



BREAKFAST

OCTOBER 2020 Elementary K-8

Nutritional Development Services
Menu is subject to change, a variety of low fat
or skim milk is offered daily, condiments
offered daily, fruit and vegetable juices are
100% juice, grains are whole grain rich

Monday

368 Plain Bagel
753 Orange Juice
609 Dole Mixed Fruit Cup

325 Cinnamon Chex Cup
659 Watermelon Craisins
749 Apple-Cherry Juice

359 Honey Scooters
Cereal
684 Mixed Berry Applesauce
749 Apple-Cherry Juice

323 Apple Cinnamon
Muffin
749 Apple-Cherry Juice
659 Watermelon Craisins

368 Plain Bagel
753 Orange Juice
609 Dole Mixed Fruit cup

Tuesday

309 Apple Jammer
659 Watermelon Craisins
748 Grape Juice

323 Apple Cinnamon
Muffin
691 Strawberry Apple Crisps
748 Grape Juice

334 Cinnamon Toast
Crunch Cereal
699 Strawberry Cup
750 Apple Juice

NAME _____

366 Blueberry Bagel
609 Dole Mixed Fruit Cup
748 Grape Juice

309 Apple Jammer
659 Watermelon Craisins
748 Grape Juice

Wednesday

334 Cinnamon Toast Crunch
Cereal
670 Fresh Fruit
752 Fruit Punch Juice

**KINDERGARTEN ONLY
PLEASE RETURN BY
SEPTEMBER 21**

NO SCHOOL

328 Chocolate Chip Muffin
670 Fresh Fruit
659 Watermelon Craisins

334 Cinnamon Toast
Crunch Cereal
750 Apple Juice
697 Bagged Sliced Apples

334 Cinnamon Toast
Crunch Cereal
670 Fresh Fruit
752 Fruit Punch Juice

Thursday

329 Trix Cereal Bar
690 Apple Crisps
749 Apple-Cherry Juice

321 Banana Muffin
658 Cherry Craisins
750 Apple Juice

323 Apple Cinnamon
Muffin
749 Apple-Cherry Juice
690 Apple Crisps

GRADE _____

368 Plain Bagel
691 Strawberry Apple
Crisps
752 Fruit Punch Juice

329 Trix Cereal Bar
690 Apple Crisps
749 Apple-Cherry Juice

Friday

328 Chocolate Chip Muffin
684 Mixed Berry Applesauce
750 Apple Juice

350 Apple Cinnamon
Cheerios Cereal Bar
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

322 Blueberry Muffin
684 Mixed Berry Applesauce
752 Fruit Punch Juice

NO SCHOOL

328 Chocolate Chip Muffin
684 Mixed Berry
Applesauce
750 Apple Juice

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 695-3470 during normal business hours.