

Year 1 Lesson 2: The Holy Trinity

Parents and Teens watch together: [What is the Trinity? Fr. John Parks Explains](#)

Discussion Questions:

1. In the Bible (1 John), we see the phrase “God is love.” The Trinity is made up of Three Persons continuously exchanging this love (Father, Son, Spirit).
 - a. Why do you think it’s important that we say “God is love” and not just “God is loving” or “God loves”? What makes this statement unique, in your opinion?
 - b. Because we were made in the image and likeness of God, we are also made for community. How do you find examples of Faith and Love in your communities?
 - i. Family? Friends? Parish?
2. What stood out in the video?
3. What questions do you still have about the Trinity?
4. Which Person of the Trinity are you most interested in getting to know better? Do you feel like growing closer to the Father? Jesus? The Holy Spirit?
5. Together, close in a prayer.