

Retreat Packing List

Please be at SPB by 7p on Friday.

If you are late you may get left behind.

To Bring

Comfy Clothes, layers are always a good thing

Tennis or closed toe shoes (no sandals or flip flops [even Susan won't wear them])

Toiletries (toothbrush, toothpaste, deodorant, etc.)

Towel

Sleeping bag or sheets for a single sized bed and pillow

Two snacks or two drinks (box drinks or 2 liter bottles) to share

Open mind

Not To Bring

Cell Phones

Drugs, alcohol, weapons,
fireworks, E-Cigs, Vapes

Bad attitude or closed mind

To Bring or Not To Bring (You decide)

Bible, rosary, journal

Solution for world peace