

# *Novena to Our Lady Undoer of Knots*

## **How this devotion started?**

To show us the mission granted to the Virgin Mary by Her Son, an artist Johann Melchior Georg Schmittndner painted Mary Undoer of Knots with great grace. Since 1700, His painting has been venerated in the Church of St. Peter in Perlack, Augsburg, Germany. It was originally inspired by a meditation of Saint Irenaeus (Bishop of Lyon and martyred in 202) based on the parallel made by Saint Paul between Adam and Christ. Saint Irenaeus, in turn, made a comparison between Eve and Mary, saying: "Eve, by her disobedience, tied the knot of disgrace for the human race; whereas Mary, by her obedience, undid it".

## **But what are these knots?**

There are the problems and struggles we face for which we do not see any solution ... knots of discord in your family, lack of understanding between parents and children, disrespect, violence, the knots of deep hurts between husband and wife, the absence of peace and joy at home. There are also the knots of anguish and despair of separated couples, the dissolution of the family, the knots of a drug addict son or daughter, sick or separated from home or God, knots of alcoholism, the practice of abortion, depression, unemployment, fear, solitude... Ah, the knots of our life! How they suffocate the soul, beat us down and betray the heart's joy and separate us from God.

Day after day, more and more Christians kneel to pray to Her as soon as they meet the Mother of the Fair Love. Many families have become reconciled! Many diseases have been healed! Many spouses have returned to the Church! Many jobs have been given! Many conversions have taken place! Many Catholics have been on their knees praying and giving thanks for graces received from our sweet Mother. For that reason, Mary Who undoes the knots, Who was chosen by God to crush the evil with Her feet, comes to us to reveal Herself. She comes to provide jobs, good health, to reconcile families, because She wants to undo the knots of our sins which dominate our lives, so that - as sons of the King - we can receive the promises reserved for us from eternity. She comes with promises of victory, peace, blessings and reconciliation.

Then, free from our knots - filled with happiness, we can be a testimony of the Divine Power in this world, like pieces of God's heart or small bottles of perfume exhaling mercy and love to our neighbor. Like ambassador of Jesus Christ and the Virgin of the fair love, we can rescue those who cry without any consolation, those who are lonely, tied with knots, who have no God, no Father nor Mother.

Mother of the Rising Sun, Immaculate, our Advocate, Helper in moments of affliction, Mother of God and made by Him our Mother, this is how Mary, Undoer of Knots is presented. Above all, She comes as the Queen of Mercy, the one who knows all about us, who has compassion for us and hurries to rescue us, praying for each one of us to Her beloved Jesus.

The Novena has the Cardinal ecclesiastical approval, receiving the "NIHIL OBSTAT and IMPRIMATUR Imprimatur Paris Archdiocese

## How to Pray the Novena?

1. Make the sign of the cross
2. Say the Act of Contrition.

*Oh my God I am heartily sorry for having offended you. I detest all my sins because I dread the loss of Heaven and the pains of Hell. But most of all, because I offended you, oh my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen*

3. Say the first 3 decades of the Rosary.
4. Make the meditation of the day
5. Say the last 2 decades of the rosary
6. Finish with the Prayer to Our Lady the Undoer of Knots

### Meditation for Day 1

Dearest Holy Mother, Most Holy Mary, you undo the knots that suffocate your children, extend your merciful hands to me. I entrust to You today this knot....and all the negative consequences that it provokes in my life. I give you this knot that torments me and makes me unhappy and so impedes me from uniting myself to You and Your Son Jesus, my Savior.

I run to You, Mary, Undoer of Knots because I trust you and I know that you never despise a sinning child who comes to ask you for help. I believe that you can undo this knot because Jesus grants you everything. I believe that you want to undo this knot because you are my Mother. I believe that You will do this because you love me with eternal love.

Thank you, Dear Mother.

Mary, Undoer of Knots, pray for us.

The one who seeks grace, finds it in Mary's hands.

### Meditation for Day 2

Mary, Beloved Mother, channel of all grace, I return to You today my heart, recognizing that I am a sinner in need of your help. Many times I lose the graces you grant me because of my sins of egoism, pride, rancor and my lack of

generosity and humility. I turn to You today, Mary, Undoer of knots, for You to ask your Son Jesus to grant me a pure, divested, humble and trusting heart. I will live today practicing these virtues and offering you this as a sign of my love for You. I entrust into Your hands this knot (...describe) which keeps me from reflecting the glory of God.

Mary, Undoer of Knots, pray for us.

Mary offered all the moments of her day to God.

### Meditation for Day 3

Our Lady Undoer of Knots Meditating Mother, Queen of heaven, in whose hands the treasures of the King are found, turn your merciful eyes upon me today. I entrust into your holy hands this knot in my life...and all the rancor and resentment it has caused in me. I ask Your forgiveness, God the Father, for my sin. Help me now to forgive all the persons who consciously or unconsciously provoked this knot. Give me, also, the grace to forgive me for having provoked this knot. Only in this way can You undo it. Before You, dearest Mother, and in the name of Your Son Jesus, my Savior, who has suffered so many offenses, having been granted forgiveness, I now forgive these persons...and myself, forever. Thank you, Mary, Undoer of Knots for undoing the knot of rancor in my

heart and the knot which I now present to you.  
Amen.

