March 11th, 2018
Fourth Sunday of Lent

Welcome to Holy Family! Reserved seating is available in the front pew and at the cross-aisle for those who are mobility impaired. A handicap-accessible restroom can be found on this level off the west side vestibule adjoining the adoration chapel. Proceed downstairs from the Narthex for the main restrooms or if your children are restless and you wish to watch the live video feed of the Mass while allowing them to move around.

For those with a gluten intolerance, please make arrangements in the sacristy before Mass to receive the Precious Blood. Please speak to an usher if you need assistance.

ORGAN PRELUDE (9:00)
Lætare, Op. 56                      C. Tournemire

INTROIT (9:00)                       Gregorian chant, mode V
Lætare Jerusalem: et conventum facite omnes qui diligitis eam: gaudeite cum laetitia, qui in tristitia fuistis; ut exsultetis, et satiemini ab uberibus consolationis vestrae.
Ps. Letatus sum in his que dicta sunt mihi: in domum Domini ibimus. Rejoice, O Jerusalem; and gather round, all you who love her; rejoice in gladness, after having been in sorrow; exult and be replenished with the consolation flowing from her motherly bosom. y. I rejoiced when it was said unto me: “Let us go to the house of the Lord.”
Cf. Is 66:10, 11; Ps 122

PROCESSIONAL HYMN
614 Lift High the Cross
Saint Michael Hymnal
CRUCIFER

GREETING
Celebrant: In the name of the Father, and of the Son, and of the Holy Spirit.
          R. Amen.

Celebrant: The Lord be with you.          R. And with your spirit.

PENITENTIAL ACT
Celebrant: Brethren, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
          R. I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,
          And, striking their breast, they say:
          through my fault, through my fault, through my most grievous fault;
          Then they continue:
          therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Celebrant: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

KYRIE
IV Cantor, then all Cantor, then all

Cantor All

**THE LITURGY OF THE WORD**

**Lumen Christi Missal - Page 133**

**FIRST READING**

**II Chronicles 36:14-16, 19-23**

**RESPONSORIAL PSALM**

**Psalm 137:1-2, 3, 4-5, 6**

*Cantor, then all; thereafter: all*

**Lumen Christi Missal**

*Let my tongue be silenced if I ever forget you!*

**SECOND READING**

**Ephesians 2:4-10**

**GOSPEL ACCLAMATION**

**T. Marier**

*Cantor, then all; thereafter: all*

**GOSPEL**

**John 3:14-21**

*Deacon: The Lord be with you.*

**℟:** *And with your spirit.*

*Deacon: A reading from the Holy Gospel according to John.*

**℟:** *Glory to you, O Lord.*

*At the conclusion of the Gospel:*

*Deacon: The Gospel of the Lord.*

**℟:** *Praise to you, Lord Jesus Christ.*

**NICENE CREED**

I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven, (All bow while saying:) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**THE LITURGY OF THE EUCHARIST**

**OFFERTORY HYMN**

**829 When I Survey the Wondrous Cross**

*Saint Michael Hymnal HAMBURG*

**OFFERTORY CHANT**

**Gregorian chant, mode II**

*Ps 135:3, 6*

**OFFERTORY MOTET**

**Sir J. Stainer**

*Hail true Body, born of the Virgin Mary; who truly suffered, immolated upon the Cross for mankind, from whose pierced side flowed water and blood; may we taste thee before we enter the trial of death. O sweet, O faithful, O Jesus, Son of Mary, have mercy upon me. Trope to the Sanctus, 14th c.*

**INVITATION TO PRAYER**

*Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.*

**℟:** *May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.*

**SANCTUS**

*Mass Setting XVIII - Lumen Christi Missal, p. 890*

**MYSTERY OF FAITH**

**GREAT AMEN**

**SIGN OF PEACE**

*The Peace of the Lord be with you always.*

**℟:** *And with your spirit.*

**AGNUS DEI**

*Mass Setting XVIII - Lumen Christi Missal, p. 891*

**HOLY COMMUNION**

*We invite actively practicing Catholics who are properly disposed to come forward to receive Holy Communion. Our brothers and sisters of other faiths are invited to approach with arms crossed over the chest to receive a blessing. At Holy Family we receive the combination of the Body and Blood of Christ on the tongue. If you prefer to receive just the Body of Christ in your hand, please have your hands clearly out before you approach.*
COMMUNION ANTIPHON  
Gregorian chant, mode IV  
Ierusalem, quæ ædificatur ut civitas: cuius participatio eis in idipsum: illuc enim ascenderunt tribus, tribus Domini, ad confitendum nominii tuo, Domine. Jerusalem, built as a city whose parts are bound firmly together! It is there that the tribes go up, the tribes of the Lord, to give thanks unto your name, O Lord.  
Ps 122:3, 4

COMMUNION MOTET  
9:00  I Adore Thee (from The Crucifixion)  
Sir J. Stainer

11:00  Jesu dulcis memoria  
Chant, Mode I  
Translation may be found in the hymnal at No. 588.  
Attende Domine  
Chant, Mode V  
Translation may be found in the hymnal at No. 439.

