

HOLY FAMILY SCHOOL

ALL PARENTS WELCOME



YOUR CHILD & ELECTRONIC DEVICES

THURSDAY MARCH 19TH @8:15 A.M.
HOLY FAMILY SCHOOL

*** SAVE THE DATE ON YOUR CALENDAR**

The effects of the electronic & digital world on your child.

They are surrounded by large screens, game systems, phones, tablets, Ipods, Ipads etc. and are often immersed in and overwhelmed by content, noise and images.

This type of exposure has been shown to effect the physical, intellectual, social and emotional wellbeing of our children.

I'll be sharing information on these effects and how it changes our children. We will discuss how it relates to their behavior, education and family/social life. **Discussion & questions encouraged!**

Hope to see you here,

Mrs. Gelpi- School Guidance Counselor

___ **YES, I am interested / will attend.**

Parent _____ child _____ gr _____
Name

*** More kids are sleep deprived & experiencing depression**

*** Poor social & communication skills**

*** Developmentally inappropriate content**

*** Getting them to "UNPLUG"**

*** Setting guidelines for their devices**

Refreshments & snacks

