

# ANTI-PORNOGRAPHY RESOURCES

## BOOKS

### 1. English Books

***Be a Man! Becoming the Man God Created You to Be***, by Fr. Larry Richards.

***Boys to Men: The Transforming Power of Virtue***, by Tim Gray and Curtis Martin.

***Breaking Free: 12 Steps to Sexual Purity for Men***, by Stephen Wood.

***The Courage to be Chaste***, by Fr. Benedict J. Groeschel, C.F.R.

***Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time,***  
***Every Young Man's Battle: Strategies for Victory in the Real World of***  
***Sexual Temptation,***

***Preparing Your Son for Every Man's Battle: Honest Conversations About***  
***Sexual Integrity***, by Stephen Arterburn and Fred Stoeker.

***Holy Sex! A Catholic Guide to Toe-Curling, Mind-Blowing, Infallible Loving,***  
by Gregory K. Popcak, Ph.D.

***Hope After Betrayal: Healing When Sexual Addiction Invades Your***  
***Marriage***, by Meg Wilson.

***In the Shadows of the Net: Breaking Free of Compulsive Online Sexual Behavior,***  
***Out of the Shadows: Understanding Sexual Addiction***, by Patrick Carnes.

***Pure Manhood***, by Jason Evert.

***Pure Womanhood***, by Crystalina Evert.

***Theology of the Body for Beginners: A Basic Introduction to Pope John***  
***Paul II's Sexual Revolution***, by Christopher West.

***Treating Pornography Addiction: The Essential Tool for Recovery***, by Kevin  
B. Skinner, Ph.D.

### 2. Spanish Books

***Amor y Vida***, por Patrick Reidy.

***La belleza de la sexualidad***, por Tomás Melendo.

***Como sanar las heridas de la adicción sexual***, por Dr. Mark Laaser.

***Como usar las nuevas tecnologías en la familia***, por Marianela

Jaúdenes. ***La moral sexual explicada a los jóvenes***, por André Leonard.

***¡Por favor, háblame del amor!***, por Inés Pelissie du Rausas.