

Reflections of the Rector



A few weeks ago I bought a new rosary. It's called a *Memento Mori*, or Remember Death, Rosary. I liked it so much that I posted a picture on social media. What made that rosary unique is that some of the Our Father beads are small skulls, hence the name. Because of that, some of the comments I received on social media were that the rosary was macabre, that it went against the idea of a God of Life, and so forth. I understand the reasoning behind those comments, but I do not necessarily agree with them. As forgetful as we are, we sometimes need to be reminded of our mortality.

We just started Lent on Ash Wednesday. Our current rite for Ash Wednesday includes two possible phrases to use when distributing ashes to the faithful, but the most traditional one is, "*Meménto homo, quia pulvis es, et in púlverem revertéris,*" or "Remember that you are dust, and to dust you shall return." These words come from the book of Genesis. Those are the words that God addressed to Adam and Eve after they were expelled from the Garden of Eden. And what does returning to dust mean, if not that we are to die? Are these words so macabre or disturbing that we need not use them in the liturgy? Once again, we sometimes need to be reminded of our mortality, and the beginning of Lent is a good time to do it.

But why do we need to be reminded that all of us will have to face death at some point? The prayer for the blessing of ashes gives us the reason.

O God, who desires not the death of sinners,
but their conversion,
mercifully hear our prayers
and in your kindness be pleased to bless these ashes,
which we intend to receive upon our heads,
**that we, who acknowledge we are but ashes
and shall return to dust,
may, through a steadfast observance of Lent,
gain pardon for sins and newness of life
after the likeness of your Risen Son.**

Who lives and reigns for ever and ever. Amen.

As we can see from this prayer, there are two reasons to be reminded of our mortality. First, to seek pardon for our sins and second, to recommit to live a life of holiness, in the likeness of Our Lord. And those are two things we can start doing this Lent, and hopefully continue doing for the rest of our lives.

Lent is a penitential time, as we can appreciate by the use of the color violet, and the omission of words that denote joy, like *Alleluia* or *Gloria*. Almost every parish hosts penance services, in which parishioners are able to go to individual Confession after having prayed together. We will host ours at the Cathedral on Tuesday, March 31st at 7pm. We will also participate in the "The Light Is On For You" program on March 10. We will be at St. Boniface, St. Joseph, and the Cathedral from 5 to 7pm hearing confessions. But Lent is not the only time in which we hear confessions. We sin all the time, and because we do not know when we will be called to our final judgement, we need to make sure we are purifying our soul constantly.

Frequent Confession, though, should not become an excuse to sin. Whenever we go to Confession, we should leave with a purpose of amendment, with a desire of conversion. Lent also invites us to that conversion, to a life in the likeness of Our Lord. During this holy season, we are encouraged to do almsgiving, fasting, and prayer. In doing all these three things we follow the example of Our Lord. Like He who gave all of Himself to and for us, we give of what we have through almsgiving. Like He who died on the Cross for us, we die to ourselves by denying our desires through fasting. Like he who was always in Communion with the Father, we unite our will to His through prayer.

My brothers and sisters, as Catholics there is nothing macabre in remembering that we are to die. On the contrary, it is something that we should do often, so that we are prepared. May this holy season of Lent be the starting point for that preparation, and may it continue for the rest of our life.

In Christ,

Fr. David Esquiliano

Sacred Music



Musicians spend years (and a lot of money) learning how to play their instrument. Early on we are taught the basics of music theory, how to recognize the notes on the staffs, how long to play each note, etc. For those of you who took lessons, no doubt you remember struggling to read the music and somehow make what you saw on the page transmit from your fingers and lungs into some type of musical expression. If you (and your parents) survived these early years of learning, you were eventually rewarded with a small amount of satisfaction in “mastering” the instrument.

Many times, though, we are not taught about the silence between the notes. Yes, we learn about rests, how short or long they are, and how to recognize them. But there are also tiny moments of silence between the notes that we need to recognize and observe to better our musical expression. These unmarked moments of silence some-

times make the difference between a decent rendering of a piece of music versus an outstanding and beautiful performance.

