February 18th, 2018
First Sunday of Lent

Welcome to Holy Family! Reserved seating is available in the front pew and at the cross-aisle for those who are mobility impaired. A handicap-accessible restroom can be found on this level off the west side vestibule adjoining the adoration chapel. Proceed downstairs from the Narthex for the main restrooms. For those with a gluten intolerance, please make arrangements in the sacristy before Mass to receive the Precious Blood. Please speak to an usher if you need assistance.

INTROIT (9:00) Gregorian chant, mode VIII
Invocabit me, et ego exaudiam eum; eripiam eum, et glorificabo eum; longitudine dierum adimplebo eum. Ps. Qui habitat in adiutorio Altissimi, in protectione Dei cali commorabitur. When he calls to me, I will answer him; I will rescue him and honor him; with long life will I satisfy him. x He who abides in the shelter of the Most High, shall remain under the protection of the God of Heaven. Ps 91:15, 16, & 1

PROCESSIONAL HYMN Saint Michael Hymnal
625 Lord, Who Throughout These Forty Days

GREETING
Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.
℟: Amen.
Celebrant: The Lord be with you.  ℣ And with your spirit.

PENITENTIAL ACT
Celebrant: Brethren, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
℟: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:
through my fault, through my fault, through my most grievous fault;
Then they continue:
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Celebrant: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

KYRIE
Mass XVIII, Deus Genitor alme

Cantor, then all

THE LITURGY OF THE WORD
Lumen Christi Missal - Page 99

FIRST READING
Genesis 9:8-15
RESPONSORIAL PSALM
Psalm 25:4-5, 6-7, 8-9

Cantor, then all; thereafter: all

R. Rice

Your ways, O Lord, are love and truth

to those who keep your covenant.

SECOND READING
I Peter 3:18-22

SECOND READING CHANT
Gregorian chant, mode VIII

Scapulis suis obumbrabit tibi Dominus, et sub penitus eius sperabis: scuto circumdabit te veritas eius.
The Lord will overshadow you with his pinions, and you will find refuge under his wings. His faithfulness will encompass you with a shield.

GOSPEL
Mark 1:12-15

Deacon: The Lord be with you.

R. And with your spirit.

Deacon: A reading from the Holy Gospel according to Mark.

R. Glory to you, O Lord.

At the conclusion of the Gospel:


R. Praise to you, Lord Jesus Christ.

NICENE CREED
I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.
God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.
For us men and for our salvation, he came down from heaven,
(All bow while saying):
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

R. Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

OFFERTORY HYMN
Saint Michael Hymnal

802 To You I Lift My Soul

OFFERTORY CHANT
Gregorian chant, mode VIII

Scapulis suis obumbrabit tibi Dominus, et sub pennis eius sperabis: scuto circumdabit te veritas eius.
The Lord will overshadow you with his pinions, and you will find refuge under his wings. His faithfulness will encompass you with a shield.

OFFERTORY MOTET
Anonymous

O Cross! All hail! Sole hope, abide with us now in Thy suffering. New grace in pious hearts implant, and pardon to the guilty grant!

INVITATION TO PRAYER

Celebrant: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

SANCTUS
Mass Setting XVIII - Lumen Christi Missal, p. 890

MYSTERY OF FAITH

GREAT AMEN

SIGN OF PEACE

Celebrant: The Peace of the Lord be with you always.

R. And with your spirit.

AGNUS DEI
Mass Setting XVIII - Lumen Christi Missal, p. 891

HOLY COMMUNION

We invite actively practicing Catholics who are properly disposed to come forward to receive Holy Communion. Our brothers and sisters of other faiths are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family we receive the combination of the Body and Blood of Christ on the tongue. If you prefer to receive just the Body of Christ in your hand, please have your hands clearly out before you approach.
COMMUNION ANTIPHON
Gregorian chant, mode III
Scapulis suis obumbrabit tibi, et sub pennis eius sperabis: scuto circumdabit te veritas eius. He will overshadow you with his pinions, and you will find refuge under his wings. His faithfulness will encompass you with a shield.
Ps 91:4-5

COMMUNION MOTET
9:00 AM Hear Us, Almighty Lord (Attendе Domine) Chant

11:00 AM Nolo mortem peccatoris T. Morley
“I do not wish the death of a sinner." These are the words of the Saviour. Father I am thine only Son, sent down from heav’n mankind to save. Father, all things fulfilled and done according to thy will, I have. Father, my will now all is this: “I do not wish the death of a sinner.” These are the words of the Saviour.

