

## Parent/Caregiver Faith Formation Questionnaire

*To better meet your child's spiritual and faith formation needs  
we ask that you complete this questionnaire.*

*Thank you!*

Name:	Parish:
Parents:	Date of Birth:
Email:	Age:
Phone:	Grade:
Home Address:	Current Date:

### **I. Faith Formation:**

- a) What are the hopes you have for your child's faith formation?
  
  
  
  
  
  
  
  
  
  
- b) How may we support your efforts?
  
  
  
  
  
  
  
  
  
  
- c) What are your child's strengths/gifts?
  
  
  
  
  
  
  
  
  
  
- d) Does your child enjoy being with others?
  
  
  
  
  
  
  
  
  
  
- e) What activities, toys and interests does he/she particularly enjoy?
  
  
  
  
  
  
  
  
  
  
- f) What would be the best way and context for meeting and getting to know your child?

g) Sacramental Preparation Needs: *Baptism*                      *Communion*                      *Confirmation*

g) Attends Mass? *Yes/No:*

*No challenges*    *Some challenges*    *Many challenges*    *Cannot attend Mass because:*

## ***II. Learning Needs***

a) Some children and youth are very sensitive to their environment. Lights may be too bright, sounds may be too loud, specific food textures may be aversive. Such sensitivities can interfere with a child's ability to be comfortable and alert in their environment. *Please describe any sensitivities your child may have:*

b) There are different types of strategies and supports to help a child when they are upset or when they experience difficulties attending. These include the use of sensory activities, objects and/or equipment. Keeping this in mind please complete the following:

i. What **activities**? (e.g., movement breaks, swinging, bouncing, deep pressure, chewing, quiet space) help to **soothe** your child when he or she becomes upset?

ii. What **activities**? (e.g., movement breaks, swinging, bouncing, deep pressure, chewing, quiet space) help your child **stay alert and ready to interact**?

iii. What **sensory objects/pieces of equipment** (e.g., squeeze toys, swing, trampoline) help to **soothe** your child when he or she becomes upset?

iv. What **sensory objects/pieces of equipment** (e.g., squeeze toys, swing, trampoline) helps your child **stay alert and ready to interact**?

- c) Children with autism thrive when their environment is structured and predictable. Using various learning supports is one way to achieve a structured and predictable environment. Please identify what learning supports benefit your child (e.g., the use of schedules, timers, first/then boards).
- d) A child's ability to attend and engage with a person or activity is dependent upon how well the communication partner can "read" the child and make adjustments in the supports or expectations of the child. Please identify the "signs" or "behaviors" your child exhibits when s/he is becoming:
- Anxious-
  - Frustrated-
  - Angry-
  - Bored-
- e) How does your child communicate with you? The following examples are offered to guide you in describing your child:
- Communication is primarily nonverbal, gestures and/or some single words
  - Communication is primarily gestures and short phrases
  - Communication is primarily phrases and sentences where there is frequent "back and forth" conversation
- f) Please list the emotions your child expresses through facial expressions and/or words:
- g) Does your child enjoy music? If so, please provide some examples (e.g., names of songs, genre, instrumental)

### III. Health

- a) Please list any allergies your child may have:
- b) Does your child have any health-related conditions that we should be aware of?
- c) Please list your child's preferred foods/ snacks/beverages:

**IV. Pastoral support for parents and family:**

Recognizing the many challenges parents face when raising a child with autism, what can we do as a faith community to better support you and your family?

Do you have any other comments/concerns that you would like us to consider?

*Thank you! We look forward to supporting you, your child and your family in anyway that we can!*