

Confirmation Candidates-

You should know the following:

Our Father

Our Father, who art in Heaven, hallowed be Thy Name, Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

Apostles Creed

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting. Amen.

Act of Sorrow

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His Name. My God have mercy.

The Ten Commandments (in order)

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

The seven sacraments

Baptism

Confirmation

Eucharist

Penance

Anointing of the sick

Holy Orders

Matrimony

The seven gifts of the Holy Spirit

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Piety
Fear of the Lord.

What is genuflection and when and why do we genuflect?

In a tradition which goes back to medieval Europe, one demonstrated respect by going down on one knee. Building on that tradition, Catholics bend on the right knee to show reverence for the Lord. Genuflect toward the Tabernacle where the Blessed Sacrament is reserved, and each time you pass in front of it (except when you're in procession, such as standing in line for Communion, or returning to your seat afterward). While this should, on one level, be a matter of habit, it shouldn't be done thoughtlessly. Remind yourself when genuflecting toward the Tabernacle that you are kneeling before God. Praying mentally, "My Lord and My God" is a good habit to get into while genuflecting on the right knee. If the Tabernacle is not on the Altar, genuflect toward the Altar and the Altar Crucifix.

What is the Communion fast?

To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church. The Church requires a fast of one hour from all solid foods and liquids, both alcoholic and non-alcoholic (with the exception of water, which can be taken at any time, and medicine). The only exceptions to the Eucharistic fast are the elderly and the ill, as well as those who care for them, need only fast for fifteen minutes before receiving Communion.

What are the effects of the Sacrament of Confirmation?

Confirmation brings an increase and deepening of baptismal grace:

- it roots us more deeply in the divine filiation which makes us cry, "Abba! Father!";
- it unites us more firmly to Christ;
- it increases the gifts of the Holy Spirit in us;
- it renders our bond with the Church more perfect;
- it gives us a special strength of the Holy Spirit to spread and defend the faith by word and action as true witnesses of Christ, to confess the name of Christ boldly, and never to be ashamed of the Cross:

Recall then that you have received the spiritual seal, the spirit of wisdom and understanding, the spirit of right judgment and courage, the spirit of knowledge and reverence, the spirit of holy fear in God's presence. Guard what you have received. God the Father has marked you with his sign; Christ the Lord has confirmed you and has placed his pledge, the Spirit, in your hearts.

Why do you want to be confirmed?

Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit - his actions, his gifts, and his biddings - in order to be more capable of assuming the apostolic responsibilities of Christian life. To this end catechesis for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community. The latter bears special responsibility for the preparation of confirmands.