SECOND COLLECTION  
Global Solidarity Weekend  
Please see page 5 for details.

CLOSING HYMN  
719  Praise to the Holiest in the Height  
Saint Michael Hymnal  
NEWMAN

ORGAN POSTLUDE  
Kyrie, Gott heiliger Geist, BWV 671  
J. S. Bach

Excerpts from the English translation of The Roman Missal © 2010, International Committee on English in the Liturgy, Inc. (I.C.E.L.). All rights reserved.

TODAY AT HOLY FAMILY

DONUT SUNDAY & ST. BRIDGET’S PROJECT FAIR  
Stop down in Father Moorman Hall for coffee and donuts and check out homeschooled students projects.

TRAVELING VOCATIONS CHALICE  
Please have the Chalice in the sacristy immediately after the 9:00 AM Mass. See page 5 for details.
March 11:  Vince and Linda Fahnlander family  
March 18:  Jeff and Erin Mitchell family  
March 25:  Matt and Jennifer Kistler family

FOOD DRIVE SUNDAY—MINNESOTA FOODSHARE MONTH  
Non-perishable items will be collected in the entryways of the church before and after all Masses the month of March. Thank you!  
See page 5 for more details.

YOUNG ADULT BRUNCH & GOSPEL REFLECTION  
after the 11:00 AM Mass  
See page 6 for details.

SOBIESKI STRINGS QUARTET CONCERT  
3:00 PM  
See page 6 for details.

THEOLOGY ALA CARTE  
Youth Group (ages 13-19) meet with John Hartnett and guests in the Nazareth House at 6:00 PM for pizza, faith sharing and social time. It wraps up by 8:30 PM.

HOLY FAMILY CALENDAR

Sunday, March 11  
4th Sunday of Lent  
9:00 AM Mass  
After both Masses St. Bridget’s Project Fair  
Fr. Moorman Hall

10:30 AM WMYA Team Meeting  
Fr. Wilkins Room

11:00 AM Mass  
After Mass Young Adult Brunch  
Nazareth House

3:00 PM Sobieski String Quartet Concert  
Church  
See p. 4 for details

5:00 PM Mass: Church of Saint Bede  
See p. 4 for details

6:00 PM Theology ala Carte  
Nazareth House

Monday, March 12  
8:00 AM Mass  
8:30 AM Exercise Class  
Fr. Wilkins Room

2:15 PM Stations led by HFA Students  
Church  
See p. 4 for details

3:00 PM Widows & Widowers Holy Hour  
Adoration Chapel

5:30 PM Mass: Church of Saint Bede  
See p. 4 for details

7:00 PM Squires Monthly Meeting  
Fr. Wilkins Room

Tuesday, March 13  
8:00 AM Mass  
9:00 AM Weekly Scripture Study  
Fr. Wilkins Room

1:00 PM Merciful Love Prayer Group  
Church  
See p. 4 for details

3:00 PM Neocatechumenal Way  
Fr. Wilkins Room

5:30 PM Mass: Church of Saint Bede  
See p. 4 for details

7:00 PM Lenten Adult Formation  
Fr. Moorman Hall

7:00 PM HHFE Monthly Meeting  
HFA Library

Wednesday, March 14  
8:00 AM Mass  
8:30 AM Coffee & Rolls  
Fr. Moorman Hall

9:00 AM Children’s Eucharistic Adoration  
Adoration Chapel

3:30 PM Youth Choir  
Fr. Moorman Hall

5:30 PM Mass: Church of Saint Bede  
See p. 4 for details

7:00 PM Confirmation Class  
Fr. Moorman Hall

6:30 PM Religious Education  
HFA

Thursday, March 15  
8:00 AM Mass  
8:30 AM Exercise Class  
Fr. Wilkins Room

1:00 PM Merciful Love Prayer Group  
Church

5:30 PM Mass: Church of Saint Bede  
See p. 4 for details

7:00 PM Parish Choir Rehearsal  
Choir Loft

7:00 PM RCIA  
HFA 305

Friday, March 16  
8:00 AM Mass  
8:00 AM Mass  
Abstinence from meat

After Mass Divine Mercy Chaplet & Benediction  
Church

5:00 PM Fish Fry  
Fr. Moorman Hall

7:00 PM Stations of the Cross/Benediction/Lecture  
Church

Saturday, March 17  
4:45 PM Benediction  
St. Patricks, Bishop

5:00 PM Mass

Sunday, March 18  
5th Sunday of Lent  
9:00 AM Mass  
Food Drive Sunday  
After both Masses Children’s Bible Storybook  
see page 5