SECOND COLLECTION
The Care Fund
The Care Fund meets the emergency needs of Holy Family parishioners and the wider community.

CLOSING HYMN
Saint Michael Hymnal
526 Forty Days and Forty Nights

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TODAY AT HOLY FAMILY

Blessings for Expectant Mothers
Holy Family’s priests and deacons will be giving a special blessing to all expectant mothers today, at 10:30 AM. Please come to the main altar to receive the blessing.

Young Adult Brunch & Reflection
Young Adults meet for a brunch and Gospel Bible Study, after the 11:00 AM Mass. Please bring donuts/bread/cake to share or just your smiling face! Nursing Babies are welcome. We will meet in the Nazareth House, 3144 Zarthan Avenue.

Vocations Committee Meeting
Today, 12:30 PM in Fr. Wilkins Room. This committee is open to new members who want to continue efforts in the promotion of and support of vocations. Please join us for the meeting! Please pray for vocations!

Grill the Priest!
Come to the Nazareth House at 3:00 PM and visit with friends as well as Father Joseph. Come prepared with questions about our faith that you have been meaning to ask! At 4:00 the group moves to the church for sung vespers.

Traveling Vocations Chalice
Please have the Chalice in the sacristy immediately after the 9:00 AM Mass. Here is the schedule for February:
- February 18: Rob and Phyllis Galarneau family
- February 25: Greg and Claire Roden family

Holy Family Calendar

Sunday, February 18
9:00 AM Mass RCIA Sending Forth Mass
10:30 AM Blessing of Expectant Mothers Church
11:00 AM Mass After Mass Young Adult Brunch Nazareth House

Monday, February 19
8:00 AM Mass Parish Offices & School are closed
5:00 AM Mass: Church of Saint Bede See p. 4 for details

Tuesday, February 20
8:00 AM Mass
9:00 AM Weekly Scripture Study Fr. Wilkins Room
10:30 AM Goodtimers 500 Club St. Joseph Room
2:00 PM Stations led by HFA Church
3:00 PM Mass: Church of Saint Bede See p. 4 for details
6:30 PM Neocatechumenal Way Fr. Wilkins Room
7:00 PM Confirmation Class Fr. Moorman Hall
7:00 PM Lenten Adult Formation Fr. Moorman Hall

Wednesday, February 21
8:00 AM Mass
5:30 PM Mass: Church of Saint Bede See p. 4 for details
6:00 PM Neocatechumenal Way Fr. Moorman Hall
7:00 PM Parish Choir Rehearsal Choir Loft
7:00 PM Choir Loft Fr. Moorman Hall
8:00 PM RCIA HFA 305

Thursday, February 22
5:00 PM Fish Fry Fr. Moorman Hall
4:45 PM Benediction Church
5:00 PM Stations of the Cross/Benediction/Lecture Fr. Wilkins Room
8:00 AM Mass
1:00 PM Merciful Love Prayer Group Church
10:30 AM Goodtimers 500 Club Fr. Wilkins Room
5:30 PM Mass: Church of Saint Bede See p. 4 for details
7:00 PM Parish Choir Rehearsal Choir Loft
7:00 PM RCIA HFA 305

Friday, February 23
4:45 AM Mass Fr. Moorman Hall
8:00 AM Mass After Mass Divine Mercy Chaplet & Benediction Church
5:30 PM Mass: Church of Saint Bede See p. 4 for details
7:00 PM Fish Fry Fr. Moorman Hall
5:00 PM Stations of the Cross/Benediction/Lecture Church

Saturday, February 24
9:00 AM St. Bede’s Day of Reflection Church Fr. Moorman Hall
4:45 AM Benediction Church
5:00 PM Mass

Sunday, February 25
9:00 AM Mass Donut Sunday
11:00 AM Mass After Mass Young Adult Brunch Nazareth House
5:00 PM Mass: Church of Saint Bede See p. 4 for details

Please see page 1 for the schedule of Confession times

For this week’s daily readings, please visit www.usccb.org/bible/readings

3
Stay updated through Holy Family’s communication tool, Flocknote. You’ll get weekly updates from the parish, as well as any timely updates from the school and any groups you’d like to join (e.g. Adorers of the Blessed Sacrament).

