

St. Paul Parish School Menu

March 2020



REFUEL WITH LUNCH

1. Choose an Entrée: Featured hot item, salad, or sandwich
2. Fill up on unlimited fruits & veggies at the Offering Bar
3. Quench your thirst with milk (1% & nonfat options)

Daily Sandwiches

Monday	Ham Sandwich
Tuesday	Bagel with Turkey Sandwich
Wednesday	Naan Dippers with Tuna or Hummus
Thursday	Sub Sandwich with Turkey or Veggies
Friday	Naan Dippers with Egg Salad or Hummus

Daily Salads: Ordering Group

Monday	Chef Salad
Tuesday	Chicken Caesar Salad
Wednesday	Taco Salad
Thursday	Chef Salad
Friday	Caesar Salad

Ask us: Gluten and vegetarian options available. Menu subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2-6	A: Teriyaki Chicken & Rice B: Daily Salad C: Daily Sandwich	A: Tamales with Rice and Beans B: Daily Salad C: Daily Sandwich	A: Chicken Alfredo w/ Bowtie Noodles B: Daily Salad C: Daily Sandwich	A: BBQ Baked Chicken B: Daily Salad C: Daily Sandwich	A: Fish Sticks & Fries B: Daily Salad C: Daily Sandwich
March 9-13	A: Sweet & Sour Chicken & Rice B: Daily Salad C: Daily Sandwich	A: Chicken Soft Tacos & Toppings Bar B: Daily Salad C: Daily Sandwich	A: Chicken Parmesan with Marinara Penne B: Daily Salad C: Daily Sandwich	A: Hamburgers B: Daily Salad C: Daily Sandwich	A: Cheese Pizza B: Daily Salad C: Daily Sandwich
March 16-20	A: Pork Fried Rice B: Daily Salad C: Daily Sandwich	A: Cheese Quesadilla, Beans & Toppings Bar B: Daily Salad C: Daily Sandwich	A: Italian Roasted Chicken with Parmesan Polenta B: Daily Salad C: Daily Sandwich	A: Turkey & Gravy over Mashed Potatoes B: Daily Salad C: Daily Sandwich	A: Fish Tacos and Toppings Bar B: Daily Salad C: Daily Sandwich
March 30-April 3	A: Teriyaki Chicken & Rice B: Daily Salad C: Daily Sandwich	A: Beef & Bean Burrito B: Daily Salad C: Daily Sandwich	A: Three Cheese Lasagna B: Daily Salad C: Daily Sandwich	A: BBQ Pork Sandwich B: Daily Salad C: Daily Sandwich	A: Fish Sticks & Fries B: Daily Salad C: Daily Sandwich

2019-20 LUNCH PRICES

K-5: \$3.50 | 6-8 \$4.00 | Adults: \$5.00 | Milk only: \$0.50

Come join us in the St. Paul kitchen! Volunteers welcome.

QUESTIONS?

St. Paul Parish School
1201 Satre Street Eugene, OR 97401
ph. 541-344-1401
Principal: Mrs. Kelli Braud
Lunch Program Coordinator: Sami Kast