

## Fearless COVID-19 Protocols 2020 - 2021

**General:** It is our intent to follow the CDC and State guidelines

### Personal Hygiene

Both staff and attendees will be continually encouraged to maintain personal hygiene by doing the following:

- Wash hands frequently with soap and water or use hand sanitizer
- Avoid touching face.
- Sneeze or cough into a tissue or into elbow
- Wearing a mask whenever indoors (except when in individual room and when eating), each attendee and staff member will be asked to bring their own mask and personal hand sanitizer.

### Social Distancing

- Maintain 6' separation whenever possible
- Limit contact with others, such as handshakes or embracing other attendees, staff, or friends
- Stay in assigned groups and in assigned activities as much as possible

### **Pre-Screening**

- Staff members and attendees are required to self-monitor for 14 days PRIOR TO THE REREAT this includes;
- Taking and recording their own temperature
- Self-screening for the presence of symptoms (fever, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.)
- Determining if, within the two weeks leading up to the retreat, the individual has traveled nationally or internationally.
- Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.

### **Retreat Arrival**

#### Health Screening

- Upon the arrival of both staff and attendees, an initial on-site health screening will be conducted consisting of the following:
  1. Each individual will be asked if they have any COVID-19 symptoms:  
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>.
  2. A temperature check will be conducted using a no-touch thermal scan device.
  3. If either an attendee or a staff member is suspected to have COVID-19 based on this assessment, they will be immediately isolated in accordance with the retreat's CDP and a notification of management, parents/guardians, and appropriate healthcare providers will follow.

#### During Orientation

At the beginning of the retreat, we will hold small group trainings and demonstrations on behaviors and precautions attendees should abide by to prevent the spread of COVID-19, including:

1. How and when to effectively wash and sanitize hands
2. How to practice physical distancing in various settings (cafeteria, classrooms, cabins, etc.)
3. Which symptoms to look out for and when to report them and to whom
4. Coughing etiquette
5. Other retreat-specific policies or guidelines

## **Communication**

### Policy Distribution

- The protocol contained herein will be distributed to staff members and parents of attendees prior to the retreat, allowing them to familiarize themselves with the material and to explain rules and guidelines for attendees to follow during their time at the retreat.
- As in past retreats, text messaging, phone calls, emails and newsletters will be used to communicate information to attendees, parents/legal guardians, staff, etc.

## **Cleaning & Disinfection**

- A dedicated team of volunteers will be formed to focus on proper cleaning and disinfection. All common use areas will be cleaned and disinfected on a regular basis.
- Personal hygiene (handwashing, touching of face, etc) will be reinforced routinely throughout the day.

## **Bunking**

### General

- To the best of our abilities, attendees will be assigned individual rooms (with the possible exception of double rooms for siblings or similar exceptions).
- Staff members will be assigned to a specific group for the weekend and we will try to avoid staff rotation.
- Once assignments are confirmed on day one, attendees will not be allowed to change rooms.
- Room access will be restricted to only individuals who reside in that area; no visitors are allowed in residential areas at drop off and pickup periods.
- All bunk areas will require the use of hand sanitizer upon entry.
- We will encourage attendees to avoid sharing common and individual items (cups, water bottles, bedding, etc.)
- Attendees should keep personal belongings organized and separate from other attendees' belongings.

### Bathroom

- Avoid sharing common bathroom supplies (towels, soap, toothpaste, etc.). Attendees should bring their own bathroom supplies and a container for toiletries to be stored in for the duration of retreat (for example, a bathroom tote or a 1-quart clear plastic bag labeled with their name).
- Attendees should keep personal items in their bag or tote and store their bag or tote in a designated area.
- We will do our best to follow a staggered bathing schedule to limit the number of people using the facilities at one time.

### **On-Going Health Screening**

- Daily screening will be conducted for both staff and attendees which will involve assessment questions and a temperature reading using a no-touch thermal scan device.
- If attendee or staff is suspected to have COVID-19 based on this assessment, we will follow standard procedures of isolation and containment (see below).

### **Group Activities (Talks, Worship, Free Time)**

- Whenever possible, activities will take place outdoors.
- If any activities do take place indoors, we will provide maximum airflow.
- Every effort will be made to maintain proper social distancing.
- Where adequate distancing cannot be maintained and the setting requires it, face coverings will be required (unless the individual has some medical a pre-approved exception).
- We will make every effort to limit the size of groups.
- The activities schedule has been revised to minimize sports that require contact between participants. (as with all retreats, the activity time allows for the attendees to choose their activity, they will have the option to not engage in any activity if they wish).
- We will make every effort to disinfect equipment used after each session.

### **Food Service**

- Meals: Food will be catered and served in a manner to maintain social distancing and minimize common-use contact as much as possible.

### **Response Plan**

If a staff member or attendee is identified as having a potential or confirmed case of COVID-19:

- Immediately inform parents/legal guardians about any potential contact their children may have had with suspected or confirmed cases.
- Immediately inform parents/legal guardians if their child(ren) is experiencing any symptoms.
- Consider if an attendee or staff member warrants further clinical evaluation, and if so, make arrangements to do so, either in-person or via telehealth.
- If attendee or staff member does not require immediate clinical evaluation, and if CDP calls for the individual to return home, isolate the individual until appropriate return to home transportation can be arranged.
- If attendee or staff member does not require immediate clinical evaluation, and if CDP calls for isolation of individual within the camp facility (e.g., overnight camps):
  - Follow CDC Interim Guidance for Implementing Home Care of People Not Requiring Hospitalization for COVID-19,
  - Make arrangements with camp administration and counselors to have the person's belongings moved
  - Clean the person's sleeping areas according to CDP
  - Consider testing options and notification of State and local officials.

### **End of the Retreat**

- All attendees and staff will be asked to self - quarantine for 2 weeks from the aged, vulnerable and infirmed.