

# Our Lady of Mount Carmel Parish

## Archdiocese of Ottawa

400 St. Laurent Boulevard, Ottawa, Ont. K1K 2Z6

613-748-6040 • Direct Line 613-744-1518

www.olomc-ottawa.com • E-mail: olmc400micro@gmail.com



**"Our Lady of Mount Carmel Parish is an active community of believers, living the Gospel and growing in faith, love and service." Accordingly, we intend**

- to strengthen one another in community through prayer, charity & social activities
- to provide opportunities for growing into a mature understanding of our faith
- to deepen our understanding of ourselves and our relationship with God.

### WEEKEND MASS (PANDEMIC SCHEDULE)

Saturday: 4:30 pm reservation only  
Sunday: 10:00 am reservation only

### WEEKDAY MASS (PANDEMIC SCHEDULE)

Wednesday: 12:00 pm  
Thursday: 12:00 pm  
Friday: 12:00 pm

**Office Hours:** Tuesday to Thursday - by appointment  
Friday 9:30 am to 12:00 pm  
Saturday 4:00 pm to 6:00 pm  
Sunday 10:00 am to 12:00 pm

### CONFESSIONS:

Saturday - before the 4:30 pm Mass  
Weekdays - Tues. to Fri. before Mass

### Baptism / Sacramental Preparation:

Kindly email us: olmc400micro@gmail.com

### Marriage:

Couples must meet with the pastor six months in advance to set date and arrange for marriage preparation.

### Parish Schools:

Our Lady of Mount Carmel	613-745-4884
St. Brigid's School	613-746-4888
Immaculata High School	613-237-2001
Lester B. Pearson High School	613-741-4525

**Social Action & Education:** Refer to bulletin boards

### Parish Monthly Socials & Refreshments:

Last weekend of each month

**Vocations:** Please make an appointment with the pastor

### Knights of Columbus:

www.LukeHartCouncil5558.ca

### 4th Degree Knights of Columbus

Bishop John Beahen Assembly  
Supper meeting here 4th Tuesday

### Catholic Cemeteries:

Hope Cemetery - 613-822-1212  
Notre Dame Cemetery - 613-746-4175



**Mass Intentions and Schedule**

† Denotes Repose of the soul

**Thirty Third Sunday  
in Ordinary Time**

**Saturday, November 13**

4:30 pm Mass intention available  
Birthday Blessing for  
Joseph Anthony Tapia-Beeman

**Sunday, November 14**

10:00 am † Gregoria Reupta by Lilia

**REMINDER:**

There will be No weekday Masses  
from Wednesday, November 17  
to  
Friday, November 19

All priests will be on retreat.

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**We pray for God's healing:**



Pauline Doyle; Tess Lam;  
Deacon Norm; Roy Conrod;  
Richard Currie; Sylvia Carter;  
Jim Sutton; Donald MacKenzie;  
Alicia and Frank Gutschi;

Jane Dominic; Simon Jacques;  
Helen Smith; Zaida Calhoun;  
Mary and Bill Martin; Dora Moir;  
Ray Beauchamp; Dave McKerrow;  
Kim Hargreaves; Simon Jacques.

**PARISH UPDATE**

**Priests' Retreat – November 15 to 19**

All priests in the Archdiocese will gather this coming week for their annual retreat. Due to the pandemic, this will be the first time they do so with Archbishop Damphousse.

Following is a prayer for Fr. Jessi and other priests on retreat:

**Prayer of Support for Priests**

Gracious and loving God,  
we thank you for the gift of our priests.

Through them,  
we experience your presence  
in the sacraments.

Help our priests to be strong  
in their vocation.

Set their souls on fire  
with love for your people.

Grant them the wisdom,  
understanding and strength  
they need to follow in the footsteps of Jesus.

Inspire them with the vision of your kingdom.

Give them the words they need  
to spread the Gospel.

Allow them to experience joy in their ministry.

Help them to become instruments  
of your divine grace.

We ask this through Jesus Christ,  
who lives and reigns as our eternal priest.

Amen.



*Mass Intentions and Schedule*

† Denotes Repose of the soul

**Feast of Christ the King**

**Saturday, November 20**

4:30 pm Mass intention available

**Sunday, November 21**

- 10:00 am † Calixta Reupta by Lilia
- † Filemon and Mara Altuna by Mila
- † Teodorica Altuna by Mila
- † Paula Reyes by Mila

**Wednesday, November 24**

12:00 pm Mass intention available

**Thursday, November 25**

12:00 pm Mass intention available

**Friday, November 26**

12:00 pm Funeral Mass for John Graham

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**Prayer for Christ the King**

Lord Jesus Christ, King of kings,  
You have power of life and death.

You even know things  
that are uncertain and obscure,  
and my thoughts and feelings  
are not hidden from you.

Cleanse me from my faults,  
for I have done wrong and you saw it.

You know how weak I am,  
both in soul and body.

Give me strength, O Lord, in my frailty  
and sustain me in my sufferings.

Grant me a prudent judgement, dear Lord,  
and let me be always mindful  
of your blessings.

Let me retain until the end,  
your grace that has protected me until now.  
Amen.



**Christmas Mass Times**

**Note:**

All Masses will be online and in-person.

In-person Masses will be by reservation only.  
Registered parishioners will be given priority for  
in-person seating.

**Christmas Eve:** Friday, December 24

4:30 pm Mass only

**Christmas Day:** Saturday, December 25

10:00 am Mass and 12:00 pm Mass

**No 4:30 pm Anticipated Mass**

**Sunday,** December 26: Feast of Holy Family

10:00 am only

**December 27 to December 30 – No Masses**



**Solemnity of Mary  
Holy Mother of God**

**Note:**

All Masses will be online and in-person.  
In-person Masses will be by reservation only.

**New Year's Eve:** Friday, December 31

4:30 pm Mass only

**New Year's Day – Saturday,** January 1

10:00 am Mass only

**No 4:30 pm Anticipated Mass**

**Sunday,** January 2: Epiphany of the Lord

10:00 am Mass only

**January 3 to January 7 – No Masses**



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