

CTPY 2020-2021

Name _____

KNOW YOUR BOUNDARIES

1. Spiritual Physical Financial Geographic Emotional Academic Behavioral

2. Physical boundary:



3. Emotional boundary: doing homework in a group sharing a personal experience with a friend
spending time with your favorite aunt touching someone's backpack

4. Behavioral boundary violation:



Everyone has personal boundaries, kind of like an imaginary circle around you, and those boundaries are different for each of us.

BOUNDARY VIOLATIONS

1. Physical boundaries – who can touch you, how much and where they can touch
- A senior pushes a freshman against his locker _____
 - A youth minister hugs a student and then rubs the student's stomach under her shirt _____
2. Emotional boundaries – how close you feel to a person, how much time you spend and what information you share with them
- A teacher tells a student, "You know, you are a lot smarter than the other kids. Most everyone flunked that math test, but don't tell anyone I told you that, okay?" _____
 - One student says to another, "I thought we were best friends. I don't like it when you spend so much time with other people." _____
3. Behavioral boundaries – what you will do and what you won't do
- In a chat room, an older teen asks another teen to send pictures of herself in a bikini. _____
 - A girl sees her friend receive a gift and a note from the coach. Her friend tells her, "Don't tell anyone about this, but he says he loves me." _____

Remember that most adults are good people who truly want the best for you – we all need to be able to recognize the difference between how most adults would act with you and how a molester would act.

WHEN ABUSE IS HAPPENING

1. best friend grocery clerk mom or dad neighbor priest teacher bus driver
2. tell your friend "that's gross!" offer to be there when your friend tells a trusted adult
tell your friend you are there for them encourage your friend to tell a parent
agree to keep the secret

If abuse is happening to someone you know, it must stop. Your family, friends, the important adults in your life and most especially God want the best for you and all young people – everyone must be safe from harm.