



Southwest Washington Dance Center

437 N. Market Blvd. Chehalis 360-748-4789

www.swwdance.org



DO YOU PLAY A SPORT?

**DO YOU WANT TO IMPROVE YOUR
AGILITY AND MOBILITY?**

**DO YOU WANT TO IMPROVE YOUR
JUMPING SKILLS?**

[Check out this opportunity just for you!](#)

FREE CLASSES FOR GUYS 12 years old and up

Great for athletes to improve foot dexterity and physical conditioning. You will gain mobility and strength and jumping skills. You will also have the opportunity for partnering and lifting.

Explore your artistic side too with movement to music.

THURSDAYS:

Guys' Class: 5:30-6:30 pm - Partnering: 6:30-7:30 pm

Instructor: Gideon Newkirk

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