



LUNCH

DECEMBER 2020

Child Nutrition Pre K – 8th

Hot Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Turkey Tacos on a Soft Tortilla Shell
 Shredded Lettuce
 Green Pepper Strips, ½ cup
 Sweet Potato Fries, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

2
 Chicken Patty on a Bun
 Potato Wedges- 3/4 cup
 Fresh Seasonal Fruit, ½ cup
 Choice of Milk

3
 Baked Macaroni & Cheese
 Carrot Coins, ½ cup
 Steamed Broccoli, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

4
 Sicilian Pizza
 Steamed Zucchini, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

7
 Beef Cheeseburger on Bun
 Sweet Potato Fries, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

8
 Chicken Fajita on Soft Shell
 Green Pepper Strips, ½ cup
 Roasted Corn, ½ cup
 Black Bean Salad, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

9
Christmas Lunch
 Hot Turkey, Gravy and breads
 Mashed Potatoes, ½ cup
 Steamed Green Beans, ½ cup
 Assorted Fruit, ½ cup
 - Cranberry Sauce,
 Choice of Milk

10
 Chicken Nuggets with Potato Wedges, ½ cup
 Steamed Broccoli, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

11
 Mozzarella Sticks
 Rotini Pasta
 Marinara Sauce
 Steamed Spinach, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

14
 Quesadilla with Cheese
 Steamed Carrots, ½ cup
 Black Bean Salad, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

15
 Beef Tacos on a Soft Tortilla Shell
 Shredded Lettuce
 Sweet Potato Fries, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

16
 Chicken Fajita
 Penne Pasta
 Parmesan Cheese
 Steamed Broccoli, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

17
Brunch for Lunch
 Egg & Cheese on a WG Bagel/English Muffin
 Hash Browns ½ cup
 Green Pepper Strips, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

18
 Cheese Pizza
 Steamed Zucchini, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

21
Brunch for Lunch
 Egg & Cheese on a WG Bagel/English Muffin
 Hash Browns ½ cup
 Green Pepper Strips, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk

22
 Chicken BBQ Teriyaki with Brown Rice
 Steamed Broccoli, 3/4 cup
 Assorted Fruit, ½ cup
 Choice of Milk

23
 Grilled Cheese Sandwich
 Steamed Carrots, ½ cup
 Seasoned French Fries, ½ cup
 Assorted Fruit, ½ cup
 Choice of Milk



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The U.S.D.A. and NYSED have granted free Breakfast and free Lunch to ALL students until further notice

- Available Daily**
 Peanut Butter or Sun Butter & Jelly Sandwiches
 American Cheese Sandwiches (Mayo/Mustard)
Assorted Fruit
 Fresh Fruit-1 Piece ex (apple, banana, orange)
 Frozen Fruit Cup ½ cup
 Prepared Fruit Cup ½ cup
 Ex. (pear, peach, peaches, applesauce)