



# Office of Youth Ministry

Archdiocese of Kingston  
Nadia Gundert, Youth Ministry Coordinator

## APRIL 2020 UPDATE

Hello Everyone!

We are in unprecedented times these days and I wish you and your family every blessing and good health. Know that you are in my prayers. I have been working from home and putting together resources for youth and all ages to engage in at home. If you come across anything great, you'd like to share with me please do! I encourage you to share the various resources the youth office is sharing with those in your parish, school community, family, etc. Please find some important updates below for our programming and virtual opportunities. We are all in this together!

I'm available to chat via phone or zoom, just send me a message anytime if you'd like to connect!

In Christ,

Nadia

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### OUTREACH – [www.romancatholic.kingston.on.ca/outreach](http://www.romancatholic.kingston.on.ca/outreach)

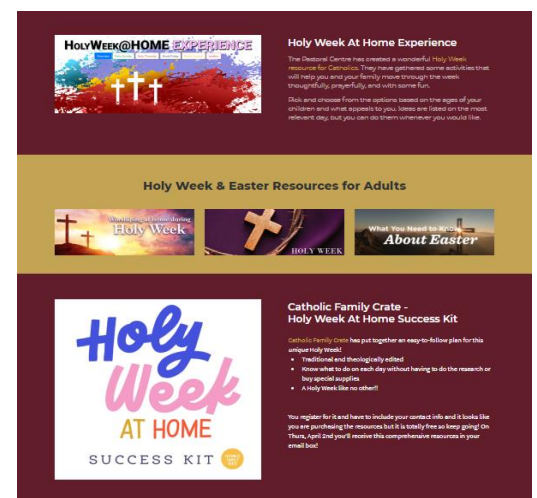
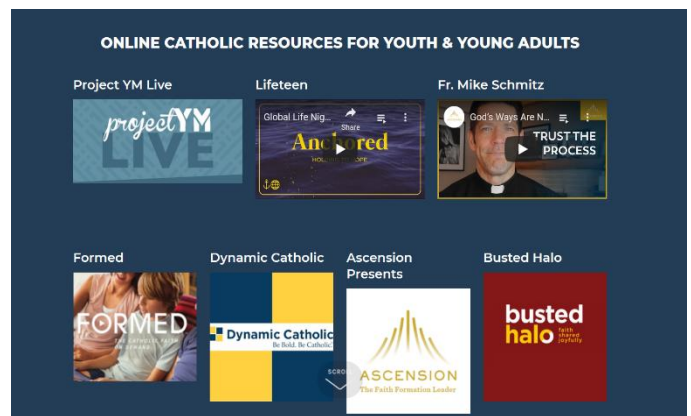
- The youth office has a resource page dedicated to outreach during this pandemic.
- There are prayers, videos, activity ideas, faith formation, live youth nights and more!
- This will be evolving each week – enjoy!
- We have an resources on the home page for the archdiocese as well with daily mass, prayers, liturgical resources, directives from the archbishop, etc.

[www.romancatholic.kingston.on.ca](http://www.romancatholic.kingston.on.ca)

### HOLY WEEK / EASTER RESOURCES –

[www.romancatholic.kingston.on.ca/holyweek](http://www.romancatholic.kingston.on.ca/holyweek)

- Experience Holy Week at Home! We have a Holy Week Resources page with something for everyone!
- Craft ideas, reflections, virtual retreats, videos, and more!



## SUMMER PROGRAM UPDATES

### TOTUS TUUS SUMMER CAMP UPDATE

- There has been lots of inquiries as to whether Totus Tuus Summer Camp will run this Summer. We will of course follow directives from the government and so at this time we ask you to stay tuned. We are proceeding as planned for now. We hope to make a decision by May 1<sup>st</sup>. In the meantime, we encourage families to register for camp but hold off on sending payment until we have a verdict on the camp running.

[www.romancatholic.kingston.on.ca/totustuus](http://www.romancatholic.kingston.on.ca/totustuus)



### STEUBENVILLE TORONTO 2020

- Steubenville Toronto is supposed to be held July 3-5, 2020 this year. For now, we will continue with archdiocesan registration online. Please do not send payment yet. We hope to have an update on whether Steubenville Toronto is happening in the coming weeks.
- Details for this year's conference and to register with our archdiocesan group visit:  
[www.romancatholic.kingston.on.ca/steubenvilletoronto](http://www.romancatholic.kingston.on.ca/steubenvilletoronto)
- For students currently in Grades 8-12.



### SHARING OUR STORY: EVENT CELEBRATING GRANDPARENTS (Sat April 18, 2020)

- This event has been postponed.



## YOUNG ADULT NEWS

### DUC IN ALTUM – DIGITAL SESSIONS

- Duc in Altum will be continuing virtually on Zoom for Sessions 6 & 7.
- Please continue to pray for our participants.