There are also moments of silence in our liturgies of the Church; moments of silence that allow us to reflect on what we have just heard proclaimed or Sacrament received. The General Instruction of the Roman Missal calls for periods of silence after each reading (including the psalm), the homily, and after Holy Communion. The Church asks us to use these times of silence to reflect on the scriptures and sacraments. This is the reason the music during communion concludes after everyone has received the Eucharist, so as to give everyone time to reflect and offer prayers of thanksgiving. It’s also why it is so important to silence our cell phones, refrain from talking in the narthex (voices carry and are amplified in our acoustics!), etc. I hope this season of Lent you are able to find these moments of silence.

Rock Chalk, Jayhawk—KU!! (it is March Madness after all),

Matthew Geerlings

Director of Sacred Music

The Financial Corner

INCOME	Dec-19	
Weekly Offerings	\$	59,946.50
Loose Offerings	\$	21,875.33
Programming Support	\$	7,261.49
Other Income	\$	31,310.65
Total Parish Income	\$	120,393.97
EXPENSE		
Salaries and Wages	\$	36,189.22
Administrative Expenses	\$	6,100.31
Ministry Expenses	\$	2,475.00
Utility Bills & Repairs	\$	27,680.29
Assessments	\$	7,705.00
Other Expenses	\$	5,385.63
Total Expenses	\$	85,535.45
Net Income for Oct.	\$	34,858.52
BHCS Assessment Unpaid	\$	110,000.00

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Faith and Sacramental Formation



A very popular Scripture verse to help us reflect throughout Lent is the Gospel of Luke "Whoever does not carry his own cross and come after me, cannot be my disciple." (Luke 14:27) Practicing prayer, fasting and collecting during Lent help us to join in the suffering of Christ and also the Cross. Through the Sacrament of Reconciliation confessing our sins and separating ourselves from earthly things, such as the excesses of food, television and other things that separate us from Jesus, so in that way we will slowly draw our hearts closer to the Lord.

During Lent it is easy to remember to keep our eyes on the Cross, however, we often overlook the second part of this verse of scripture that focuses on discipleship.

A disciple is someone who follows Jesus and shares his mission, his joy and his sufferings. As good baptized Catholics, we have received the grace to live as disciples, and through this grace, we must seek to deepen our relationship with Jesus and strive to live according to our faith in all aspects of our lives.

Although we already know that it is very difficult to follow Jesus and put aside earthly things, let us not forget that through the Holy Eucharist we remain united to the tree of life that is Jesus our Savior and giver of life.

All Catholics should seek to be disciples of Jesus Christ, and the main intention behind the activities and programs offered here in the cathedral is to guide our parishioners and the entire community to discipleship. For example, the time that all people (children, youth and adults) spend here preparing before receiving the sacraments, are offered a beautiful opportunity for everyone to grow closer to God and engage as disciples, since they open their hearts and Souls to sacramental grace.

Because of this, the baptismal preparation also includes a class that teaches parents and godparents about the sacrament and in the same way parents are instructed to increase their commitment to Christ by being the first teachers of faith in those Children who will be baptized.

As you and your families participate in the Cathedral programs, consider how those programs can help you on your journey to discipleship, and in this Lent, take a few moments to honestly reflect on your life as a disciple of Jesus and challenge yourself. to grow closer to Him through his acts of prayer, fasting and donation.

In Christ Our Savior,

Santa Fernandez

Director of Faith and Sacramental Formation

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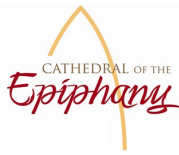
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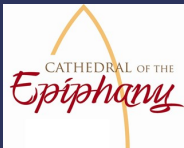
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Cathedral of the Epiphany

1003 Douglas Street, Sioux City, Iowa 51105

March 2020

Very Rev. J. David Esquiliano, JCL Rector
Rev. Jeremy Wind, Parochial Vicar
Rev. Mauro Sanchez, Parochial Vicar
Very Rev. Bradley Pelzel, V.G., In-Residence

Website www.sccathedral.org
Email info@sccathedral.org
Telephone 712-255-1637

EUCCHARISTIC ADORATION

TUESDAY 5:30p-6:30pm St. Joseph
MONDAY-SUNDAY 24 Hour
Adoration Chapel-Epiphany Center

