



*Prayers to Learn
and Memorize*

THE SIGN OF THE CROSS

Mt. 28:19

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

TTOC pp. 152, 344, 508
CCC p. 62, #233

OUR FATHER

Mt. 6:9-13

Our Father,
Who art in heaven,
hallowed be Your name;
Your kingdom come;
Your will be done on earth
as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against
us;
and lead us not into temptation
but deliver us from evil.
Amen.

TTOC pp. 344, 357-358, 507
CCC #2759, 2761, 2777-2865

HAIL MARY

Lk. 1:28, 42

Hail Mary,
full of grace!
the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb,
Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

TTOC pp. 344, 508
CCC #2676-2677

GLORY BE

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

TTOC pp. 344, 508
CCC #2628

SIMPLE MORNING OFFERING

God, our Father,
I offer you today
All that I think
and do and say.
I offer it with
what was done
On earth by Jesus Christ,
Your Son.
Amen.

TTOC p. 356
CCC #2698

MORNING OFFERING

Mt. 6:6 (Pray to the Father in secret)

O Jesus, through the
Immaculate Heart of Mary, I offer You
my prayers, works, joys, and sufferings
of this day in union with the Holy
Sacrifice of the Mass throughout the
world.

I offer them for all the intentions
of Your Sacred Heart: the salvation of
souls, reparation for sin, the reunion of
all Christians.

I offer them for the intentions of
our Bishops and of all apostles of Prayer,
and in particular for those recommended
by our Holy Father this month.
Amen.

TTOC p. 356
CCC #2698

TO THE GUARDIAN ANGEL

Angel of God,
my guardian dear,
to whom God's love
commits me here
Ever this day
be at my side,
to light and guard,
to rule and guide.
Amen.

TTOC p. 87
CCC #328, 329, 336

GRACE BEFORE MEALS

Jn. 6:11,

Acts 27:35 (The Lord prayed at Meals)
Bless us, O Lord,
and these Your gifts
which we are about to receive
from your goodness,
through Christ our Lord.
Amen.

TTOC p. 512
CCC #2698

GRACE AFTER MEALS

We give You thanks,
almighty God,

for all Your goodness.
You live and reign
now and forever.
Amen.

TTOC p. 512
CCC #2698

ACTS OF CONTRITION

O my God,
I am heartily sorry for having offended
You, and I detest all my sins, because I
dread the loss of heaven and the pains of
hell, but most of all because they offend
You, my God, who are all-good and
deserving of all my love. I firmly
resolve, with the help of Your grace to
confess my sins, to do penance and to
amend my life.

ACTS OF CONTRITION

My God, I am sorry for my sins
with all my heart.
In choosing to do wrong and failing
to do good,
I have sinned against you whom
I should love above all things.
I firmly intend, with your help,
to do penance, to sin no more, and to
avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died
for us.
In His name, my God, have mercy.

TTOC pp. 344, 426
CCC #1451

FATIMA PRAYER

O my Jesus, forgive us our sins, save us
from the fires of hell;
Lead all souls to heaven especially those
who are most in need of your mercy.

SIMPLE ACTS OF FAITH, HOPE, LOVE

Jesus, I believe in You.

Jesus, I hope in You.

Jesus, I love You.

TTOC pp. 336-337, 344

CCC #2637-2639

ACT OF FAITH

O my God, I firmly believe that
You are one God in three divine
Persons: Father, Son, and Holy Spirit.

I believe that Your divine Son
became man and died for our sins, and
that He will come to judge the living and
the dead.

I believe these and all the truths which the
holy Catholic Church teaches, because
You have revealed them.

In this faith I desire to live and die

Amen.

ACT OF HOPE

O my God, trusting in Your promises
and the infinite merits of Jesus Christ,
our Redeemer, I hope for the pardon of
my sins and the graces I need to serve
You faithfully on earth, and to obtain
eternal life in heaven.

Amen.

ACT OF LOVE

O my God, I love You above all things
with my whole heart and soul, because
You are infinitely good and deserving of
all my love.

I love my neighbor as myself for
love of You.

Amen.

TTOC pp. 344, 510-511

CCC #2656-2658

PRAYER RESPONSES AT MASS

Refer to Parish Worship Guides.

CONFITEOR

I confess to almighty God,
and to you, my brothers and sisters,
that I have sinned through my own fault
in my thoughts and in my words,
in what I have done,
and in what I have failed to do;
and I ask blessed Mary, ever Virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

CCC #2725

NICENE CREED

(Used at Mass)

We believe in one God, the Father,
the Almighty, maker of heaven and
earth, and of all that is seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten
of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, one in
Being with the Father.

Through Him all things were made.
For us and for our salvation
He came down from heaven;
by the power of the Holy Spirit
He was born of the Virgin Mary, and
became man.

For our sake He was crucified
under Pontius Pilate;
He suffered, died, and was buried.

On the third day He rose again in fulfillment of the Scriptures;

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son He is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We acknowledge one baptism for the resurrection of the dead, and the life of the world to come.
Amen.

TTOC p. 356
CCC pp. 49, 50

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of Your faithful, and enkindle in them the fire of Your Love.

Send forth Your spirit and they shall be created, and You shall renew the face of the earth.

