



RESOURCES FOR EMPLOYEES

Health Insurance

BlueCross BlueShield

Claims/Customer Service: (855) 215-0280
 PPO Network Provider Info: (800) 810-2583
 Provider Service: (800) 868-2510
 Mental Health & Substance Abuse Precertification: (800) 868-1032
 Website: www.myhealthtoolkitla.com

Health Insurance Effective July 1, 2019	INDIVIDUAL Premium \$655		Employee Portion of FAMILY Premium Paid by Employee
	Paid by Employer	Paid by Employee	
(Active) Employee Monthly Cost: <i>through payroll deduction</i>	\$625.00	\$30.00	\$735.00 <i>(\$1,360 total cost)</i>

Dental & Vision Insurance

HUMANA

Dental Customer Service: (800) 233-4013
 Vision Customer Service: (877) 398-2980
 Website: www.myhumana.com

Monthly Cost <i>Through payroll deduction</i>	EMPLOYEE ONLY	EMPLOYEE+FAMILY
BASE Dental Plan	\$14.22 <i>Paid 100% by Diocese</i>	N/A
BASE Vision (Exam Plus)	\$2.26 <i>Paid 100% by Diocese</i>	\$3.20 <i>Through payroll deduction</i>

Employee may request BUY-UP coverage for him/herself and eligible dependents at employee's expense.

Monthly Cost <i>Through payroll deduction</i>	EMPLOYEE ONLY	EMPLOYEE + SPOUSE	EMPLOYEE+ CHILDREN	EMPLOYEE+ FAMILY
BUY-UP Dental Plan	\$18.90	\$46.12	\$43.06	\$70.98
BUY-UP Vision (Vision 130)	\$3.62	N/A	N/A	\$16.38

*Prices above are for employees who are enrolled in diocesan health insurance. For those not enrolled in diocesan health insurance, you will need to add the base employee only premium to the buy up premium for your out-of-pocket cost.

Retirement

OneAmerica

P.O. Box 6011
 Indianapolis, IN 46206-6011
 Customer Service: (800) 249-6269
 Website: www.oneamerica.com

Cornerstone Financial Group, Inc.

213 N. College Road
 Lafayette, LA 70506
 P: (337) 233-6066
 Website: www.cornerstonela.com

Locations contribute a certain percentage of employee's gross monthly salary to an account established under employee's name. Employee has the option of contributing additional monies, through payroll deduction. These personal contributions can be made as pre-tax contributions, Roth contributions or a combination of both.

Life/AD&D, Accident, and Disability

Benefit Plan Services

P.O. Box 4365
Shreveport, LA 71134-0365

P: (337) 247-9717 (Local)
P: (318) 797-5450 (Outside Lafayette Area)
F: (318) 797-1663

Trae Brashear trae@benefitplanserviceinc.com

Kathy Ebey kathy@benefitplanserviceinc.com

Cancer; Critical Care; Accident; Hospital

Aflac

104 Arapahoe Drive
Lafayette, LA 70503

Lisa Newsom

P: (337) 802-2468 or lisa_newsom@us.aflac.com

Patrick Newsom

P: (225) 505-2030 or patrick_newsom@us.aflac.com

Open Enrollment

Open enrollment for health, dental, and vision insurance will take place during the months of November and December with an effective date of January 1st. Open enrollment allows eligible employees to change their current level of coverage for themselves or their dependents. If an election is not made during open enrollment, employees will automatically retain their current level of coverage. Please also be reminded that if changes are not made during open enrollment, changes cannot be made except for qualifying events. For additional information, please visit www.diolaf.org/benefits-overview.

Wellness

The Diocese of Lafayette Group Health Insurance Plan is a self-funded plan. This means that the Diocese pays all eligible claims that are incurred by covered employees and their covered dependents on a dollar-for-dollar basis. In an effort to cultivate a culture of wellness as well as to help the Diocese in its efforts to sustain this comprehensive health insurance plan in an environment where health care costs continue to escalate, we encourage enrolled employees to take advantage of **MyHealthToolkitLA.com**, where members can access health and wellness essentials such as Core Disease Management, Personal Health Assessments and other Wellness Tools.

Members also have access to Natural BlueSM, a value-added feature of BCBS health plans that allows members to visit an extensive discount network of complementary and alternative medicine professionals. Member also have access to a credentialed network of acupuncturists, massage therapists, chiropractors, dietitians, fitness clubs and exercise centers throughout the country. Natural BlueSM also gives BCBS members access to the **ChooseHealthy**TM online store is a discount program where you can take advantage of substantial savings on vitamins and supplements, diet and sports nutrition, home fitness equipment, books, videos, DVDs and much more.

Please refer to the Summary of Benefits for more details regarding the health insurance plan.