

## **The Call to Holiness: At Home Lesson**

Year 2, Semester 3

### **Video for Teens and Parents:**

- Fr. Mike Schmitz on Vocation:  
<https://www.youtube.com/watch?v=vJz9PbakIzY>

### **Sponsors and Teens Read Together and Discuss (Parent or Godparent if sponsor not yet chosen):**

- [Bl. Carlo Acutis: The Example Young People Need](#)

“Yet simply by living out his baptismal call to holiness, he was able to love God well and respond to the grace of the Holy Spirit in his life. He is an inspiration for those living an ordinary life – that even the everyday concerns of school assignments, friendships, and website development can become a means to Heaven, if we seek God’s presence in the midst of them all.”

### **Discussion Questions (to be done with parents or sponsor):**

- Had you heard of Bl. Carlo Acutis before? What did you think of his story?
- Discuss together what the universal call to holiness is:
  - All of us are called by God to be saints
    - When we say “Saint” with a capital letter “S”, we are talking about those people who are confirmed to be in Heaven with God, the canonized Saints
      - Examples of this would be Pope St. John Paul II, Saint Mother Teresa of Calcutta, Saint John the Apostle, etc.
      - We know these people are in Heaven; they have been canonized, and God has performed miracles through their intercession
      - The Saints pray for us and help lead us in our lives to grow closer to Christ
    - When we say “saints” in general, this encompasses all people who are in Heaven with God as members of the Church Triumphant
      - All of us are called by God to be in Heaven with Him, and therefore, we are all called to be saints

- Does it feel like it is possible to be a saint?
- What does a life of holiness look like to you?
  - Come up with a list of a few attributes that describe a holy person to you and discuss them
    - Is a holy person happy? Prayerful? Generous? Brave? Etc.
- If being holy is our primary vocation, how do we live that out?
  - We can't become holy all on our own.
    - We need God, who makes us holy.
    - God gives us the gift of grace
      - We have the choice to receive and cooperate grace to grow in holiness
      - The Holy Spirit inspires us and guides us in our journey toward holiness
- What do you think God is asking you to do to grow in holiness this week?