

## Reflections of the Rector



Dear brothers and sisters,

The holy season of Lent will begin in just a few days. It was halfway through last year's Lent that we suspended public Masses. That suspension lasted even beyond Easter, so we were not able to celebrate Our Lord's resurrection in person. In a way we might feel like Lent 2020 never ended, like we finally bring some closure to Lent 2020 with the celebration of Easter.

But what if I told you that the idea of Lent lasting longer than 40 days is not such a bad thing? No, I'm not saying I have enjoyed the last year, nor am I trying to change the liturgical calendar. Lent lasts 40 days because "the Church unites herself each year to the mystery of Jesus in the desert," (Catechism of the Catholic Church 540) where he spent 40 days. But Lent is also the time of proximate preparation for the celebration of Our Lord's resurrection. Our whole life here on earth is a time of preparation so that we may join Our Lord in His Resurrection, so we should probably adopt the Church's Lenten practices throughout the whole year. That is what I mean by a longer Lent, dedicating our lives to prepare for the Joys of Heaven.

So what are these Lenten practices that we could, or perhaps should, exercise all year round?

**Prayer** – Saint John Chrysostom said, "it is simply impossible to lead, without the aid of prayer, a virtuous life." This is an easy one to understand, but not always easy to practice. We know we need to pray, not only once a week at Mass, but every day, yet sometimes we find it difficult to set the time aside to do it, or we don't know how to do it. Fortunately there are tools to help us. One I would strongly suggest is to pray the Liturgy of the Hours, which is the prayer that the church has been praying for centuries, following the tradition of praying with the Psalms throughout the day. Now you can even download free apps which are pretty straightforward to use. If you want to learn more about it, talk to any of the priests, and we'll help you get a free app installed, and tell you how to use it.

**Fasting** – In the words of St. Basil, "Penance without fasting is useless and vain; by fasting [we] satisfy God." We know that fasting means not eating as we normally do. The Church mandates fasting on Ash Wednesday and Good Friday, but She does not say that we cannot do it any other day. On other days, and it doesn't have to be every day, we could also fast from other things that we enjoy doing, like watching TV, taking hot showers, eating candy, drinking pop, etc.

**Abstinence** – On Ash Wednesday, and on every Friday of Lent we are required to abstain from eating meat. But did you know that the Church mandates that for every day of the year? The difference is that the US Bishops have dispensed us from the obligation to abstain from eating meat on Fridays outside of Lent, as long as we do some other form of penance. Perhaps after this Lent we could keep abstaining from eating meat all year round.

Let me close with a quote by St. Maria Faustina Kowalska, which explains in a more eloquent way why it is important that we exercise these Lenten practices throughout the whole year.

"One day, I saw two roads. One was broad, covered with sand and flowers, full of joy, music and all sorts of pleasures. People walked along it, dancing and enjoying themselves. They reached the end of the road without realizing it. And at the end of the road there was a horrible precipice; that is, the abyss of hell. The souls fell blindly into it; as they walked, so they fell. And there numbers were so great that it was impossible to count them. And I saw the other road, or rather, a path, for it was narrow and strewn with thorns and rocks; and the people who walked along it had tears in their eyes, and all kinds of suffering befell them. Some fell down upon the rocks, but stood up immediately and went on. At the end of the road there was a magnificent garden filled with all sorts of happiness, and all these souls entered there. At the very first instant they forgot all their sufferings."

Fr. Esquiliano



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## Cathedral Updates

### Temporary schedule for the Chapel

Monday-Wednesday, from 4:00pm to 10:00pm or Thursday-Sunday, 24 hrs.

To sign up or manage your hours, go to [epiphany.weadorehim.co...](http://epiphany.weadorehim.co...). Or Contact Fr. Wind if you have any questions at (712)255-1637 ext. 110 or at [jwind@sccathedral.org](mailto:jwind@sccathedral.org). All Diocesan protocols will have to be observed.

### Signup for Mass

Remember to register before you come to Mass, or let us know afterwards what Mass you attended. You can fill out a short form at [sccathedral.org/live](http://sccathedral.org/live) or call Laura at 255-1637 ext., 116

### Confessions

Confessions are being heard once again in the Church. The priest will be behind the statue of Our Blessed Mother to the South of the Sanctuary in the Cathedral. Go to [sccathedral.org/penance...](http://sccathedral.org/penance...) for times.

## The Financial Corner

<u>INCOME</u>	Nov-20
Weekly Offerings	\$ 42,175.50
Loose Offerings	\$ 6,030.31
Programming Support	\$ 8,983.33
Other Income	\$ 6,508.07
<b>Total Parish Income</b>	<b>\$ 63,697.21</b>
<u>EXPENSE</u>	
Salaries and Wages	\$ 32,710.45
Administrative Expenses	\$ 9,631.42
Ministry Expenses	\$ 943.08
Utility Bills & Repairs	\$ 28,068.68
Assessments	\$ 7,809.00
Other Expenses	\$ 194.76
<b>Total Expenses</b>	<b>\$ 79,357.39</b>
<b>Net Income</b>	<b>\$ (15,660.18)</b>

We welcome our new Parochial Deacon, Mark Prosser. Dcn. Prosser was recently assigned to the Cathedral Parish by Bishop Nickless. Dcn. Prosser and his wife, Dawn, just moved to Sioux City from Storm Lake.



