

# Our Lady of Mount Carmel Parish

## Archdiocese of Ottawa

400 St. Laurent Boulevard, Ottawa, Ont. K1K 2Z6

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**"Our Lady of Mount Carmel Parish is an active community of believers, living the Gospel and growing in faith, love and service." Accordingly, we intend**

- to strengthen one another in community through prayer, charity & social activities
- to provide opportunities for growing into a mature understanding of our faith
- to deepen our understanding of ourselves and our relationship with God.

### WEEKEND MASS (PANDEMIC SCHEDULE)

Saturday: 4:30 pm reservation only  
Sunday: 10:00 am reservation only

### WEEKDAY MASS (PANDEMIC SCHEDULE)

Wednesday: 12:00 pm  
Thursday: 12:00 pm  
Friday: 12:00 pm

**Office Hours:** Tuesday to Thursday - by appointment  
Friday 9:30 am to 12:00 pm  
Saturday 4:00 pm to 6:00 pm  
Sunday 10:00 am to 12:00 pm

### CONFESSIONS:

Saturday - before the 4:30 pm Mass  
Weekdays - Tues. to Fri. before Mass

### Baptism / Sacramental Preparation:

Kindly email us: olmc400micro@gmail.com

### Marriage:

Couples must meet with the pastor six months in advance to set date and arrange for marriage preparation.

### Parish Schools:

Our Lady of Mount Carmel	613-745-4884
St. Brigid's School	613-746-4888
Immaculata High School	613-237-2001
Lester B. Pearson High School	613-741-4525

**Social Action & Education:** Refer to bulletin boards

### Parish Monthly Socials & Refreshments:

Last weekend of each month

**Vocations:** Please make an appointment with the pastor

### Knights of Columbus:

www.LukeHartCouncil5558.ca

### 4th Degree Knights of Columbus

Bishop John Beahen Assembly  
Supper meeting here 4th Tuesday

### Catholic Cemeteries:

Hope Cemetery - 613-822-1212  
Notre Dame Cemetery - 613-746-4175



Mass Intentions and Schedule

✠ Denotes Repose of the soul

**Twenty Ninth Sunday  
in Ordinary Time**

**Saturday, October 16**

4:30 pm ✠ Francisco Jaromamay  
by Dave and Chichi Hodgson  
and family

**Sunday, October 17**

10:00 am ✠ Domingo Reupta by Lilia

**Wednesday, October 20**

12:00 pm Mass intention available

**Thursday, October 21**

12:00 pm Mass intention available

**Friday, October 22**

12:00 pm Mass intention available

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**We pray for God's healing:**



Pauline Doyle; Tess Lam;  
Deacon Norm; Roy Conrod;  
Richard Currie; Sylvia Carter;  
Jim Sutton; Donald MacKenzie;  
Alicia and Frank Gutschi;

Jane Dominic; Simon Jacques;  
Helen Smith; Zaida Calhoun;  
Mary and Bill Martin; Dora Moir;  
Ray Beauchamp; Dave McKerrow;  
Kim Hargreaves; Simon Jacques.

**PARISH NEWS**

**Sacrament of Confirmation**

Last year's candidates for Confirmation will receive the sacrament on Friday, December 3<sup>rd</sup> at 7:00 pm. The Mass will be live streamed and parishioners are invited to join.

**November Intentions**

Like past years, all Masses during the month of November will be offered for deceased loved ones and friends. A special form for this purpose has been added to our parish website under the "Liturgy" tab. Kindly complete the form and submit it. Your intentions will be placed in front of the altar and will be prayed for at all Masses.

For those who cannot submit a form electronically, kindly deposit your list in the collection basket. Donations can be included in the same envelope.

**Sunday Missals 2022**

The new Sunday Missals for 2022 will be available as soon as they are received. The cost will be \$5.00 each.

**Friday Parish Online-Evening Prayer Devotion**

We have resumed our Friday Evening Prayer Devotion. We pray the Rosary and the Novena to Our Lady of Mount Carmel. It is held at 7:00 pm via ZOOM online and the link is posted on the homepage of our website every Friday morning. We invite you to join us.

**Weekend Mass Reservations**

Just a gentle reminder that the deadline for reservations is Wednesday evening at 8:00 pm. Also, kindly remember to advise us if you cannot attend. This will provide us the opportunity to allow someone else to attend. Thank you for your kind cooperation.

**Financial Support**

We thank you for your continued financial support to the parish. It is thanks to you that our parish is in a stable financial situation during these trying times.



## Mass Intentions and Schedule

† Denotes Repose of the soul

### Thirtieth Sunday in Ordinary Time

#### Saturday, October 23

4:30 pm Mass intention available

#### Sunday, October 24

10:00 am Mass intention available

#### Wednesday, October 27

12:00 pm Mass intention available

#### Thursday, October 28

12:00 pm Mass intention available

#### Friday, October 29

12:00 pm Mass intention available

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#### Reflection on Faith

**“When the Son of Man comes,  
will he find faith on earth?”  
Luke 18:8b**

This is a good and interesting question that Jesus poses. He poses it to each one of us and asks us to answer it in a personal way. The answer is contingent upon whether or not we have faith in our hearts.

So what is your answer to Jesus?

Presumably the answer is “Yes.” But it’s not just a yes or no answer. It’s hopefully a “yes” that continually grows in depth and certitude.

What is faith? Faith is a response from each one of us to God speaking in our hearts. In order to have faith we must first listen to God speak. We must let him reveal himself to us within the depths of our conscience. And when he does this, we manifest faith by responding to all that he reveals. We enter into a belief in his Word spoken to us and it is this act of believing that changes us and forms faith within us.

Faith is not just believing. It’s believing in what God speaks to us. It’s the belief in His very Word and in His very Person. Interestingly, when we do enter into the gift of faith, we grow in a certainty about God and all He says to a radical degree. That certainty is what God is looking for in our life and will be the answer to his question above.

Reflect upon how authentic and how certain your faith is. Reflect upon Jesus asking you this question. Will He find faith in your heart? Let your “Yes” to Him grow and commit yourself to a deeper embrace of all that He reveals to you each and every day. Don’t be afraid to seek out His voice so that you can say “Yes” to all He reveals.

#### Prayer for Faith

<https://www.youtube.com/watch?v=8Hd2rvTpbGY&autoplay=1&list=PL58g24NgWPIy4HUWplqHmXz0GCEcFy5Vw>

Lord, I believe; I wish to believe in you.  
Lord, let my faith be full and unreserved,  
and let it penetrate my thoughts, my way  
of judging divine things and human things.

Lord, let my faith be joyful and give peace  
and gladness to my spirit, and dispose it for  
prayer with God and conversation with others,  
so that the inner bliss of its fortunate possession  
may shine forth in sacred and secular  
conversation.

Lord, let my faith be humble and not presume to  
be based on the experience of my thought and of  
my feeling; but let it surrender to the testimony  
of the Holy Spirit, and not have any better  
guarantee than in docility to tradition and to the  
authority of the magisterium of the Holy Church.  
Amen.



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