

## Lesson Plan on the **Consecration to Jesus through Mary**

(provided by Sr. Ave Maria Hayes, OP – Santa Cruz Parish & School, Buda, TX)

**Objective:** Students will be able to demonstrate an understanding of what Consecration to Jesus through Mary means through discussion.

**Grades:** K-3 (and can easily be adapted for older grades)

**Materials:** Holy Bible, statue of Our Lady of Fatima, picture of Mary's Immaculate Heart, Holy Card of the Consecration Prayer to Jesus through Mary (*available as separate, reproducible download*)

**Vocabulary:** *Consecration, Entrustment, devotion, Immaculate Heart* (define these for the children previous to the lesson)

### **Other Resources to extend the lesson:**

- Previous to the lesson on consecration, tell the story of Our Lady of Fatima to the Children
  - ✓ "When The Sun Danced" Fatima Video (CCC of America Productions, 28:30 length) can be seen at <https://www.youtube.com/watch?v=hLldR3amDeM>
  - ✓ Written Account of Fatima for Children can be found at the following site: <http://fatima.org/exclusives/fatimachild2.pdf>
- **Holy Card of the Act of Consecration to Jesus through Mary** (see separate downloadable attachment)
- Coloring Page of the Immaculate Heart  
<http://www.looktohimandberadiant.com/2015/09/the-seven-sorrows-and-immaculate-heart.html>
- Marian Consecration Book for children called "The Easiest Way to Jesus" found at: [https://www.dollsfromheaven.com/store/p31/The\\_Easiest\\_Way\\_to\\_Jesus.html](https://www.dollsfromheaven.com/store/p31/The_Easiest_Way_to_Jesus.html); also available on Amazon Kindle
- Book on Marian Devotion for Children called "Just Like Mary"  
<https://www.amazon.com/Just-Like-Mary-Rosemarie-Gortler/dp/1931709793>
  - Make a shrine to Our Lady of Fatima <https://www.pinterest.com/pin/197595502376008154/>
  - Another shrine idea for Our Lady of Fatima <https://www.pinterest.com/pin/235242780519661741/>

### **Preparation:**

- ✓ Before this lesson, introduce children to the story of Our Lady of Fatima (see "Other Resources, above)
- ✓ Set up a prayer table with a statue or picture of Our Lady of Fatima and the words, "Hail, full of Grace"

**Proclamation:** (Key statement/phrase that you want your children to know during Lesson)

*"It was Jesus' perfect plan to come to us by **entrusting** Himself to Mary His mother. It is also His plan that we imitate Him by **entrusting** ourselves completely to our Mother Mary so that we can come closest to Him."*

*(restated for younger children): "Jesus came to us because he loves us. He **trusted** Mary, His Mother to take care of Him and help Him grow. Jesus wants to share his Mother with us. He wants us to **trust** her, too, just like He did, and let her be **our** Mother. When we trust Mary with our hearts, she helps Jesus to come into our hearts and grow there, too."*

### **Explanation:**

1. **Do you remember the story of when God first came to us through Mary?** Let's read. Show picture of the Annunciation- light a candle and read Luke 1:26 ff (account of the Annunciation).
2. After reading the passage ask, "What did you hear?"
3. When Mary said the words, "Let it be done unto me according to your Word" what happened to Mary?
4. Jesus came to live inside of Mary for nine months as a tiny little baby. Jesus, who is God-- the Creator of the Universe-- comes to live for nine months inside of His Mother. He chose to **entrust** Himself to Mary as a little Baby-- and depended totally upon her for food, milk, water, to change His diapers... He could have chosen to come to us another way-- but He didn't! He chose to come through Mary-- a humble little girl.
5. **Do you remember the story of when Jesus died on the cross?** Right before He died, something very special happened. Let's read. Light a candle and read John 19: 25-27 (Our Lord entrusting John to Mary and Mary to John at the Crucifixion)
6. After reading the passage ask, "What did you hear?"

7. At the Crucifixion, Mary was standing at the foot of the cross with St. John the Beloved Apostle. Just before Jesus died, He looked at His Mother and said these words, “Behold Your Son!” And then He looked at St. John and said, “Behold your Mother!” Jesus gave Mary to St. John as His Mother and gave St. John to Mary as her Son. St. John stands there in place of each one of us- who are the **beloved** of God. “What do you think it means when it says, “And he took her into his home?” Your HEART is also like your “home”. We can take Mary into our “homes”/our hearts just as he did.
8. Jesus wants us to become the GREATEST saints we can be! He gives us a very special help... Mary! He knows that if we imitate Him- by entrusting/consecrating ourselves to Mary- she will help us to stay close to her Son Jesus!
9. Message of Our Lady of Fatima: Do you remember the story of Our Lady of Fatima? Do you remember what she asked the three shepherd children to do? (1. Pray the Rosary every day, 2. Make Sacrifices and 3. Have devotion to my Immaculate Heart)
10. One way that we have “devotion to Mary’s Immaculate Heart” is by consecrating or entrusting ourselves to Her just as Jesus did.

**Application:**

1. What does it mean to consecrate or entrust oneself totally to Mary’s Heart? Do you remember when you were really little, being in your mom’s arms? Do you remember how SAFE you felt? Did you ever think she would drop you? No... because she is your mom who loves you...
2. Consecration to Mary’s Immaculate Heart is like putting yourself in Mary’s arms just as she carried Jesus in her arms- and knowing that she will carry you to Jesus!
3. Hand out the Consecration Prayer to each child with Mary’s Immaculate Heart on the back. As you read each phrase of the prayer, ask the following... “What do you think it means when we “Consecrate our eyes to Mary? “Our ears?” “Our tongue?” “Our heart?” “Our whole being without reserve?”

**Extension Ideas:**

1. Have the children draw a picture of themselves in Mary’s arms and then write a prayer.
2. Color a picture of the Immaculate Heart of Mary, write a prayer of entrustment to Mary.
3. Ask the children to bring in a (small) picture of themselves and glue themselves in the arms of a picture of Mary.
4. Take a statue of Mary, place on a table with a cloth totally covering the table to the ground. Lift up the cloth and place a picture of the Sacred Heart of Jesus under the table- propped up. Ask the children to take turns lifting up the cloth to “find Jesus” under the statue of Mary. (Provides a visual image of coming to Jesus through Mary.)
5. Act out the story of Our Lady of Fatima
6. Discuss different outward signs of expressing our consecration to Jesus through Mary (The Scapular, the Miraculous Medal, wearing other medals...)

**Review/Assessment:**

Let’s review what it means when we speak of consecrating ourselves to Jesus through Mary. Who can remind me what it means to consecrate or entrust ourselves to Mary? Why do we do this, what is the purpose?

**Celebration:**

1. End with praying the Consecration Prayer to Jesus through Mary (using holy cards)
2. Pray a decade of the Rosary and sing a song to Our Lady
3. Possibly share the children’s personal prayers they wrote to Mary