O God, Who does instruct the hearts of the faithful by the light of the Holy Spirit, grant us by the same Holy Spirit, a love and relish of what is right and just, and a constant enjoyment of His comforts.

Through Christ our Lord.
Amen.

TTOC p. 516
CCC #2671

THE ANGELUS

THE ANGEL OF THE LORD DECLARED UNTO MARY, AND SHE CONCEIVED OF THE HOLY SPIRIT.

Hail Mary...

*"BEHOLD THE HANDMAID OF THE LORD.
BE IT DONE UNTO ME ACCORDING TO YOUR WORD."*

Hail Mary...

*PRAY FOR US, O HOLY MOTHER OF GOD,
THAT WE MAY BE MADE WORTHY OF THE PROMISES OF CHRIST.*

Let us pray.

Pour forth, we beseech You, O Lord,
Your grace into our hearts that we to whom the Incarnation of Christ, Your Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection.

Through the same Christ our Lord.
Amen.

TTOC pp. 344, 514
CCC #2673-79

QUEEN OF HEAVEN

Regina Coeli
(Used during Easter Season)

Queen of heaven, rejoice, *ALLELUIA*:
For He Whom you merited to bear,
Alleluia,
Has risen as He said, *ALLELUIA*.
Pray for us to God, *ALLELUIA*.
Rejoice and be glad, O Virgin Mary,
ALLELUIA.

Because the Lord is truly risen, *ALLELUIA*.

Let us pray.

O God, Who by the resurrection of your Son, our Lord Jesus Christ, granted joy to the whole world: grant, we beg You, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life.

Through the same Christ our Lord.

Amen.

TTOC p. 515
CCC pp. 2682

THE APOSTLES' CREED

I believe in God the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into hell; the third day He rose again from the dead. He ascended into heaven, sits at the right hand of God, the Father almighty. From there He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen.

TTOC pp. 344, 510
CCC pp. 49, 50

HAIL HOLY QUEEN

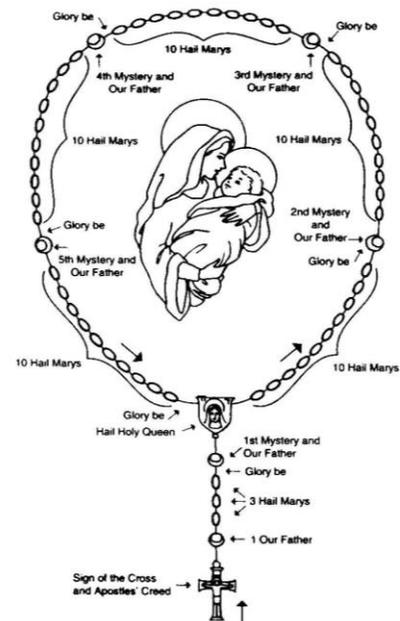
Hail, Holy Queen,
Mother of Mercy,
our life, our sweetness and our hope!

To you do we cry,
poor banished children of Eve;
to you do we send up our sighs,
mourning and weeping in this valley of tears.

Turn, then, most gracious advocate,
your eyes of mercy toward us,
and after this our exile, show us the
blessed fruit of your womb, Jesus.

O clement, O loving
O sweet Virgin Mary!

TTOC pp. 509-510
CCC #2677



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THE ROSARY

A Rosary has a crucifix, followed by one large bead and three small ones. Then there is a chain circle with five "decades." Each decade consists of one large bead followed by ten smaller beads.

Begin the Rosary with the Sign of the Cross. Recite the Apostles' Creed. Then pray one Our Father, three Hail Marys, and one Glory Be to the Father.

To recite each decade, say one Our Father on the large bead and ten Hail Marys on the ten smaller beads. After each decade pray one Glory Be to the Father.

As you pray each decade, think of the appropriate Joyful, Sorrowful, or Glorious Mystery, or a special event in the life of Jesus and Mary. At the end pray the Hail Holy Queen.

PRAYER FOR THE FAITHFUL DEPARTED

Eternal Rest grant unto them,
O Lord, and let Perpetual
Light shine upon them.
May they rest in peace.
Amen.

TTOC p. 513
CCC #958

EVENING PRAYER

Lord, watch over us this night.
By your strength, may we rise at daybreak
to rejoice in the Resurrection of Christ,
Your Son, who lives and reigns for ever
and ever.
Amen.

THE FIVE JOYFUL MYSTERIES *(MONDAY & SATURDAY)*

1. The Annunciation
2. The Visitation
3. The Birth of Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

THE FIVE LUMINOUS MYSTERIES *(THURSDAY)*

1. Jesus' Baptism in the Jordan
2. Jesus' self-manifestation at the Wedding of Cana
3. Jesus' proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

THE FIVE SORROWFUL MYSTERIES *(TUESDAY AND FRIDAY)*

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

THE FIVE GLORIOUS MYSTERIES *(WEDNESDAY AND SUNDAY)*

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit upon the Apostles
4. The Assumption of Mary into Heaven
5. The Crowning of Mary in Heaven

TTOC pp. 344, 509
CCC #2708

MEMORARE

Remember, O most gracious virgin Mary
that never was it known
that anyone who fled to your protection,
implored your help,
or sought your intercession was left
unaided.
Inspired with this confidence
I fly to you,
O Virgin of Virgins, my Mother.
To you I come, before you I stand
sinful and sorr