MASS SCHEDULE

MON.-FRI. 12:00 pm Cathedral *English*
5:30 pm Cathedral *Spanish*
SATURDAY: 4:00 pm St. Boniface *English*
6:00 pm Cathedral *Spanish*
SUNDAY: 8:30 am Cathedral *Latin*
8:30 am St. Joseph *English*
10:00 am Cathedral *English*
10:30 am St. Boniface *Spanish*
12:00 pm Cathedral *Spanish*
12:30 pm St. Joseph *Vietnamese*
1:30 pm Cathedral *Spanish*

MASSES HOLY DAYS OF OBLIGATION

Anticipated / Vigil
5:30 p.m. St. Boniface (English)
5:30 p.m. Cathedral (Spanish)
On the Day of the Solemnity
7:00 a.m. St. Joseph (English)
12:00 p.m. Cathedral (English)
5:30 p.m. Cathedral (Spanish)

MASS CIVIL HOLIDAYS

9:00am Cathedral (Bilingual)

CONFESSIONS

SUNDAY 8:00a- 8:30a St Joseph
MONDAY 4:30p -5:30p Cathedral
TUESDAY 4:30p -5:30p Cathedral
WEDNESDAY 4:30p-5:30p Cathedral
THURSDAY 4:30p-5:30p Cathedral
FRIDAY 11:30a -12:00p Cathedral
4:30p to 5:30p Cathedral
SATURDAY 3:00p to 4:00p St. Boniface
5:00p to 6:00p Cathedral

Sunday, March 1

Special Collection: Aid to Global Churches
 Breakfast 7a-12, CH
 RCIA -Makeup Classes Spanish 8a-9a, CCR
 Sponsor Confirmation Talk 11a-1p, CCR
 English RCIA Classes 12:30p-2:30p, CCR
 Youth Group 6p -7:30 p, EC
 Rite of Election 7p, CE
 NO Confirmation Classes

Tuesday, March 3

Deanery/No evening mass

Wednesday, March 4

Religious Education Classes 5:30p-7:45p, EC

Friday, March 6

Religious Education Classes 5:30p-7:45p, EC

Saturday, March 7

Second collection (English/Latin only)
 Spanish Baptisms 11a, Cathedral
 Spanish Bible Study 6:45p-8:30p, CCR

Sunday, March 8

Second collection (English/Latin only)
 Spanish Baptism Classes 9a-11:30a, CCR
 Confirmation Classes 10:30a-11:15a, EC
 English RCIA Classes 12:30p-2:30p, CCR
 Couples Group 2:45-4:45p CCR

Monday, March 9

K of C Meeting 6:15 - 8 CCR

Tuesday, March 10

The light is on for you 5p-7p, All locations

Wednesday, March 11

Religious Education Classes 5:30p-7:45p, EC

Friday, March 13

Religious Education Classes 5:30p-7:45p, EC

Saturday, March 14

Second Collection (Spanish only) TAO
 Spanish Bible Study 6:45p-8:30p, CCR

Sunday, March 15

Second Collection (Spanish Only) TAO
 Pancake Breakfast 7-11 SJ
 Confirmation Classes 10:30a-11:15a, EC
 English RCIA Classes 12:30p-2:30p, CCR
 K of C Degree Ceremony 3:30p-4:30p, CE
 Youth Group 6p -7:30 p, EC

Tuesday, March 17

BHCHS 12:45p-3p, Cathedral

Wednesday, March 18

Religious Education Classes 5:30p-7:45p, EC

Friday, March 20

Religious Education Classes 5:30p-7:45p, EC

Saturday, March 21

Second Collection (Spanish Only) Buildings
 Charismatic Group Retreat 8a-6p, EC
 Spanish Baptisms 11a, Cathedral
 Spanish Bible Study 6:45p-8:30p, CCR

Sunday, March 22

Second Collection (Spanish Only) buildings
 Charismatic Group Retreat 8a-6p, EC
 Confirmation Classes 10:30a-11:15a, EC
 English RCIA Classes 12:30p-2:30p, CCR

Wednesday, March 25

Religious Education Classes 5:30p-7:45p, EC

Friday, March 27

Religious Education Classes 5:30p-7:45p, EC
 Talk: LOVE HURTS 7p, Cathedral

Saturday, March 28

Spanish Bible Study 6:45p-8:30p, CCR

Sunday, March 29

Confirmation Classes 10:30a-11:15a, EC
 English RCIA Classes 12:30p-2:30p, CCR

Tuesday, March 31

Cathedral Penance Service 7p-8p, CE

**The deadline for April newsletter submissions is
 Wednesday, March 11**

Knights of Columbus

Cathedral of the Epiphany Council 743

Invites you to join

And become a KNIGHT!