10:30 AM Blessing of Expectant Mothers  
Church

11:00 AM Mass  
After Mass Young Adult Brunch  
Nazareth House

3:00 PM Passiontide Concert  
Church

5:00 PM Mass: Church of Saint Bede  
See p. 4 for details

For this week’s daily readings, please visit  
www.usccb.org/bible/readings

Please see page 1 for the schedule of Confession times

Stop down in Father Moorman Hall for coffee and donuts and check out homeschooled students projects.

March 11:  Vince and Linda Fahnlander family  
March 18:  Jeff and Erin Mitchell family  
March 25:  Matt and Jennifer Kistler family
Stay updated through Holy Family’s communication tool, Flocknote. You’ll get weekly updates from the parish, as well as any timely updates from the school and any groups you’d like to join (e.g. Adorers of the Blessed Sacrament).

**How to hear from Holy Family:**

1. Visit www.flocknote.com/HFC
   - or -
2. Text HFCMN to 84576
3. Fill in your information (which will be kept confidential) and join those groups (e.g. ‘Adorers…’ or ‘Prayer Partners’) that pertain to you. Please be sure to join the group representing your region to keep up with activities in your neighborhood.
4. You can log in anytime to change what groups you follow!

**HOLY FAMILY IS ON FACEBOOK!**

“Like” Holy Family on Facebook to get updates on parish life, Catholic topics around the archdiocese, and upcoming parish events! For the Church, click the ‘Like’ button on the homepage at www.hfcmn.org. For HFA, click the ‘f’ button at hfamn.org.
Solemnity of Saint Joseph
Join us for breakfast and a little surprise in Fr. Moorman Hall after the 8:00 AM Mass on Monday, March 19th, to celebrate the Solemnity of Saint Joseph. Due to this big celebration, the March 21st, Wednesday, Coffee/Rolls will be cancelled.

Minnesota FoodShare March 2018 Campaign
Going strong for 36 years, the Minnesota FoodShare March Campaign is the largest food drive in the state, and congregations like ours are the heart of the campaign. You are invited to bring non-perishable items to Mass every weekend during the month of March; please place them in the collection bins located in the church entryways. Let’s help fill the Saint Louis Park Emergency Program (STEP) food shelves, and make sure our neighbors do not go hungry!

Eucharistic Adoration
It is our goal at Holy Family to have at least two adorers present at each hour on the adoration schedule, so that every adorer can have a partner for scheduling back-up and safety during nighttime hours.

We are always in need of committed substitutes! If you wish to adore at a time not listed, you are still welcome and needed!

Please contact Mike Zwack 612.710.5007, our Adoration coordinator, if you are willing to make an hour (or greater) commitment each week, and for information on the other times available:

Currently, the times of our greatest need are:
- Tuesdays: 3-4 AM
- Thursdays: 11–noon
- Fridays: 4-5PM and 11–midnight
- Saturdays: 2-3 PM

Holy Family Academy
Registration for 2018-2019
Registration for the 2018-2019 school year is happening now! Please call the school’s front office 952.925.9193 to schedule a day to shadow and to enroll!

Pre-Kindergarten offerings (currently a waiting list) will be either every day or Monday-Wednesday-Friday (1/2 or full day for each).

Tuition and other information about our classical curriculum is available online or in the brochures in the back of church.

Please spread the word about Holy Family Academy!

Dine Out for Schools!
Holy Family Academy receives 5% of sales from Parkway Pizza, every second Tuesday of the month. Our next night is this coming Tuesday, March 13th. They are located at the corner of Dakota and Minnetonka Blvd.

Bulletin Submissions
If you have a parish-related or archdiocesan event or announcement you would like to include in our bulletin, please submit in writing to communications@hcminneapolis.org by March 16th for the April 1st Easter bulletin.

Great Adventure Storybook: A Walk Through the Catholic Bible
“For the word of God is living and active, sharper than any two-edged sword….. discerning the thoughts and intentions of the heart.” (Hebrews 4:12)

Are you a Catholic warrior?
Do you want to raise Catholic warriors?...

