

**Dear fellow parishioners,**

**As one of the administrators of flock notes for our parish, I just wanted to reach out to you to say a virtual hello and let you know that I and many others are praying specifically for all of you. We are not only parishioners but in a sense “neighbors” as well as friends. Even though we are limited in seeing each other in groups or at Mass we can still be Christ to each other.**

**What can we do to help one another?**

- 1. Check on your family and neighbors, especially the elderly or those with chronic illnesses to make sure they are doing ok.**
- 2. If you are going to the food store or pharmacy for any reason check to see if you can pick things up for others. If you do pick things up for others a quick drop off without extensive socializing is best.**
- 3. Resist the urge to stock pile items in your home so that everyone has a chance to get necessary items. Share items you do have.**
- 4. If you are someone who gets stressed from watching or reading the news about the coronavirus consider asking a trusted family member, friend or neighbor to keep you updated and avoid a steady diet of news consumption.**
- 5. Even though Mass has been suspended, remember that MBS church is still open from 7 AM - 7 PM. You are always welcome to stop in for a visit.**
- 6. Here is a link to both daily Mass live a 8 AM and Sunday Mass @ 10 AM <https://www.ad-today.com/>**
- 7. If you or someone else from our parish family could use some assistance with grocery or medication pick up, or in some other way during the coronavirus crisis, [reply here](#)**

privately. We would like to keep responses private, there are those from the parish who will try and assist you.