### THE SALVE REGINA SOCIETY – For Young Adults in their 20s and 30s in Kingston area

- There will be a virtual Theology on Tap Event on Zoom Thursday, April 4<sup>th</sup> at 7 pm. See Facebook Group for details. The theme is mental health and faith, which is particularly important during this time.
- The Salve Regina Society, a fellowship group for Catholic young adults in Kingston has monthly events. All events begin at 7:00pm unless otherwise stated. For more details please check out the [Facebook Group](#)

### FLOURISH WOMEN'S MINISTRY

- The Flourish Women's Ministry has cancelled their April 23<sup>rd</sup> event.

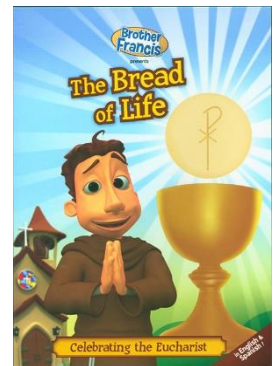
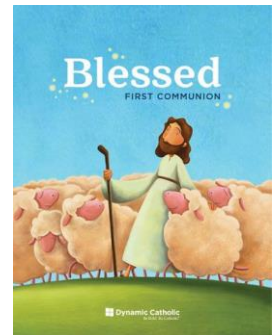


# Sacramental Preparation at Home

- As we know, all First Reconciliation, First Communion and Confirmations planned in the archdiocese for the Spring have been postponed. Lots of young people were looking forward in anticipation to these Sacraments.
- I would like to suggest that this might be a great time for preparation to continue at home. I want to be clear that this is certainly not “expected” by parishes or schools, I just wanted to offer the resources if there is interest from families.
- I’ve put together some links to online resources if families wish to continue or begin catechesis at home with their children. I hope this is a fruitful and enriching experience for youth and parents alike.

## First Reconciliation & First Eucharist

- Dynamic Catholic has online programs [“Blessed”](#) with engaging video clips, activities for kids, guides for parents.
- [“Formed”](#) – Catholic Netflix basically 😊 Has a link for a video for kids on [“How To Make A Good Confession”](#) All you have to do to access Formed is put in your email and you’ll get a link to sign in and then put in the link for the video above.
- Brother Francis Videos on [“Formed”](#)
  - [Forgiven: The Blessing of Forgiveness](#)
  - [The Bread of Life](#)



- [Growing In Faith, Growing In Christ](#) is the religion program used in Catholic Schools. Families have free access to the program and if you go to the Grade 2 portal and hit the “Sacraments” tab you can access some at home resources for Reconciliation and First Eucharist.  
Username: GIFGIC\_student99  
Password: Student99

The advertisement for the 'Growing in Faith, Growing in Christ' program. It features a yellow header with a colorful cross icon on the left and the text 'GROWING IN FAITH GROWING IN CHRIST' in white. Below the header, it says 'Growing in Faith, Growing in Christ Digital access available during school closures!' and 'The Growing in Faith, Growing in Christ Student-Home Website features videos, songs, bible stories, prayers, interactive activities and more—all designed for students and families to explore their faith together.' A blue box contains the login information: 'Log in at: www.pearsoncanada.ca/growinginfaith/student-home Username: GIFGIC\_student99 Password: Student99'. At the bottom, it says 'Sponsored by the Catholic Bishops of Ontario, Alberta Saskatchewan and the Northwest Territories.' and features cartoon illustrations of a boy and a girl.



## Confirmation

- Dynamic Catholic has an online program [“Decision Point”](#) for Confirmation preparation. It has 72 short films (pick and choose which ones you want to check out!) and a student workbook that you can download or order a free copy. There is also a guide for parents. I would recommend the “Holy Spirit” and “Confirmation” sessions specifically.
- On [“Formed”](#) – Catholic Netflix basically 😊 There is a YDisciples section called [“Confirmation”](#) with some videos, a pdf for Confirmandi and for parents. All you have to do to access Formed is put in your email and you’ll get a link to sign in and then put in the link for the video above.



## Follow the Youth Office on Social Media

- Facebook @archdioceseofkingstonyouthoffice
- Twitter @archkingstonYO
- Instagram @youthofficekingston





# Totus Tuus

## Summer Camp for Catholic Youth

Totus Tuus is a Catholic summer camp in the Archdiocese of Kingston filled with faith and fun! Campers will enjoy a week-long summer program packed with skits, songs, games, sports, crafts, and engaging faith activities.




**DAY CAMP**  
Children entering grades 1-6  
Monday—Friday; 9 am—2:30 pm



**EVENING CAMP**  
Youth entering grades 7-12  
Sunday—Thursday; 7—9pm

Week of July 5-10	St. Paul the Apostle Church, Kingston & St. John the Baptist School, Perth
Week of July 12-17	Ecole Cathedrale Early Years Campus, Kingston & Holy Cross, Kemptville
Week of July 19-24	St. Mary's School, Trenton & St. Mark's School, Prescott
Week of July 26-31	St. Michael's Parish, Belleville & St. John Bosco School, Brockville


Camp Registration Fee: \$100 (Day Camp) | \$25 (Evening Camp)

Extended day care till 4 pm available for an additional \$25

For more info and to register online visit:  
[www.romancatholic.kingston.on.ca/totustuus](http://www.romancatholic.kingston.on.ca/totustuus)