Scripture is often referred to as a double edge sword that helps us fight the battles of the larger culture to gain ground for Christ. The sword is useless if it stays in the sheath. The same is true if our Bibles remain on the coffee table unused.

Are you wanting to teach your children the Bible Stories but not sure where to begin or how to stay committed? Join two authors, Emily Cavins and Linda Wandrei, of The Great Adventure Storybook: A Walk Through the Catholic Bible on March 18th after either the 9:00 or 11:00 Mass in Fr. Moorman Hall for a brief overview (20 min) of how to use this book as a resource to help your family read through the Bible together from a Catholic perspective. They will share tips on how to get started and stay committed to reading the story of salvation from God’s creation of the world in Genesis to the Wedding Supper of the Lamb in Revelation. Books will be available for purchase.

Holy Land Pilgrimage
Raffle Tickets On Sale Now
for our pastor, Father Joseph’s pilgrimage to the Holy Land, Sept.30 through Oct.12, 2018. Twelve grace-filled days of Scripture study and prayer! Tickets are $100 each. ONLY 100 tickets will be sold. Purchase your tickets using cash or check after weekend Masses or in the church office. Brochures are available in office or you may contact Consolidated Travel for more information: telephone 404.767.2727 or email info@ctoinc.com.

In and Around the Archdiocese
Global Solidarity Sunday: March 10 and 11
Global Solidarity Sunday is when we celebrate that “The Light came into the world” (John 3:19). It is a unique opportunity to share the light of the Lord in solidarity with our brothers and sisters overseas. We are invited to offer gifts of support by contributing to the four global initiatives designated by U.S. Catholic Bishops: The Church in Africa, Latin America, Central and Eastern Europe and humanitarian activities of Catholic Relief Services. Please help our brothers and sisters who are sharing the light of the Lord overseas during Global Solidarity Sunday. The second collection for that weekend will go towards their cause.

Young Adults (ages 18-39)
Fridays: Sports & Games Night
Come for fun, food and fellowship with young adults from across the West Metro! Whether you're looking to unleash your competitive side or to spend time in good company, there's something for everyone! We meet every Friday at 7:00 PM. Locations vary—check out the West Metro Young Adult Facebook page for updates each week.
LENT AT HOLY FAMILY

**SOBIESKI STRING QUARTET CONCERT**

**Today**

3:00 PM

Sobieski String Quartet

Concert of “The Seven Last Words of Our Saviour on the Cross (Die sieben letzten Worte unseres Erlösers am Kreuze)” by Franz Joseph Haydn

**LENT AT HOME**

**ENGAGE with Bishop Robert Barron during Lent!**

Those of you who are already signed up for Holy Family’s weekly Flocknote messages, or who sign up (see directions page 4), will receive a new, special message on Sundays during Lent! This “ENGAGE” message will contain a brief Lenten reflection by Bishop Robert Barron, a renowned Catholic speaker and apologist who is known for video series such as “Catholicism” and “Pivotal Players.” These messages are free to our parish during Lent and will hopefully serve you as both an informative and inspirational opportunity to grow closer to Christ.

**FORMED.ORG: SPIRITUAL DISCIPLINE**

To access Catholic movies, books, audio recordings and more, go to www.Formed.org, and sign up using our parish code: 2QCG4F.

Bishop Robert Barron offers five sermons on Christ-centered spiritual discipline, encouraging listeners to develop it during Lent! Listen to “My Beloved Son: Meditations for Lent” on www.FORMED.org, hovering over the “LISTEN” tab, choosing “TALKS” from the dropdown menu, and selecting it from the “PRAYER” section (after scrolling down).

**PASSIONTIDE MUSICAL MEDITATION**

**COMBINED ChoIRS**

**Sunday, March 18, 3:00 PM**

Haydn’s “Seven Last Words of Jesus” with accompanying Gospel passages. “Passiontide” is the last part of Lent when the custom is to veil statues and prepare more deeply through prayer and meditation for the Sacred Triduum. One of the traditional Catholic devotions of this time of year is to meditate on the last words of Jesus from the Cross. At least sixteen composers have written musical meditations on the “Seven Last Words from the Cross.” Of these, the most famous is the setting by Franz Joseph Haydn, friend and mentor of Mozart. Please join us for this powerful reflection on Christ’s saving Passion and Death!

