

**BREAKFAST**



# OCTOBER 2020

## PRE K

Nutritional Development Services Menu is subject to change. A variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

### Monday

609 Dole Mixed Fruit Cup  
Pre-K: 346 Cinnamon Toast Crunch Cereal

659 Watermelon Craisins  
Pre-K: 345 Honey Scooters

684 Mixed Berry Applesauce  
Pre-K: 342 Cheerios

659 Watermelon Craisins  
Pre-K: 367 Cinnamon Raisin Bagel

609 Dole Mixed Fruit cup  
Pre-K: 343 Rice Chex

### Tuesday

659 Watermelon Craisins  
Pre-K: 339 Orange Cranberry Muffin

691 Strawberry Apple Crisps  
Pre-K: 335 Banana Muffin

699 Strawberry Cup  
Pre-K: 330 Blueberry Muffin  
NAME \_\_\_\_\_

609 Dole Mixed Fruit Cup  
Pre-K: 349 Corn Chex

659 Watermelon Craisins  
Pre-K: 368 Plain Bagel

### Wednesday

670 Fresh Fruit  
Pre-K: 331 Corn Muffin

NO SCHOOL  
PRE K PLEASE RETURN BY SEPTEMBER 21

670 Fresh Fruit  
Pre-K: 306 Apple Baked Fruidel

697 Bagged Sliced Apples  
Pre-K: 335 Banana Muffin

670 Fresh Fruit  
Pre-K: 339 Orange Cranberry Muffin

### Thursday

690 Apple Crisps  
Pre-K: 349 Corn Chex

658 Cherry Craisins  
Pre-K: 366 Blueberry Bagel

690 Apple Crisps  
Pre-K: 339 Orange Cranberry Muffin  
GRADE \_\_\_\_\_

691 Strawberry Apple Crisps  
Pre-K: 345 Honey Scooters Cereal

690 Apple Crisps  
Pre-K: 346 Cinnamon Toast Crunch Cereal

### Friday

684 Mixed Berry Applesauce  
Pre-K: 332 Apple Cinnamon Muffin

608 Dole Tropical Fruit Cup  
Pre-K: 331 Corn Muffin

684 Mixed Berry Applesauce  
Pre-K: 347 Cinnamon Chex Cereal

NO SCHOOL

684 Mixed Berry Applesauce  
Pre-K: 331 Corn Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.