

- Don't let people who have nothing to do with your future, ruin your present or trigger you back to your past.
- Worrying is like a rocking chair. It gives you something to do, but it gets you nowhere.
- Train your mind to see the good in everything. Positivity is a choice. The happiness of your life depends on the quality of your thoughts.
- It's not about being what everyone wants you to be; it's about being yourself and finding someone who truly loves you for what you are.
- Everything you need is already inside you. Don't wait for others to light your fire. You have your own matches.
- If you want something you've never had, then you've got to do something you've never done.
- It does not matter how slowly you go as long as you do not stop.
- You are what you do, not what you say you'll do.
- I am in charge of how I feel and today I am choosing happiness.
- Don't adapt to the energy in the room. *Influence* the energy in the room.
- Breathe, this is just a chapter, not your whole story.
- You're over here doubting yourself while so many people are afraid of your potential.
- Every morning you have two choices, continue to sleep with dreams or wake up and chase them.
- Sometimes the fear won't go away, so you'll have to do it afraid.
- Let today be the day you give up who you've been for who you can become.
- Your past mistakes are meant to guide you, not define you.
- If you can't stop thinking about it, don't stop working for it.
- If you don't sacrifice for what you want, what you want becomes the sacrifice.
- Get into the habit of asking yourself, "Does this support the life I'm trying to create?"
- Keep going, because you did not come this far just to come this far.
- Prove yourself to yourself not others.
- When things don't happen right away just remember it takes 6 months to build a Rolls-Royce and 13 hours to build a Toyota.
- Don't wait until you've reached your goal to be proud of yourself. Be proud of every step you take toward reaching that goal.
- People will throw stones at you, don't throw them back, collect them and build an empire.

- You have a choice. You can throw in the towel or you can use it to wipe the sweat off your face.
- Congratulations! You didn't die! Now go drink some water.
- Make it happen. Shock every single one of them.
- Don't think about what can happen in a month. Don't think about what can happen in a year. Just focus on the 24 hours in front of you and do what you can to get closer to where you want to be.
- I'm going to make you so proud.-Note to self
- When someone says you can't do it. Do it twice and take pictures.
- There will be haters, there will be doubters, there will be non-believers, and then there will be you, proving them wrong.
- Underestimate me. That'll be fun.