How to hear from Holy Family:
1. Visit www.flocknote.com/HFC - or - Text HFCMN to 84576
2. Fill in your information (which will be kept confidential) and join those groups (e.g. ‘Adorers…’ or ‘Prayer Partners’) that pertain to you. Please be sure to join the group representing your region to keep up with activities in your neighborhood.
3. You can log in anytime to change what groups you follow!

Go to www hfcmn org and click on “submit prayer request” or call the parish office. You need permission from the person for his/her name to be listed in our prayer intentions. Sign up for “Prayer Partners” on Flocknote to receive notifications. Prayer intentions will be sent by email and listed in the bulletin for one week. Birth and death notices (with meal calendars) will be sent to those signed up for “Prayer Partners.”

Thank you for your generosity!

STEWARDSHIP NOTE:
Even when the second collection goes to another organization, please fill out all checks to “Holy Family Catholic Church;” the church then is able to write one check to the organization. Thank you!

“For where your treasure is, there your heart will be also.”
~ Matthew 6:21

The Personal Ordinariate of the Chair of Saint Peter was created by the Vatican in 2012 to assist former Anglicans who wish to become Catholic. Their liturgy is a valid Catholic Mass but incorporates distinctive elements from their tradition. Everyone is welcome, and attendance fulfills the obligation for any Catholic for Sunday and holy days. Visit www.thevenerablebede.org for more information.

Holy Family is on Facebook!
“Like” Holy Family on Facebook to get updates on parish life, Catholic topics around the archdiocese, and upcoming parish events! For the Church, click the "Like" button on the homepage at www.hfcmn.org. For HFA, click the "Like" button at hfamn.org.
Here at Holy Family

Holy Family Blood Drive
It’s time to schedule your appointment to donate blood at the Holy Family Blood Drive on Monday, February 26, 2018, 2:00 to 6:00 PM. To sign up, visit www.mbc.org/searchdrives, click on Schedule now mbccherohub.club, and enter Sponsor Code 0183 OR call Sharon at 952.999.4890 to schedule your time.

Café della Sacra Famiglia
That’s Italian for “Holy Family Café”, our theme for this year’s Annual Spring Dinner and Fundraiser. We have a great team working to pull together another fun and eventful night! Mark your calendars, and watch for ticket sales to open middle of March. Saturday, April 14th, 2018

Holy Family Academy

Lenten Project
As we begin the season of Lent, we turn our attention toward our adopted family from India, the Sajans. We support this family through almsgiving and prayers. If you are a new friend of our school, we have sponsored this family from India for the past 5 years through the We Share Program that was begun by one of our parishioners, Kathy Rennie. All of the proceeds collected through this organization will go directly to the Sajans, our sponsored family, through the help of a Bishop in India who is a close friend of the Rennies. Sajan is the Father of the family and his wife’s name is Reena. Their three children are Rinson, finishing 12th Grade, Reegan who is in 4th Grade, and Alphonsa who is in Kindergarten. With our help, they have been able to build a home and pay for two surgeries for Rinson. Since his operations, he has learned to walk with the help of a walker but still goes to physical therapy. They love their Catholic Faith and are very thankful for the friendship with all of us at Holy Family Academy.

This year we have decided that to have each Virtue Family choose and prepare a gift basket that the rest of the school can give donation dollars towards to win a prize. Each dollar given in donation will give the student one ticket to put toward a Virtue Family basket. Please pray for us as we take on this mission. The students love supporting this family and we’ll learn to develop leadership skills and have a little fun in the process. If you would like to make a monetary donation, stop in school office or call 952.925.9193.

Stewardship Corner

Mailing Committee
The Mailing Committee is a group of disciples who come together a few times per year to assist with large mailings. This is a wonderful opportunity to meet fellow parishioners while folding, stuffing, sealing and stamping! Coffee and donuts are part of this group’s tradition! Please contact the office if you would like to be a part of the Mailing Committee at 952.929.0113 or staff@hfcmn.org.

Appeal for Adorers
It is our goal at Holy Family to have at least two adorers present at each hour on the adoration schedule, so that every adorer can have a partner for scheduling back-up and safety during nighttime hours. We are always in need of committed substitutes! If you wish to adore at a time not listed, you are still welcome and needed! Please contact Mike Zwack, our Adoration coordinator, if you are willing to make an hour’s (or greater) commitment each week, and for information on the other times available:

612.710.5007
Currently, the times of our greatest need are:

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Mondays</td>
<td>6:00 AM – 7:00 AM</td>
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<tr>
<td>Tuesdays</td>
<td>3-4 AM; Fridays: 4-5PM and 11–midnight; Saturdays: 1-2 PM and 2-3 PM</td>
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In and Around the Archdiocese

Operation Andrew Dinner
Tuesday, March 6
Archbishop Bernard Hebda, Bishop Andrew Cozzens and Father David Blume, Director of Vocations, invite men discerning the priesthood, ages 16 – 50, to dinner and conversation with vocation testimonials on priesthood and religious life. It is typical for a pastor, religious or youth minister to accompany each discerning guest. Register before March 2, 2018. Email stpaulvocations@10000vocations.org or call the Office of Vocations at 651.962.6890.

