

**Diocese of Lafayette
Food & Nutrition Services**

**January 2022
High School Lunch Menu**

<p>January 3, 2022 Monday Red Beans & Sausage Steamed Rice Steamed Broccoli w/Cheese Sauce Seasoned Green Beans Combread Square Bagged Cranberries Fresh Fruit Choice of Milk</p>	<p>January 4, 2022 Tuesday Nacho Supreme Salsa Cup Bush's Taco Fiesta Black Beans Chopped Lettuce & Tomato Cup Chilled Fruit Cup Fresh Fruit Choice of Milk</p>	<p>January 5, 2022 Wednesday Chili Fries Whole Kernel Corn Spring Salad Chilled Apple Juice Fresh Fruit Chocolate Chip Cookie Choice of Milk</p>	<p>January 6, 2022 Thursday Pork & Sausage Jambalaya Buttered Parsleyed Carrots Popeye Salad Wheat Roll Chilled Sliced Peaches Fresh Fruit Choice of Milk</p>	<p>January 7, 2022 Friday Chicken Nuggets Macaroni & Cheese Buttered Sweet Peas Sweet Potato Crunch Wheat Roll Chilled Diced Peas Fresh Fruit Choice of Milk</p>
<p>January 10, 2022 Monday Bowl of Chili Vegetable Medley Garden Salad Corn Chips Chilled Applesauce Cup Fresh Fruit Choice of Milk</p>	<p>January 11, 2022 Tuesday Country Fried Steak Mashed Red Potatoes Whole Kernel Corn Wheat Roll Boxed Sour Raisins Fresh Fruit Choice of Milk</p>	<p>January 12, 2022 Wednesday BBQ Pork Patty Rice Dressing Green Bean Casserole Fresh Baby Carrots w/Ranch Dressing Wheat Roll Chilled Fruit Cup Fresh Fruit Choice of Milk</p>	<p>January 13, 2022 Thursday Chicken Alfredo Steamed Broccoli w/Cheese Sauce Candied Yams Wheat Roll Chilled Diced Peas Fresh Fruit Choice of Milk</p>	<p>January 14, 2022 Friday Mexican Pizza Salsa Cup Bush's Texas Ranchero Beans Chopped Lettuce & Tomato Cup Chilled Sliced Peaches Fresh Fruit Chocolate Pudding topped w/chocolate chips Choice of Milk</p>
<p>January 17, 2022 Monday <i>MLK DAY</i></p>	<p>January 18, 2022 Tuesday Salisbury Steak Rice & Gravy Black-eyed Peas Sweet Potato Crunch Wheat Roll Boxed Raisins Fresh Fruit Choice of Milk</p>	<p>January 19, 2022 Wednesday Pizza Crunchers Marina Cup Steamed Broccoli w/ Cheese Sauce Spring Salad Sautéed Apples Fresh Fruit Choice of Milk</p>	<p>January 20, 2022 Thursday Chicken & Sausage Pastalaya Buttered Peas & Carrots Navy Beans Wheat Roll Chilled Fruit Cup Fresh Fruit Choice of Milk</p>	<p>January 21, 2022 Friday Corn Dog French Fries Garden Salad Chilled Applesauce Fresh Fruit Chewy Chocolate Brownie Choice of Milk</p>
<p>January 24, 2022 Monday Baked Rotini Buttered Parsleyed Carrots Popeye Salad Garlic French Bread Boxed Raisins Fresh Fruit Choice of Milk</p>	<p>January 25, 2022 Tuesday Breaded Chicken Strips & Dutch Waffles w/Maple Syrup Steamed Broccoli w/Cheese Sauce Whole Kernel Corn Wheat Roll Frozen Strawberry Cup Fresh Fruit Choice of Milk</p>	<p>January 26, 2022 Wednesday Pork Stew Steamed Rice Candied Yams Lima Beans Wheat Roll Chilled Diced Peas Fresh Fruit Choice of Milk</p>	<p>January 27, 2022 Thursday BBQ Chicken Bush's Baked Beans Potato Salad Wheat Roll Chilled Sliced Peaches Fresh Fruit Choice of Milk</p>	<p>January 28, 2022 Friday Grilled Cheese Sandwich French Fries Fresh Baby Carrots w/Ranch Dressing Chilled Orange Juice Fresh Fruit Vanilla Pudding topped w/chocolate chips Choice of Milk</p>
<p>January 31, 2022 Monday Creole Sausage Steamed Rice Sweet Potato Crunch Buttered Sweet Peas Wheat Roll Frozen Strawberry Cup Fresh Fruit Choice of Milk</p>				

This institution is an equal opportunity employer.