Class: December 13th
High School – Tuesday, February 9th
**Why do we choose Confirmation Saints?**
As part of the Confirmation preparation process, you have a special opportunity to research Saints and to choose one as your patron. This isn’t something to just check off a list, but instead, choosing your Saint starts a lifelong journey of getting to know your Saint, having them as an intercessor for you, and you using them as an example on how to attain holiness and ultimately live eternal life in Heaven. **The name of the Saint you choose is the name that you will be confirmed under.** In addition to that, this Saint also becomes your patron saint. They will be looking out for you in a special way for your entire life.

The Saints are excellent role models. They were ordinary people like you and me who strove to do God’s will. “The Saints lived on this earth and experienced suffering, joy, pain, broken promises, peace, frustration, war, injury, heart-break…they know our hearts. But mostly, they know what it takes to be united with God here on this messy Earth. They know what it takes to live well for Him.” What an exciting time to strive for sainthood! Get to know your Saint, ask for their prayers and guidance, use them as a mentor on your spiritual journey!

**How do I choose my Saint?**
There is more to choosing your Saint than just opening up a book, closing your eyes, and picking one! Take some time to get to know multiple Saints, and take time to pray about which one would best fit as your patron.

Choose a Saint that you want to be like. Maybe he or she had the same struggle that you have and had a way of working through those struggles. Maybe the Saint had the same interests or hobbies as you? Maybe they had a profession that you would like to be in one day. There are lots of reasons why you might choose a particular Saint.

Some people choose to keep their baptismal name as their Confirmation name. You must still be able to explain why you chose to do this! You will still have to do all the research and report. You can only choose to keep your baptismal name if it is a Christian Saint’s name.

Ask your parents, sponsor, or catechists about the lives of modern day people who have been canonized. Ask these same people about their chosen Confirmation Saint and why those chose that particular Saint.

**Where can I find information about the Saints?**
There are so many great resources available to you when researching Saints. Check out books on the lives of Saints from the library, look in your *Chosen* textbook for the Hero of the Week, and search online. See below for numerous Internet resources:

- [http://www.catholic-forum.com/saints/indexsnt.htm](http://www.catholic-forum.com/saints/indexsnt.htm)
- [http://www.catholic.org/saints](http://www.catholic.org/saints)

“We choose a Confirmation Saint (like we choose a Confirmation sponsor) not out of due diligence to the “rule,” but rather because we realize how unfortunate it would be to travel alone.” So, choosing a Saint and taking on their name is not just one more thing you ‘have to do’ to get Confirmed. It is a huge part of this important step in your life and a reflection of the beauty of the Catholic faith.

Please, take some time to find a Saint you really have a connection with. If you have any trouble deciding on a Saint, just ask, there are plenty of people who would love to help you!

Choose a person, not just a name.

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**There are three segments to this assignment. All segments must be finished in order for this report to be considered ‘complete.’ Read each section and work through in the order in which they are presented.**

**Part One: ABOUT YOUR NAME**

My baptismal name is: __________________________________________

<table>
<thead>
<tr>
<th>First</th>
<th>Middle</th>
<th>Last</th>
</tr>
</thead>
</table>

I was named after: ______________________________________________________

(if applicable – e.g. a grandparent, parent, relative, family friend, Saint, etc.)

My parents chose this name for me because:

- ___________________________________________________________________
- ___________________________________________________________________
- ___________________________________________________________________
- ___________________________________________________________________

Your Confirmation Name may be based on one of the following options: (Choose one)

- Another Saint’s name as your Confirmation name.

  The Saint I chose to pray to and imitate and whose name I have chosen for the Sacrament of Confirmation is…:
  ___________________________________________________________________

- Your baptismal name. You may choose to keep your baptismal name, only if it is a Christian Saint’s name. You must still research your Christian Saint’s name, do a Saint report on your name, and furnish the Saint’s Feast Day.

  I plan to keep this name because…:
  ___________________________________________________________________
  ___________________________________________________________________
Part Two: ABOUT YOUR SAINT

Does your Saint have a feast day in the Church?  Yes ☐  No ☐

My Saint’s feast day is: ________________/_________.
Month    Day

What three events in the life of the Saint most impresses you? Why?

1. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

2. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

3. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

What three special virtues (a virtue is a good habit that enables a person to act with moral excellence, according to God’s will) did the Saint have?

1. ________________________________________________________________

2. ________________________________________________________________

3. ________________________________________________________________

Name one way this Saint showed love for others.
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

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In what two ways was this Saint most like Jesus?
1. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

2. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

How can you emulate this Saint in your daily life today? Be specific. Give 3 examples.
1. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

2. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

3. ________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________
   __________________________________________________________________

I chose this Confirmation name because…:
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

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Part Three: YOUR SAINT REPORT

Now, create a separate formal report of your Saint’s life story using the above information. This report must be in your own words!

You may choose to create your report using one of the following methods of presentation:

- You may write a report of at least one page minimum length. The report should be typed, 12 point Times Roman font, and double spaced. There is no maximum number of pages—you can most definitely write more than one page!

- You may create a PowerPoint slide presentation of at least 8 slides in length. Having additional slides is acceptable.

- You may create a video presentation in which you deliver an oral presentation about your Saint. The oral presentation should be roughly 3 to 5 minutes in duration.

Your presentation, whether written, PowerPoint, or video presentation must incorporate all of the various elements of your Worksheet research. Do not stop at the minimum requirements if not all of your information has been included.

One paragraph, slide, or section of your video should be dedicated to include why you chose the particular Saint as your Confirmation name.

You can include more information in your report than just what was researched for the worksheet. You can include any information you find about them...the more comprehensive your report, the better! Some ideas of additional questions to research and answer are found below (but are not mandatory, nor is this the only additional info you could add—just a few ideas):

- What is your Saint a patron saint of?
- When and where was your Saint born?
- Give a brief description of your Saint’s parents, family, or early life.
- Was your Saint a martyr?
- How/when did your Saint die?
- What was your Saint’s vocation in life (priest, nun, bishop, carpenter, student, teacher, doctor, etc.)?
- What miracles are attributed to this Saint?
- When was your Saint canonized?
- How do you think this Saint will inspire you to lead a Catholic life?

You will also need to attach a cover page to a written report, a title slide to a presentation, or announce the necessary information in your first words of a video. The information that needs to be included are:

Saint’s name, A picture of your Saint, Your name and the date, Your catechist’s name

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ADDITIONAL NOTES

- Due dates are as follows: Sunday classes—December 10\textsuperscript{th}; Monday classes—December 11\textsuperscript{th}; Wednesday classes—December 13\textsuperscript{th}; High School—January 9\textsuperscript{th}

- You are welcome to turn your reports in prior to the due date!

- Bring your saint report and worksheet to JYM class with you to turn it in to your catechist. You can also slide it under Bridget’s door or bring to her during office hours. You CANNOT hand your report and worksheet to your catechist during Mass, in the parking lot, etc.

- Proofread for correct spelling and grammar.

- Cite your sources for your report.

- See your catechist, Bridget, or Michael if you have any questions.

- Please understand that the Saint you choose (and write your report on) is your Confirmation Saint! You will take the name of this Saint at the Confirmation Ceremony.