All in God’s Plan
Are you looking for a program that explores God’s gift of human sexuality for your adolescence? The All in God’s Plan program is an educational program presented by local speakers. It discusses the physical and emotional changes of early adolescence, the sacredness of human life, and God’s plan for our sexuality. This program is designed to encourage communication between the parent and child. Topics include modesty, the importance of family, respect, Christian values, and the changes occurring in our bodies. The Mother and Daughter program for girls age 10-12 and their moms will be held at St. Raphael, Crystal on Saturday, February 24, 2:00-4:30 PM. For information and registration, please contact Mary Glover at 763.533.0423.

2018 Archdiocesan Men’s Conference
Saturday, March 10, 9:30 AM – 4:00 PM
Saint Thomas Academy, Mendota Heights
Keynote Speaker: Monsignor Thomas Richter. The conference includes Mass, break-out sessions with dynamic speakers, and the opportunity for the sacrament of Reconciliation. Bring your own lunch or purchase from the on-site food trucks! Find more details and register at TheCatholicWatchmen.com. Cost: $25.00 Questions? Contact Enzo Randazzo randazzov@archspm.org or 651.291.4483.

Bulletin Submissions
If you have a parish-related or archdiocesan event or announcement you would like to include in our bulletin, please submit in writing to communications@hfcmn.org by February 22nd for the March 4th bulletin.
Those of you who are already signed up for Holy Family’s weekly Flocknote messages, or who sign up (see directions below), will receive a new, special message on Sundays during Lent! This “ENGAGE” message will contain a brief Lenten reflection by Bishop Robert Barron, a renowned Catholic speaker and apologist who is known for video series such as “Catholicism” and “Pivotal Players.” These messages are free to our parish during Lent and will hopefully serve you as both an informative and inspirational opportunity to grow closer to Christ.

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4. You can log in anytime to change what groups you follow!

Fridays in Lent

Fridays during Lent are obligatory days of abstinence from meat.

Fasting and Abstinence
- Fridays during Lent are obligatory days of abstinence from meat.
- The norms on fasting are obligatory from age 18 until age 59.
- When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.
- The norms concerning abstinence from meat are from age 14 onwards.
- Good Friday will be an obligatory day of fasting and abstinence for Catholics.

Fish Fry
Every Friday of Lent between 5:00 PM and 7:00 PM in Fr. Moorman Hall. All proceeds will go to Holy Family Academy. We had great reviews on the baked fish option. New this year: credit cards accepted. Prices are still $8.00 for adult plates and $4.00 for children plates.

Support Holy Family Academy by visiting the dessert table after your meal. For more information, or to find our disciple sign up check out the Knights’ website:www.kofc3949.org.

Other Lenten Offerings

Young Adult Brunch & Reflection
Please join Holy Family Young Adults for a brunch and Gospel Bible Study, Sundays, after 11:00 AM Mass. We will be reflecting on our personal faith journey through the Sunday Gospel. Eggs, meat, coffee, and juice will be provided. Please bring donuts/bread/cake to share. Nursing Babies are welcome. We will meet in the Nazareth House, 3144 Zarthan Ave.

Stations of the Cross
On Mondays, during Lent (except Monday, February 19th, will move to Tuesday, February 20th) our school children from Holy Family Academy will be leading Stations of the Cross in the church at 2:00 PM. All are welcome to come and pray with them.

Tuesday Adult Formation Lenten Series
Loving God with Your Whole Heart, Soul, Mind, and Strength
This series will explore the divine call to give our entire self to God in love. We will explore what it means to truly do so and look at the lives of several saints who embody these qualities richly.
All of these presentations will be in Fr. Moorman Hall at 7:00 PM and last about an hour.

Our first lecture will be Tuesday, February 20th, Loving God with Your Whole Heart with Sts. Mary Magdalene and Brigid of Ireland.

