

BREAKFAST

NOVEMBER 2020

Child Nutrition Pre K – 8th

HOT BIC

Monday

Yogurt 4 oz. with Granola **2**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Assorted Muffin Loaf **9**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Yogurt 4 oz. with Granola **16**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Warm Pancakes w/Maple Syrup **23**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Yogurt 4 oz. with Granola **30**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Tuesday

Egg & Melted Cheese Sandwich **3**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Warm Pancakes w/Maple Syrup **10**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Pillsbury Bagel-ful **17**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Yogurt 4 oz. with Granola **24**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Wednesday

French Toast Sticks w/Maple Syrup **4**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk



Warm Pancakes w/Maple Syrup **18**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Egg & Melted Cheese Sandwich **25**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Thursday

Pillsbury Bagel-ful **5**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Yogurt 4 oz. with Granola **12**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Fluffy Biscuit and Sausage Sandwich **19**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

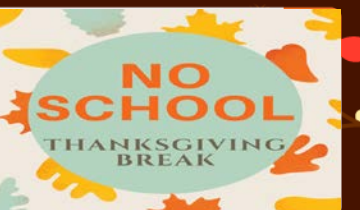


Friday

Assorted Low Sugar Cereal w/Cheese Stick **6**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Assorted Low Sugar Cereal w/Cheese Stick **13**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk

Assorted Low Sugar Cereal w/Cheese Stick **20**
 1/2 cup 100% Fruit Juice
 1/2 cup Assorted Fruit
 Choice of Milk



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This institution is an equal opportunity provider.



The U.S.D.A. and NYSED have granted free Breakfast and free Lunch to ALL students until further notice

- Assorted Fruit**
- Fresh Fruit-1 Piece ex (apple, banana, orange)
 - Frozen Fruit Cup 1/2 cup
 - Prepared Fruit Cup 1/2 cup Ex. (pear, peach, applesauce)