* Sunday March 15, 2020 Time: 4PM

Location: Cathedral of the Epiphany

Easter Lilies and Mums for the Churches

As we look forward to the celebration of Easter and decorating our churches, we are looking for donations to help cover the cost of the lilies that will be in each of the three church buildings during the Easter season. You are encouraged to donate a lily or mum in memory of a deceased loved one. There is an order form in this month's newsletter. Please return it to the parish office by April 1st.

Friday, March 27 7pm Cathedral

Talk: Love Hurts: The Truth Behind Redemptive Suffering
by Matthew Leonard

City Penance Services During Lent

March 10, 5-7p, The Light is on for You – We will have a priest at each location during this time hearing Confessions.

March 8 2:00pm- Mater Dei, Immaculate Conception

March 10 5:00pm- Sacred Heart

March 15 2:00pm- Holy Cross, Blessed Sacrament

March 22 2:00pm- Sacred Heart Parish

March 31 7:00pm-Cathedral

Easter Triduum Schedule

April 2nd – Chrism Mass – 2pm Cathedral

April 9th – Mass of the Lord's Supper - **7pm** Cathedral (Bilingual)

April 10th – Good Friday - **Noon** Cathedral (English)

5:30pm Cathedral (Spanish)

April 11th – Easter Vigil - **8:30pm** Cathedral (Bilingual)

April 12th – Easter – **Normal Sunday Mass Schedule**

Easter Schedule (April 12)

SUNDAY:	8:30 am	Cathedral	Latin
	8:30 am	St. Joseph	English
	10:00 am	Cathedral	English
	10:30 am	St. Boniface	Spanish
	12:00 pm	Cathedral	Spanish
	12:30 pm	St. Joseph	Vietnamese
	1:30 pm	Cathedral	Spanish

Knights of Columbus Epiphany Council #743 Parish Breakfast

Knights of Columbus Epiphany Council 743 will be hosting a breakfast the first Sunday of the month in the Cathedral Hall. Stop on by and try our omelets.

SCHOLARSHIP FOR 2020 FRESHMAN: The Catholic Daughters of Sioux City encourage 8th grade students planning to attend Bishop Heelan Catholic High School in the Fall of 2020 to apply for scholarship dollars offered by the Catholic Daughters. The application forms are available in the office our Catholic 8th grade schools or by calling 712-898-4229 (leave a message). Deadline for applications is March 27, 2020.

Stations of the Cross

Join us every Friday after noon and 5:30pm Mass for the Stations of the Cross at the Cathedral during Lent. We will be meeting every Friday except for Good Friday

Cathedral Parish Dinner

Save the date April 26th and help support your parish. More details to follow in the April newsletter.

Planned Giving

Don't cancel life insurance you no longer need. By naming your parish as beneficiary, you'll provide lasting financial support and possibly qualify for tax benefits as well. Leave a legacy by calling your insurance agent for more information. It costs nothing to change the beneficiary on your policy and it can be done in less than five minutes.

Together as One Progress Report



Easter Lilly Donation Form

Please return this form to the parish office by Wednesday, April 1, 2020 so that your dedication is included on the Easter Lilies at the Cathedral Masses. Please make your check payable to Cathedral of the Epiphany and designate in the memo section "Easter Lilly". It is important that you **PRINT** your dedication **CLEARLY** in order to avoid errors.

The Easter Lilies will adorn the sanctuary beginning April 11 for the Easter Mass and season.



Please note: One person, couple, family or group per numbered line.

\$25.00 per Lilies/Dedication Line

\$20.00 per mum/Dedication Line

Donor Name[s]: _____

Worship Site: (Cathedral) (St. Boniface) (St. Joseph)

Quantity ____ X **\$25.00** each = \$ _____

____ X **\$20.00** each = \$ _____

Total = \$ _____

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2. _____
3. _____
4. _____
5. _____

In Honor Of:

1. _____
2. _____
3. _____
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