

# First Communion Preparation

You should know these Prayers:

Our Father, who art in heaven,  
hallow be thy name;  
thy kingdom come;  
thy will be done on earth,  
as it is in heaven.  
Give us this day  
our daily bread  
and forgive us our trespasses  
as we forgive those who trespass  
against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

Hail Mary,  
full of grace.  
Our Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour  
of our death.  
Amen.

You should know the meaning of the following words:

**Eucharist** - "thanksgiving"

**Amen** - "Yes" or "I believe"

**Christian** - someone who follows Jesus

**Chalice** - the cup that holds the wine or blood of Jesus

**Holy Communion** - the Body and Blood of Jesus

**Gospels** - "Good News" The Gospels tell us the good news of Jesus' life and teachings.

**Homily** - a special talk given by the priest or deacon that explains the readings we listen to at Mass.

**Liturgy of the Word** - the part of the Mass when we hear stories about God and Jesus' life

**Liturgy of the Eucharist** - the part of the Mass when we give thanks to God and receive Jesus in a special way.

You should be able to answer these questions:

**What special meal did Jesus and His apostles celebrate each year?**

Passover

**What happened to Jesus the day after he celebrated this meal, the Last Supper, with His friends?**

He died on the cross.

**What special thing did Jesus do with the bread at the Last Supper?**

At the Last Supper, Jesus took a piece of bread, blessed it, broke it, and gave it to His apostles. He said, "Take and eat. This is my body."

**What special thing did Jesus do with the wine at the Last Supper?**

Jesus took the cup, blessed it and gave it to His apostles. He said, "Take and drink. This is my blood."

**What important thing did Jesus do at the Last Supper?**

He gave Himself to His apostles in the bread and wine.

**When was the first Eucharist?**

The first Eucharist was celebrated at the Last Supper.

**After Jesus died and rose from the dead, how did His friends remember Him?**

They remembered Him by coming together to do what Jesus did at the Last Supper.

**How do we remember Jesus at the Mass?**

The priest repeats what Jesus did at the Last Supper.

**Is the bread and wine the priest blesses at Mass really Jesus?**

YES.

**What helps us believe the bread and wine is really Jesus?**

Our faith helps us to believe.