Mary, Undoer of Knots, pray for us.  
Turn to Mary, you who desire grace.

#### **Meditation for Day 4**

Our Lady Undoer of Knots Dearest Holy Mother, you are generous with all who seek you, have mercy on me. I entrust into your hands this knot which robs the peace of my heart, paralyzes my soul and keeps me from going to my Lord and serving Him with my life.

Undo this knot in my love...., O mother, and ask Jesus to heal my paralytic faith which gets down hearted with the stones on the road. Along with you, dearest Mother, may I see these stones as friends. Not murmuring against them anymore but giving endless thanks for them, may I smile trustingly in your power.

Mary, Undoer of Knots, pray for us.  
Mary is the Sun and no one is deprived of her warmth.

#### **Meditation for Day 5**

Our Lady Undoer of Knots Mother, Undoer of Knots, generous and compassionate, I come to You today to once again entrust this knot...in my life to you and to ask the divine wisdom to undo, under the light of the Holy Spirit, this snarl of problems. No one ever saw you angry; to the contrary, your words were so charged with sweetness that the Holy Spirit was manifested on your lips. Take away from me the bitterness, anger and hatred which this knot has caused me. Give me, o dearest Mother, some of the sweetness and wisdom that is all silently reflected in your heart. And just as you were present at Pentecost, ask Jesus to send me a new presence of the Holy Spirit at this moment in my life. Holy Spirit, come upon me!

Mary, Undoer of Knots, pray for us.  
Mary, with God, is powerful.

#### **Meditation for Day 6**

Our Lady Undoer of Knots

Queen of Mercy, I entrust to you this knot in my life...and I ask you to give me a heart that is patient until you undo it. Teach me to persevere in the living word of Jesus, in the Eucharist, the Sacrament of Confession; stay with me and prepare my heart to celebrate with the angels the grace that will be granted to me. Amen!  
Alleluia!

Mary, Undoer of Knots, pray for us.  
You are beautiful, Mary, and there is no stain of sin in You.

#### **Meditation for Day 7**

Mother Most Pure, I come to You today to beg you to undo this knot in my life...and free me from the snares of Evil. God has granted you great power over all the demons. I renounce all of them today, every connection I have had with them and I proclaim Jesus as my one and only Lord and Savior. Mary, Undoer of Knots, crush the evil one's head and destroy the traps he has set for me by this knot. Thank you, dearest Mother. Most Precious Blood of Jesus, free me!

Mary, Undoer of Knots, pray for us.  
You are the glory of Jerusalem, the joy of our people.

#### **Meditation for Day 8**

Virgin Mother of God, overflowing with mercy, have mercy on your child and undo this knot...in my life. I need your visit to my life, like you visited Elizabeth. Bring me Jesus, bring me the Holy Spirit. Teach me to practice the virtues of courage, joyfulness, humility and faith, and, like Elizabeth, to be filled with the Holy Spirit.

Make me joyfully rest on your bosom, Mary. I consecrate you as my mother, Queen and friend. I give you my heart and everything I have (my home and family, my material and spiritual goods.) I am yours forever. Put your heart in me so that I can do everything Jesus tells me.

Mary, Undoer of Knots, pray for us.

Let us go, therefore, full of trust, to the throne of grace.

### **Meditation for Day 9**

Our Lady Undoer of Knots

### **PRAYER TO MARY, UNDOER OF KNOTS (Closing Prayer)**

Virgin Mary, Mother of fair love, Mother who never refuses to come to the aid of a child in need, Mother whose hands never cease to serve your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon me and see the snarl of knots that exist in my life.

You know very well how desperate I am, my pain and how I am bound by these knots.

Mary, Mother to whom God entrusted the undoing of the knots in the lives of His children, I entrust into your hands the ribbon of my life.

No one, not even the evil one himself, can take it away from your precious care. In your hands there is no knot that cannot be undone.

Powerful Mother, by your grace and intercessory power with Your Son and My Liberator, Jesus, take into your hands today this knot...I beg you to undo it for the glory of God, once for all, You are my hope.

O my Lady, you are the only consolation God gives me, the fortification of my feeble strength, the enrichment of my destitution and with Christ the freedom from my chains.

Hear my plea.

Keep me, guide me, protect me, o safe refuge!

Mary, Undoer of Knots, pray for us!

Most Holy Mary, our Advocate, Undoer of Knots, I come today to thank you for undoing this knot in my life...You know very well the suffering it has caused me. Thank you for coming, Mother, with your long fingers of mercy to dry the tears in my eyes; you receive me in your arms and make it possible for me to receive once again the divine grace.

Mary, Undoer of Knots, dearest Mother, I thank you for undoing the knots in my life. Wrap me in your mantle of love, keep me under your protection, enlighten me with your peace! Amen.

Mary, Undoer of Knots, pray for us.

