

STUDY: KEEPING IN BALANCE

LOCATION: ZOOM ONLINE

TIME: 7:00PM

MATERIALS: *THE BIBLE AND KEEPING IN BALANCE STUDY GUIDE*

Session One	10/7/2020	Lesson 1: Connect Coffee Talk: Getting a Grip Through Authenticity
Session Two	10/14/2020	Lesson 2: Balance Through Authenticity
Session Three	10/21/2020	Lesson 3: Balance Through Priorities
Session Four	10/28/2020	Lesson 4: Balancing Expectations
Session Five	11/4/2020	Lesson 5: Connect Coffee Talk: Getting a Grip Through Relationships
Session Six	11/11/2020	Lesson 6: Balance Through Relationships
Session Seven	11/18/2020	Lesson 7: Balance Through Worship
	11/25/2020	OFF THANKSGIVING BREAK
Session Eight	12/2/2020	Lesson 8: Balancing in Your Schedule
	12/9/2020	ADVENT PARTY – TBD
	12/16/2020-1/6/2021	OFF CHRISTMAS BREAK
Session Nine	1/13/2021	Lesson 9: Balance Through Rest
Session Ten	1/20/2021	Lesson 10: Connect Coffee Talk: Getting a Grip Through Rest
Session Eleven	1/27/2021	Lesson 11: Balance Through Service
Session Twelve	2/3/2021	Lesson 12: Balance Through Contentment
Session Thirteen	2/10/2021	Lesson 13: Balance Through Simplicity
	2/17/2021	OFF ASH WEDNESDAY Check stanndc.org for Mass times!
Session Fourteen	2/24/2021	Lesson 14: Connect Coffee Talk: Getting a Grip Through Simplicity
Session Fifteen	3/3/2021	Lesson 15: Balancing our Cravings
Session Sixteen	3/10/2021	Lesson 16: Balance Through Self-Discipline
Session Seventeen	3/17/2021	Lesson 17: Balance Through Surrender
Session Eighteen	3/24/2021	Lesson 18: Connect Coffee Talk: Getting a Grip When It All Falls Apart
Session Nineteen	3/31/2021	OFF HOLY WEEK Check stanndc.org for Mass times!
	4/7/2021	Lesson 19: Balance Between Mediocrity and Perfectionism
Session Twenty	4/14/2021	Lesson 20: Balance in our Thought Life
Session Twenty-one	4/21/2021	Lesson 21: Balance Through Engaging Culture
Session Twenty-two	4/28/2021	Lesson 22: Connect Coffee Talk: Getting a Grip in Culture