

BREAKFAST

NOVEMBER 2021

Child Nutrition Pre K – 8th

HOT BIC

Monday	Tuesday	Wednesday	Thursday	Friday
1 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	2 Egg & Melted Cheese Sandwich 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	3 French Toast Sticks w/Maple Syrup 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	4 Pillsbury Bagel-Full 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	5 Assorted Low Sugar Cereal w/Cheese Stick 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk
8 Assorted Muffin Loaf 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	9 Warm Pancakes w/Maple Syrup 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	10 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	 18 Egg & Melted Cheese Sandwich 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	12 Assorted Low Sugar Cereal w/Cheese Stick 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk
15 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	16 Pillsbury Bagel-Full 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	17 Warm Pancakes w/Maple Syrup 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	 23 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	19 Assorted Low Sugar Cereal w/Cheese Stick 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk
22 Egg & Melted Cheese Sandwich 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	23 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	24 Warm Pancakes w/Maple Syrup 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk		
29 Yogurt 4 oz. with Granola 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk	30 Egg & Melted Cheese Sandwich 1/2 cup 100% Fruit Juice 1/2 cup Assorted Fruit Choice of Milk			



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- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This transaction is an equal opportunity provider.




The U.S.D.A. and NYS&ED have granted free Breakfast and free Lunch to ALL students until further notice

- Assorted Fruit**
- Fruit Fruit-1 Piece (apple, banana, orange)
 - Frozen Fruit Cup 1/4 cup
 - Prepared Fruit Cup 1/2 cup
 - Etc. (pear, peach, plums, etc.)

LUNCH

NOVEMBER 2021 Child Nutrition Pre-K – 8th

Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Roasted Chicken Pieces W/6 Breadstick Brown Rice ½ cup Kidney Beans, 3/4 cup Assorted Fruit, ½ cup Choice of Milk	2 Turkey Tacos & Baked Chips Green Pepper Strips, ½ cup Sweet Potato Fries, ½ cup Assorted Fruit, ½ cup Choice of Milk	3 Chicken Patty on a Bun Potato Wedges - 3/4 cup Fresh Seasonal Fruit, ½ cup Choice of Milk	4 Baked Macaroni & Cheese Carrot Coins, ½ cup Steamed Broccoli, ½ cup Assorted Fruit, ½ cup Choice of Milk	5 Sicilian Pizza Steamed Zucchini, 3/4 cup Assorted Fruit, ½ cup Choice of Milk
8 Chicken Nuggets with Potato Wedges ½ cup Swoy Green Beans, ½ cup Assorted Fruit, ½ cup Choice of Milk	9 Beef Cheeseburger on Bun Sweet Potato Fries, 3/4 cup Assorted Fruit, ½ cup Choice of Milk	10 Chicken Fajita Sweet Plantains, ½ cup Black Bean Salad, ½ cup W/6 Breadstick Assorted Fruit, ½ cup Choice of Milk	11  Veterans Day	12 Crispy Mozzarella Sticks Rotini Pasta Marinara Sauce Steamed Broccoli, ½ cup Assorted Fruit, ½ cup Choice of Milk
15 Quesadilla with Cheese Steamed Carrots, ½ cup Black Bean Salad, ½ cup Assorted Fruit, ½ cup Choice of Milk	16 <i>Brunch for Lunch</i> Egg & Cheese on a W/6 Bogel/English Muffin Hash Browns ½ cup Green Pepper Strips, ½ cup Assorted Fruit, ½ cup Choice of Milk	17 <i>Brunch for Lunch</i> Hot Turkey and Gravy Mashed Potatoes, ½ cup Steamed Green Beans, ½ cup Biscuit, Cranberry Sauce, Assorted Fruit, ½ cup Choice of Milk	18 Beef Tacos on & Baked Chips Green Pepper Strips ½ cup Sweet Potato Fries, ½ cup Assorted Fruit, ½ cup Choice of Milk	19 Cheese Pizza Steamed Broccoli, 3/4 cup Assorted Fruit, ½ cup Choice of Milk
22 Grilled Cheese Sandwich Steamed Carrots, ½ cup Seasoned French Fries, ½ cup Assorted Fruit, ½ cup Choice of Milk	23 Chicken BBQ Teriyaki with Brown Rice Steamed Broccoli, 3/4 cup Assorted Fruit, ½ cup Choice of Milk	24 <i>Brunch for Lunch</i> Egg & Cheese on a W/6 Bogel/English Muffin Hash Browns ½ cup Green Pepper Strips, ½ cup Assorted Fruit, ½ cup Choice of Milk	25 Turkey Tacos & Baked Chips Green Pepper Strips ½ cup Sweet Potato Fries, ½ cup Assorted Fruit, ½ cup Choice of Milk	26 Roasted Chicken Pieces W/6 Breadstick Brown Rice ½ cup Kidney Beans, 3/4 cup Assorted Fruit, ½ cup Choice of Milk



No School!
 HENRY THOMPSON

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 HENRY THOMPSON

By the school year, the school year is over. The Department of Education (DOE) is pleased to announce the start of the school year. The school year is over. The Department of Education (DOE) is pleased to announce the start of the school year. The school year is over. The Department of Education (DOE) is pleased to announce the start of the school year.

The U.S.D. A and RYSED have granted free breakfast and free lunch to ALL students until further notice.

Available Daily
 Breakfast
 Lunch
 Dinner

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