**FRIDAYS OF LENT AT HOLY FAMILY**

**Fish Fry**

Every Friday of Lent between 5:00 PM and 7:00 PM in Fr. Moorman Hall. All proceeds will go to Holy Family Academy. We had great reviews on the baked fish option. New this year; credit cards accepted. Prices are still $8.00 for adult plates and $4.00 for children plates.

Support Holy Family Academy by visiting the dessert table after your meal. For more information, or to find our disciple sign up check out the Knights’ website: www.kofc3949.org.

**STATIONS OF THE CROSS WITH BENEDICTION**

Join us for Stations of the Cross followed by Benediction in the church every Friday at 7:00 PM.

**Friday Night Lecture Series on Prayer**

Have you ever wondered about questions like: What is the best way to pray? Or how much should I pray each day? Or how often should I pray the rosary? Our Lenten Friday night lecture series this year will attempt to answer those questions and many others regarding prayer. Prayer is a personal response to God’s presence. God loves us more than we can imagine. We respond to that love by loving him back. People in love want to spend time together. Prayer is a person to person communication with God. Come and learn about things like Lectio Divina, Ignatian contemplation, Liturgy of the Hours, novenas and many other prayer related topics.

**OTHER LENTEN OFFERINGS**

**Young Adult Brunch & Sunday Reflection**

Please join Holy Family Young Adults for a brunch and Gospel Bible Study, Sundays, after 11:00 AM Mass We will be reflecting on our personal faith journey through the Sunday Gospel. Eggs, meat, coffee, and juice will be provided. Please bring donuts/bread/cake to share. Nursing Babies are welcome. We will meet in the Nazareth House, 3144 Zarthan Ave.

**Stations of the Cross**

On Mondays, during Lent, our school children from Holy Family Academy will be leading Stations of the Cross in the church at 2:15 PM. All are welcome to come and pray with them.

**Tuesday Adult formation Lenten Series**

**Loving God with Your Whole Heart, Soul, Mind, and Strength**

This series will explore the divine call to give our entire self to God in love. We will explore what it means to truly do so and look at the lives of several saints who embody these qualities richly. All of these presentations will be in Fr. Moorman Hall at 7:00 PM and last about an hour.

Our last lecture is this **Tuesday, March 13th**

Loving God with Your Whole Strength with Sts Mary & Isaac Jogues
### Holy Week Schedule

**5TH SUNDAY OF LENT**  
**Sunday, March 18th**  
Cover all crucifixes and statues with a purple cloth.  
3:00 PM Passiontide Concert  
See page 6 for details.

**Palm Sunday**  
**Saturday, March 24th**  
5:00 PM Vigil Mass  
**Sunday, March 25th**  
9:00 AM Mass and 11:00 AM Mass

**Tenebrae**  
**Wednesday, March 28th**  
7:00 PM Service  
*Tenebrae*, meaning darkness or shadows, begins the evening meditation with procession of passion instruments and the cross, while Barber’s "Adagio for Strings" is played. The congregation then join in singing the Psalms and the Youth Choir will sing the famous Pergolesi "Stabat Mater".

**Mass of the Lord’s Supper**  
**Holy Thursday, March 29th**  
7:00 PM Mass  
Mass of the Lord’s Supper with Eucharistic procession to the Altar of Repose. Quiet prayer time in the church until midnight.

**Good Friday**  
**Friday, March 30th**  
3:00 PM Solemn Service of the Lord’s Passion & Veneration of the Cross  
7:00 PM Stations of the Cross  
No Mass, Chaplet or Benediction this day.  
~Day of Fasting and Abstinence~  
The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are from age 14 onwards.

**Great Easter Vigil**  
**Holy Saturday, March 31st**  
8:00 PM Vigil Mass  
The Paschal Vigil is when the adult catechumens are received fully into the Church. It is the first celebration of Easter and is held in the hours of darkness between sunset and Easter morning.

**Easter Sunday**  
**Sunday, April 1st**  
9:00 AM Mass and 11:00 AM Mass  
† No Confessions Holy Thursday through Easter Monday.  
† Parish offices will be closed Friday, March 30th, and Monday, April 2nd.

**Annual Spring Dinner and Fundraiser**

Tickets on sale now for our **Café Della Sacra Famiglia**. Please join us for a festive Italian feast at Holy Family Church, Saturday, April 14, 2018. Tickets are only $40.00 each. We are offering again this year a pre-event party, **Pre-Festa**, where you can enjoy cocktails and appetizers with Fr. Joseph at the Rectory. Tickets for this event are $40.00 as well, sold separately with limited availability. Tickets available online, go to the church’s website: www.hfcmn.org to reserve your seat and pay online or stop in church office to pay by check. Ciao!