

Our Lady of Mount Carmel Parish

Archdiocese of Ottawa

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Feast of the Holy Family

PARISH UPDATE



Mass Intentions and Schedule

✠ Denotes Repose of the soul

Nativity of the Lord -Christmas

Friday, December 24

4:30 pm ✠ Adriana Mes by the Mes Family
✠ Marilyn D'Amour by Charles D'Amour

Saturday, December 25

10:00 am Thanksgiving by Lilia and Mila

12:00 pm Mass intention available

* no 4:30 pm Mass

Feast of the Holy Family

Sunday, December 26

10:00 am ✠ Hope and John Kapcala by Barry Kapcala
Thanksgiving for blessings received by Florence Oparah

12:00 pm ✠ T. Joseph Boyle by the family

Wednesday, December 29 to Thursday, December 30

No 12:00 pm Weekday Mass

We pray for God's healing:



Pauline Doyle; Tess Lam; Deacon Norm; Roy Conrod; Richard Currie; Sylvia Carter; Jim Sutton; Donald MacKenzie; Alicia and Frank Gutschi; Jane Dominic; Simon Jacques; Helen Smith; Zaida Calhoun; Mary and Bill Martin; Dora Moir; Ray Beauchamp; Dave McKerrow; Kim Hargreaves; Simon Jacques.

New Year Mass Reservation

The registration forms for in-person attendance at the New Year Masses is also available on our parish website.

Deadline for submission is 8:00 pm on Wednesday, December 29.

We ask your kind cooperation in reference to honouring your reservation. If due to unforeseen circumstances you cannot attend, kindly ensure you notify us as soon as possible to provide us with the opportunity to enable someone else to attend. Thank you.

2022 Donation Envelopes

The 2022 donation envelopes will be available for pick-up next weekend. Kindly ensure you take them home. If you do not have a set, let one of our ushers know and one will be provided to you.

New 2022 Sunday Missals

Sunday Missals are still available for \$5.00. Kindly ensure you have the correct change as the volunteers will not give change.



May the birth of our Saviour, Jesus, bring you and your family abundant joy and may you be kept safe under the loving protection of God in the coming new year.

Saturday, January 1 and Sunday, January 2, 2022



Mass Intentions and Schedule

† Denotes Repose of the soul

Solemnity of Mary: Mother of God

Friday, December 31

4:30 pm † Clint Ashley on the anniversary of his death, by Maude and family

Saturday, January 1

10:00 am Mass intention available

* **no 4:30 pm Mass**

Epiphany of the Lord

Sunday, January 2

10:00 am Thanksgiving for blessings received by Florence Oparah

12:00 pm Mass intention available

**Wednesday, January 5
to Friday, January 7**

No 12:00 pm Weekday Mass



May the mother of Jesus, and our mother,
always uplift your spirit,
obtaining for it,
from her most holy Son,
every heavenly blessing.

Reflection on the Feast of Epiphany

“Epiphany” means manifestation. And the “Epiphany of the Lord” is Jesus’ manifestation not only to these three Magi from the East, but also a symbolic and real manifestation of Christ to the whole world. These Magi, traveling from a foreign and non-Jewish nation, reveal that Jesus came for all people and all are called to adore Him. These Magi were “wise men” who studied the stars and were aware of the Jewish belief that a Messiah was coming.

God used what they were familiar with to call them to adore the Christ. He used a star. They understood the stars and when they saw this new and unique star over Bethlehem they realized that something special was happening. So the first lesson we take from this for our own lives is that God will use what is familiar to us to call us to Himself. Look for the “star” that God is using to call you.

A second thing to note is that the Magi fell prostrate before the Christ Child. They laid their lives down before Him in complete surrender and adoration. They set a perfect example for us. If these astrologers from a foreign land could come and adore Christ in such a profound way, we must do the same. Perhaps you also could adore Him with the complete surrender of your life.

Lastly, the Magi bring gold, frankincense, and myrrh. These three gifts, presented to our Lord, show that they acknowledged this Child as the Divine King who would die to save us from sin. Gold is for a King, frankincense is a burnt offering to God, and myrrh is used for one who would die. Thus, their adoration is grounded in the truths of who this Child is.

Reflect on what God is using to call you to Himself. When you discover what this is, like the Magi, acknowledge the full truth of who He is and give yourself to him in complete and humble submission saying:

Lord God, I love you and adore you. I lay my life before you and I surrender all. You are my Divine King and Saviour. My life is yours. Amen.



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