



ST. TERESA OF AVILA  
CATHOLIC STUDENT CENTER

EPIPHANY OF THE LORD

January

5

2020

Our Mission

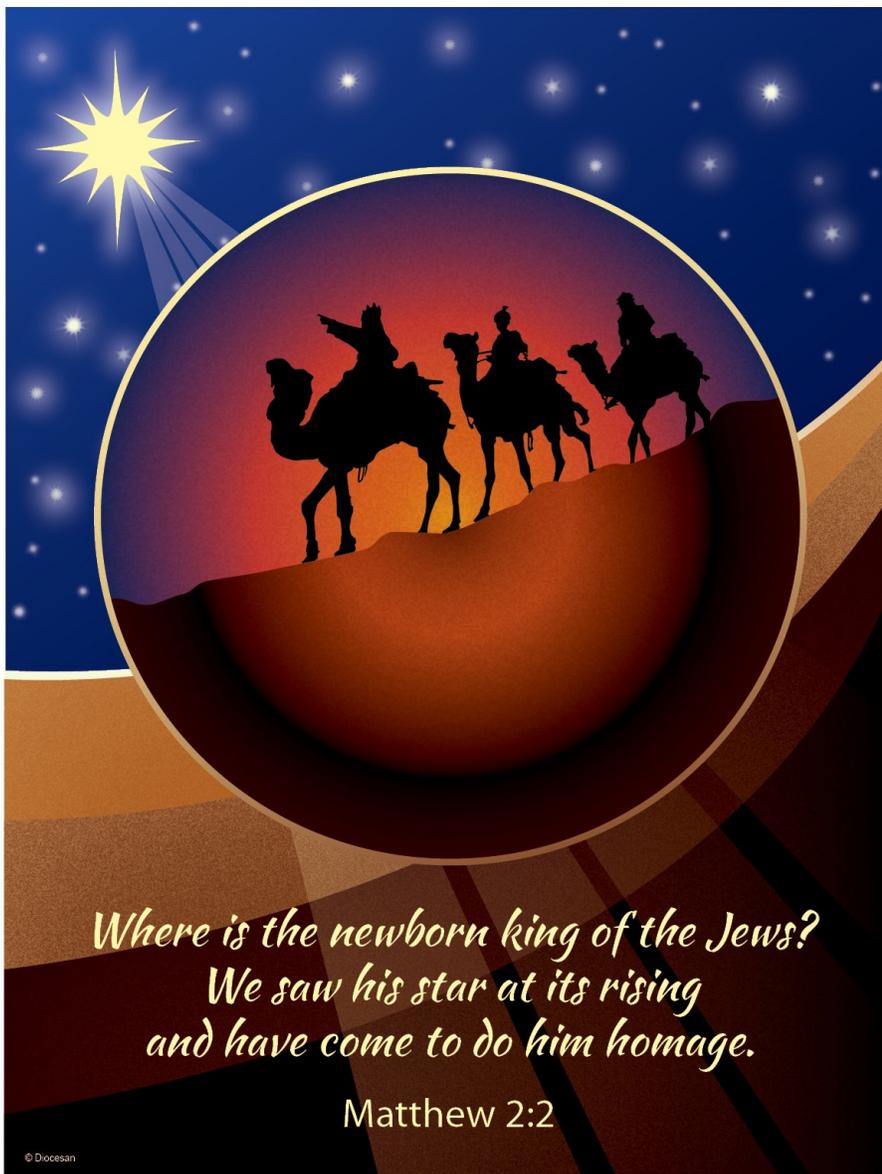
St. Teresa of Avila Catholic Student Center is a vibrant, welcoming, Catholic community serving the students of Valparaiso University and our local families.

We strive to provide a life-changing encounter with Christ as we CONNECT, GROW, and SERVE.

Church Contact Information

1511 Laporte Avenue  
Valparaiso, IN 46383

(219) 464-4042



*Where is the newborn king of the Jews?  
We saw his star at its rising  
and have come to do him homage.*

Matthew 2:2

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## Fr. Chris' Corner



Dear friends in the Lord,

Happy New Year! I pray that you and your families are showered with many blessings and graces in this new year. A new year is always ripe with anticipation and

expectations. It invites us into a reflective time and offers us hope for change and transformation. Resolutions can become reality especially when we turn to the One who makes it all possible, the One who truly makes all things new, Jesus Christ.

