Q: What is the name of the prayer we pray during the Penitential Rite at Mass? (Hint: This is when we say we are sorry for our sins.)

A: the Confiteor (kon-FEE-tay-or)

Q: What are some ways you can prepare for Mass?

A: (Answers can vary. Some correct answers can include the following: Mark the Mass readings in your Bible, read the Scriptures ahead of time, examine your conscience and say an Act of Contrition before Mass, set out your best clothes the night before, fast from food and water for at least one hour before you receive Communion, get up early enough that you will not have to hurry, come expecting to meet Jesus in the Mass!)

Q: What do we call the first Mass, which was celebrated by Jesus with His disciples?

A: the Last Supper

Q: Why do we genuflect when we enter our pew at church?

A: We genuflect as a way to be reverent and to show respect to Jesus’ Presence in the Blessed Sacrament.
Q: The Mass is divided into two main parts. What is the second part of the Mass called?
A: the Liturgy of the Eucharist

Q: What does the word “amen” mean?
A: It means “so be it.” It is a way to say “we believe!”

Q: In what liturgical season do we not say the Gloria or the Alleluia during Mass?
A: Lent

Q: The Mass is divided into two main parts. What is the first part of the Mass called?
A: the Liturgy of the Word
Q: Why do we sometimes call Jesus the Lamb of God?

A: In the Old Testament, people would offer animals (such as lambs) as sacrifices. Jesus was sacrificed as the Perfect Lamb for our sins.

Q: What is the name of the prayer we say in which we, as Christians, state our beliefs?

A: the Creed (typically at Mass we say the Nicene Creed)

Q: What should we do right before we receive the Eucharist?

A: We should bow or genuflect in order to show reverence for Jesus’ True Presence in the Eucharist.

Q: What Jewish holiday was Jesus celebrating at the first Mass?

A: Passover
Q: What is the prayer we can say silently before the Gospel reading at Mass?
A: “Your word, O Lord, be on my mind, on my lips, and in my heart.”

Q: Who reads the Gospel reading at Mass?
A: the priest or deacon

Q: Where on ourselves do we trace a small cross before the Gospel reading at Mass?
A: on our forehead, lips, and over our heart

Q: What does the word “Alleluia” mean?
A: “Alleluia” is a Hebrew word that means “praise the Lord!”
Q: What is another name for the sermon that the priest or deacon preaches?

A: the homily

Q: Why do we receive a blessing at the end of Mass?

A: The blessing helps us grow stronger as Christians in all that we do during the week.

Q: What gifts are brought to the altar during the Preparation of the Gifts?

A: bread and wine (if there has been a collection, this is also brought forward)

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