Lent at Home

To access Catholic movies, books, audio recordings and more, go to www.Formed.org, and sign up using our parish code: 2QC4GF.

Numerous well-known Catholic speakers, including Dr. Edward Sri, Jason Evert, and Leah Darrow, unite to pull together “A Lent to Remember,” a multi-episode reflection on the mercy of God—a mercy particularly displayed during Lent. To access this resource on www.FORMED.org, hover over the “STUDY” tab and choose “FAITH FORMATION” from the dropdown menu; select it from the “Augustine Institute Originals” section.

ENGAGE with Bishop Robert Barron during Lent!
Those of you who are already signed up for Holy Family’s weekly Flocknote messages, or who sign up (see directions below), will receive a new, special message on Sundays during Lent! This “ENGAGE” message will contain a brief Lenten reflection by Bishop Robert Barron, a renowned Catholic speaker and apologist who is known for video series such as “Catholicism” and “Pivotal Players.” These messages are free to our parish during Lent and will hopefully serve you as both an informative and inspirational opportunity to grow closer to Christ.

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A MESSAGE FROM FR. JOSEPH JOHNSON

SUGGESTIONS FOR LENT

Lent is about discovering true joy instead of settling for the passing pleasures we often experience. We should prefer union with God to the myriad temptations which all try to convince us of the same lie: “there is something better than God somewhere else.” God loves us infinitely and unconditionally! Lent helps us purify our hearts to recognize that our relationship with Jesus is our true treasure—what could be better than a love that never fails? The confidence with which we make our “yes” to be disciples of Jesus gives us the strength to say “no” to temptations which lead us away from Him.

We live in a society where every day is a party—we can have whatever we want whenever we want it. Fast food, convenience stores, and online shopping have made instant gratification our constant way of life. We need to return to a rhythm of life with fasts and feasts. Only then do celebrations become real and bring true joy. Lent is a time of preparation which leads to the celebration of Easter. How well we prepare directly impacts the richness of our celebration. Perhaps the most radical thing we could do this Lent would be to restore the rhythm of each week. Saint John Vianney started freeing his parish from the secularization of the French Revolution by convincing people to keep Sunday holy. It should be a day free from shopping, household chores, and homework and instead devoted to prayer, family, recreation, and service of others.

The three pillars of Lent are prayer, fasting, and almsgiving. All three are ways of growing in holiness. Every Lenten practice should manifest itself as another step towards our becoming saints. If it doesn’t contribute to an increase of love for God and neighbor, then it really isn’t relevant to Lent.

Let’s look at these one at a time... Prayer.

PRAYER

Principle: Prayer orients everything in my life towards getting closer to God. My life’s journey should lead to heaven—how seriously am I seeking it? Prayer isn’t simply a spiritual chore on my task list!

Try these practices:
- Daily Mass—nothing better than welcoming Jesus Himself in Holy Communion!
- Eucharistic adoration—linger, spend time with Jesus to deepen your friendship with Him.
- Daily Rosary—Our Lady promised Mother Teresa of Calcutta that “all will be well” for those who daily pray the rosary together as a family. Mary is the first and best disciple so let her teach you how to follow Jesus. Praying just one decade should be possible even with little children!
- Confession (monthly)—do a good examination of conscience and humbly seek His Mercy so that you are always ready to meet the Lord!
- Spiritual reading—get away from cruise control and welcome new ideas to help shake off complacency in the spiritual life.
- Add Grace after Meals to your daily prayer routine: “We give Thee thanks, Almighty God, for all Thy benefits who livest and reignest world without end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.”
- Participate in parish activities such as stations of the cross, etc.

BOTTOM LINE

Any budget is a theological document—show me how you spend your time, energy, and money and I will be able to tell what’s important to you. Use prayer, fasting, and almsgiving to line up the concrete decisions of daily life with the priorities we should have as Christians. Lent is about becoming saints—not about holding our breath until Easter and then resuming life as we were before!

HOLY LAND PILGRIMAGE –FALL 2018

THIS FALL: A TRIP TO THE HOLY LAND!
Registration for our pastor Fr. Joseph’s pilgrimage to the Holy Land, September 30 through October 12, 2018, still has openings. Twelve grace-filled days of Scripture study and prayer! Sign up soon as there is a limited number of places available. Total cost including airfare, all taxes, and tips: $4,629. Stop by the office for a brochure or contact Consolidated Travel for more information: telephone 404.767.2727 or email info@ctoinc.com.