# Faith and Sacramental Formation



Incredible how time passes, we are already in the month of February 2021 and soon we will begin the season of Lent, with Ash Wednesday that will be February 17, for that reason I would like to invite you to reflect on the goals that you set To do for this year, perhaps one of those goals is to begin the process of celebrating some sacrament that you do not have, such as marriage, Confirmation or the Eucharist (First Communion) or perhaps the baptism of a young child. “The Lord himself affirms that baptism is necessary for Salvation. That is why he sent his disciples to proclaim the Gospel and to baptize all nations. Catechism of the Catholic Church # 1257

## What is Baptism?

Holy Baptism is the basis of the whole Christian life, the gateway to life in the Spirit (*vitae spiritualis ianua*), and the door which gives access to the other sacraments. Through Baptism we are freed from sin and reborn as sons of God; we become members of Christ, are incorporated into the Church and made sharers in her mission: “Baptism is the sacrament of regeneration through water in the word”. Catechism of the Catholic Church 1213

## Why is it important for parents to have their children baptized?

Born with a fallen human nature and tainted by original sin, children have need of the new birth in Baptism to be freed from the power of darkness and brought into the realm of the freedom of the children of God, to which all men are called. The sheer gratuitousness of the grace of salvation is particularly manifest in infant Baptism. The Church and the parents would deny a child the priceless grace of becoming a child of God were they not to confer Baptism shortly after birth. Christian parents will recognize that this practice also accords with their role as nurturers of the life that God has entrusted to them. Catechism of the Catholic Church 1250-1251

## How and when can you Baptize a child who is under 7 years old?

- Parents and godparents who are registered and remain active in the Cathedral, who have previously attended the Pre-Baptismal preparation.
- Parents and godparents who register as new members of the Cathedral and who attend the Pre-Baptismal preparation, “Reborn” in our free app. Formed.org, may baptize the child, but to baptize in the future, if they do not remain active in the Cathedral, they will have to renew the Pre-Baptismal preparation.

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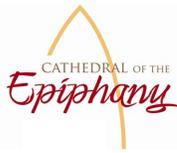
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- Parents and godparents who are registered and are active members in other parishes, must bring a valid proof of attendance from the Pre-Baptismal talks as well as a letter of permission from their pastor.
- They will be able to baptize as long as they meet the requirements and verifying in the office the day they prefer to baptize on the dates already established (they are regularly the first and third Saturdays of each month at 11am).

“Amen, amen, I say to you, no one can enter the kingdom of God without being born of water and Spirit” (John 3:5).

Santa Fernandez

Director of Faith and Sacramental Formation



# Cathedral of the Epiphany

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Sioux City, Iowa 51105

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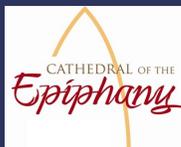
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# Cathedral of the Epiphany

1000 Douglas Street, Sioux City, Iowa 51105

February 2021

Very Rev. J. David Esquiliano, JCL Rector  
Rev. Jeremy Wind, Parochial Vicar  
Rev. Mauro Sanchez, Parochial Vicar  
Very Rev. Bradley Pelzel, V.G., In-Residence

Website [www.sccathedral.org](http://www.sccathedral.org)  
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## EUCCHARISTIC ADORATION

MONDAY– SUNDAY 24 Hour  
Adoration Chapel-Epiphany Center

## CONFESSIONS

SUNDAY 8:00a- 8:30a Cathedral  
MONDAY 4:30p -5:30p Cathedral  
TUESDAY 4:30p -5:30p Cathedral  
WEDNESDAY 4:30p-5:30p Cathedral  
THURSDAY 4:30p-5:30p Cathedral  
FRIDAY 11:30a -12:00p Cathedral  
4:30p to 5:30p Cathedral  
SATURDAY 3:00p to 4:00p St. Boniface  
5:00p to 6:00p Cathedral

## MASS SCHEDULE

MON.-FRI. 12:00 pm Cathedral English  
5:30 pm Cathedral Spanish  
SATURDAY: 4:00 pm St. Boniface English  
6:00 pm Cathedral Spanish  
SUNDAY: 8:30 am Cathedral Latin  
8:30 am St. Joseph English  
10:00 am Cathedral English  
10:30 am St. Boniface Spanish  
12:00 pm Cathedral Spanish  
12:30 pm St. Joseph Vietnamese  
1:30 pm Cathedral Spanish

## MASSES HOLY DAYS OF OBLIGATION

### Anticipated / Vigil

5:30 p.m. St. Boniface (English)  
5:30 p.m. Cathedral (Spanish)  
On the Day of the Solemnity  
7:00 a.m. St. Joseph (English)  
12:00 p.m. Cathedral (English)  
5:30 p.m. Cathedral (Spanish)

### MASS CIVIL HOLIDAYS

9:00am Cathedral (Bilingual)