As we end one year and look to a new one, we pause to take inventory. In a rare moment of reflection and honest self-assessment, we admit our failings. We pledge to learn from them and move toward a better future. We all want to be better, to live our lives more fully and to love one another more selflessly. So, we make resolutions.

Below is a list of some sample resolutions. Bring them into prayer and see if the Lord is calling you to incorporate any of them into your life throughout this new year.

1. Attend Eucharistic Adoration at least once a month.
2. Keep the car radio off for the first 15 minutes and pray.
3. Go to daily Mass at least once a week.
4. Get more involved in the parish.
5. Join in a service project.
6. Read a biography of a saint.
7. Start reading Scripture for 15 minutes a day.
8. Pray the rosary as a family at least once a week.
9. Eat dinner together as a family.
10. Try to use the sacrament of Reconciliation once a month.

As we all venture to become the best version of ourselves, let's continue to pray for one another. Through prayer, we can lift each other up and support one another. Blessings to you in this New Year.

Faithfully Yours in the Lord,  
Fr. Chris

## Worship Schedule

Monday, January 6  
5:15 pm

**Cynthia Jorgensen**  
Family

Tuesday, January 7  
8:00 am

**Jim Moran**  
Linda Moran

Wednesday, January 8  
5:15pm

**Noel Martinez**  
Community

Thursday, January 9  
8:00am

**For the Prayer**  
**Requests Listed in**  
**Our Parish Book of**  
**Intentions**

Friday, January 10  
12:30 pm

**Margaret Wolfe**  
Phyllis Lyons & Barbara  
Woodruff

Saturday, January 11  
4:00pm

**Lois Tritle**  
Family

Sunday, January 12  
8:00am

**St. Teresa of Avila**

11:00am

**Janis Dietzen**  
Jonh Dietzen

5:00 pm

**For Our VU Students**

## Reconciliation Schedule

**Wednesday**

6:00pm-6:30pm

**Saturday**

2:30pm-3:30pm

## Adoration

**In an effort to strengthen our relationship**  
**with the Lord, we are offering Adoration in**  
**the Church.**

**Monday & Wednesday**

6:00pm-7:00pm

**Tuesday & Thursday**

9:00am-10:00am

## Stewardship Report



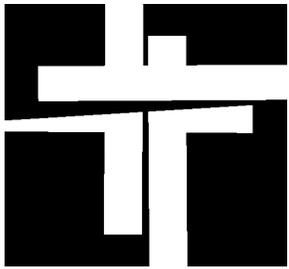
Thank You for  
Supporting Our  
Mission:

December 22, 2019

December 29, 2019

Not Available at Time of Printing

## Stewardship



### Tithing

As individuals we are called to be good and generous stewards with God's manifold gifts.

Tithing is the means whereby we have the opportunity to give thanks to God; with that in mind, the community of St. Teresa of Avila tithes \$450 weekly.

This week our tithing will be donated to our College Mission Trip fund.

## Year-End Gifts

All end of the year donations for 2019 need to be received by January 6, 2020 in order to be recorded on the 2019 calendar.



Since all your donations are tax deductible, if you would like a Contribution Statement for the year, **please place a self-addressed stamped envelope in the collection basket and your contribution**

statement will be sent out to you beginning January 24, 2020.

END OF YEAR  
**GIVING**  
STATEMENTS

Here are some suggestions on how to help St. Teresa's for years to come.

- \* Sponsor a peer minister for \$1000,
- \* Sponsor a college student's mission trip for \$300,
- \* Sponsor a high school student's mission trip for \$300,
- \* Sponsor a Café Manna meal for \$300,
- \* Sponsor a college student's retreat for \$150,
- \* Sponsor a Sunday night college dinner for \$150,
- \* Make a gift to support our FOCUS Missionaries,
- \* Make a gift to help with capital improvements around St. Teresa's,

Thank you for supporting our mission here at St. Teresa of Avila.

## Liturgy & Worship



# Mass Intentions

### What does it mean to have a Mass "offered" for someone?

An individual may offer a Mass Intention for several reasons: for example, in thanksgiving, for the intentions of another person (such as on a birthday), or, as is most common, for the repose of the soul of someone who has died.

