

### **1st week of Advent Reflection by Cara Finnegan '21**

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As we are on the cusp of Advent, we should reflect on the birth of Christ, with one important virtue in mind: hope. Given how our world is today, we should have hope now more than ever, even though it's difficult. Being hopeful enables us to find the joyful moments that we all need. Hope gives us a light at the end of a seemingly very dark tunnel and enables us to be at peace with ourselves and the world around us. As we enter this advent season, may we have hope for our world, our futures, and mostly importantly, the birth of Christ.

### **2nd week of Advent Reflection by Nick Thoman '22**

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During this time of Advent, it is important to focus on the virtue of peace. Throughout Advent, we should try to incorporate peace into our different aspects of life. While in this tough time with the virus, we are all affected by it and need to find some sort of peace. Peace helps give a sense of comfort or safety, so while we wait for the coming of Christ; go out and find peace whether it be: spiritually, physically, or emotionally. As we go through this Advent season, let us hope to find peace in ourselves and those around us. Let us also take this time of peace to bring us closer to Jesus.

### **3rd week of Advent Reflection by Wisper Carter '23**

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At this time of the year we need Joy, and not just because it's my middle name, but because Joy brings happiness to our hearts. In this time of sadness and unhappiness we should find Joy. Joy in the world can change lives and wash away feelings of negativity. Joy finds the positives in us. During this time of Advent let us find Joy in what we do and see each day. Joy is such a great pleasure to have in our hearts, but most of all Jesus wants us to bring peace and Joy to others. He wants us to share our Joy with others, because he showed Joy in many ways to us. I hope you have a Blessed Advent season.

### **4th week of Advent Reflection by Ryan Mahaffey '23**

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Advent is a great time to really express your love for one another and especially God. Love, believe it or not, it is a very hard word to define. We don't quite have enough words to define it. Most would say, I love pizza, I love sleep, or I love my family, but the most important thing we should love is God. God is love. As God's people, we are all called to spread His love to help prepare the coming of Christ. In such difficult times it is hard to spread love and positivity, but an easy way is to pray and encourage others to pray so that God's love can be present during this Advent season.