

**Diocese of Lafayette
Food & Nutrition Services**

**January 2021
Lunch HS Menu**

<p>January 4, 2021 Monday Country Fried Steak Mashed Red Potatoes & Gravy Whole Kernel Corn Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 5, 2021 Tuesday Baked Rotini Buttered Parleyed Carrots Black-eyed Peas Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 6, 2021 Wednesday Chicken Nuggets Potato Rounds Navy Beans Tossed Salad Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 7, 2021 Thursday BBQ Pork Rib Patty Rice Dressing Steamed Broccoli w/Cheese Sauce Seasoned Green Beans Breaded Cheese Stick Frozen Strawberry Cup OR Fresh Fruit Choice of Milk</p>	<p>January 8, 2021 Friday Crunchy Chicken on Bun French Fries Stack of Trimmings Canned Fruit OR Fresh Fruit Chocolate Chip Cookie Choice of Milk</p>
<p>January 11, 2021 Monday Lasagna Roll Up Whole Kernel Corn Chopped Lettuce & Tomato Cup Wheat Roll Sour Watermelon Raisins OR Fresh Fruit Choice of Milk</p>	<p>January 12, 2021 Tuesday Salisbury Steak Steamed Rice & Gravy Popeye Salad Sweet Potato Crunch Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 13, 2021 Wednesday Pepperoni Pinwheel Fold Marinara Cup Steamed Broccoli w/Cheese Sauce Fresh Baby Carrots w/Ranch Dressing Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 14, 2021 Thursday BBQ Chicken Baked Beans Potato Salad Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 15, 2021 Friday Sloppy Joe on Bun French Fries Garden Salad Sautéed Apples OR Fresh Fruit Choice of Milk</p>
<p>January 18, 2021 Monday MLK Day</p>	<p>January 19, 2021 Tuesday Breaded Chicken Strips & Dutch Waffles w/Maple Syrup Candied Yams Tossed Salad Wheat Roll Frozen Strawberry Cup OR Fresh Fruit Choice of Milk</p>	<p>January 20, 2021 Wednesday Corn Dog French Fries Garden Salad Raisins OR Fresh Fruit Chilled Vanilla Pudding w/Chocolate Chips Choice of Milk</p>	<p>January 21, 2021 Thursday Chicken Stew Steamed Rice Black-eyed Peas Whole Kernel Corn Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 22, 2021 Friday Beef Burrito Salsa Cup Texaso Ranchero Beans Chopped Lettuce & Tomato Cup Canned Fruit OR Fresh Fruit Snickerdoodle Cookie Choice of Milk</p>
<p>January 25, 2021 Monday Creole Sausage Steamed Rice Sweet Potato Crunch Garden Salad Wheat Roll Sour Watermelon Raisins OR Fresh Fruit Choice of Milk</p>	<p>January 26, 2021 Tuesday Meat Sauce & Spaghetti Whole Kernel Corn Green Bean Casserole Garlic Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 27, 2021 Wednesday Chicken Fajita on Tortilla Shell Salsa Cup Taco Fiesta Black Beans Chopped Lettuce & Tomato Cup Sautéed Apples OR Fresh Fruit Choice of Milk</p>	<p>January 28, 2021 Thursday Chicken & Sausage Jambalaya Buttered Parleyed Carrots Steamed Broccoli w/Cheese Sauce Wheat Roll Canned Fruit OR Fresh Fruit Choice of Milk</p>	<p>January 29, 2021 Friday Pepperoni Pizza Marinara Cup Lima Beans Tossed Salad Canned Fruit OR Fresh Fruit Choice of Milk</p>

This institution is an equal opportunity provider.