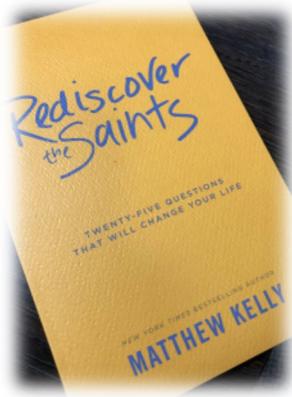
If you are interested in offering a Mass Intention here at St. Teresa of Avila you must complete a **Mass Intention Request Form**.

This form can be found on our website (saintt.com) on the Spirituality & Worship page which is found under the GROW tab.

You can also stop by the office to complete the form. If you need help with the form, please feel free to stop by or call the office for assistance.

The Mass Intention stipend is \$10.00.

## Rediscovering the Saints Book Discussion



Adult Faith Formation invites you to join us between Masses beginning next week, January 12, 2020 for a book discussion group.

We will be reading "Rediscover the Saints", the book that was distributed at all our Christmas Masses.

Come join us in the Living Room (in the reception area of the offices) at 9:15am for coffee and conversation.

## RCIA

The RCIA group returns to work this Wednesday evening as we delve into the source and summit of our Catholic faith, the Eucharist. Just a few months to Easter, and your prayers and support are essential for our aspiring Catholics. God bless!

"The bread that I will give is my flesh for the life of the world."  
John 6:51

A great way to start the New Year!

## Peace & Social Justice

Dear Community of St. Teresa's,

Thank you once again this year for opening up your hearts and being so generous to our Angel Tree Project! It was amazing to see all of the angels adopted and then the love that was shown by each of the gifts. We were able to provide 337 gifts to 78 children and 52 adults from our own community and to local organizations including Salvation Army, Mental Health America of Northwest Indiana, Aveanna Healthcare, Opportunity Enterprises, and the Golden Living Center.

I would like to give a special thank you to Tina Rycek, Judy Carter, Patty Sinkiewicz, Janet White, Hannah White, Marie Brown, Mary Persyn, Sandy Enzwiler, and Stacia O'Connor who donated their time and helped make this project such a success!

It never ceases to amaze us how caring the community of St. Teresa's is. Your outpouring of kindness is such a blessing and will bring smiles and happiness to so many this Christmas. While each angel represents a different story, it ultimately means hope and love! Please continue to keep these families in your prayers!

Christine O'Connor  
Peace and Social Justice Commission



## Blood Drive

Monday, January 20, 2020

1:00pm to 7:00pm

Avila Hall

Visit [redcrossblood.org](http://redcrossblood.org) to make an appointment

"I have nothing to offer but **blood**, toil, tears and sweat"  
- Winston Churchill

## Education & Formation

### GIFT

The next GIFT session meets Sunday, January 12, 2020.

Debbie Tatum will be leading the parent discussion in the Community Room of the Christopher Center. All parents and children babysitting age through 4th grade will be moving from Urschel to the Arts and Sciences Building for this semester. There will be volunteers directing you to the correct building and parking lot. 5th through 9th grades will still meet in Gellersen.

Your patience with this process is greatly appreciated!!

## Health Ministry



# NAMI

National Alliance on Mental Illness

### NAMI Family Support Group

Do you have a family member or friend who struggles with mental

### health challenges?

We now offer a NAMI Family Support Group. A free, confidential and safe support group of families helping other families who live with mental health challenges will be offered each month led by trained facilitators. These facilitators are not therapists, but individuals trained to help offer understanding, emotional support, education and awareness to others through their own lived experience.

This support group is for family members, friends, care givers and loved ones of those who suffer with a serious mental health challenge. Meetings will be held on the first Monday of every month at 7:00 PM in Avila Hall (entrance located at 1604 East Lincolnway).

## Contact Us

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Are you in the loop?  
Have you updated your  
information lately?



- Do you receive our weekly St. Teresa of Avila email?
- Have you recently changed your email address?
- Do you have a new phone number?
- Have you moved?
- Have you discontinued using your home phone?

Please email Amy at amy.gniadek@valpo.edu with any updates.

### Sponsor of the Week: Weiler, INC.

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