



HOLY FAMILY

CATHOLIC CHURCH

5900 West Lake Street | St. Louis Park, MN 55416
952.929.0113
www.hfcmn.org

DISCIPLESHIP Brochure

We are not merely volunteers; we are disciples, committed followers of Christ who are working with Him to bring about the Kingdom of God!

Please indicate below how you would like to serve and turn this form in to the parish office, or join the groups on Flocknote (see directions at the bottom of page 4), using the gifts He's given you!

Date/...../.....

Name Address

Phone

Email

PARISH LIFE

- Altar & Rosary Society Women of the parish care for the liturgical needs of our church and sanctuary, as well as pray the Rosary prior to funeral Masses.
- Stewardship Council Members work to foster an awareness of everything as a gift from God (including time, talent and treasure) and encourage parishioner discipleship and service.
- Youth Group High school age parishioners participate in monthly adoration, fellowship, and service projects. Adult chaperones needed to help.
- Young Adults Adults (ages 18-39) meet weekly to support one another in the Faith. They sometimes join with the larger "West Metro Young Adults" group that brings together different parishes in the area.
- Home Family Home Educators (HFHE) Homeschooling families make up a network of support that plans educational, social, and charitable activities for their students.
- Respect Life Committee Members seek to foster greater awareness of the sanctity and dignity of human life through prayer and efforts, especially assisting women in crisis pregnancy situations.
- Saints & Sinners Dinners Adults (21+) meet third Saturday of the month in host parishioner's home in groups of 6-8 people for a potluck dinner. Move from being a bunch of strangers to a real spiritual family!
- Small Groups To deepen our Christian relationships and focus on discipleship, formation of small groups are encouraged as a way to support each other through prayer, study and/or service.

REGIONAL NEIGHBORHOODS

Since Holy Family parishioners are located across the Twin Cities, these groups seek to organize events and faith studies in different areas of the Twin Cities, helping neighboring parishioners develop local friendships.

- Central Parishioners in St. Louis Park
- Northwest Parishioners north of 394 and west of the Mississippi River
- South Parishioners south of 494 and the Minnesota River, and including all those in Bloomington
- East Parishioners east of St. Louis Park and north of 494, and including all those in Minneapolis
- West Parishioners west of 169, south of 394, north of the Minnesota River, and including all those in Edina

SPIRITUAL LIFE

.....	Prayer Partners	Members may share their prayer requests and are notified of other members' requests to take to intercessory prayer.
.....	Adorers of the Blessed Sacrament	Many people commit to regularly scheduled holy hours, or act as a substitute, to always have someone praying with the Blessed Sacrament in our beautiful adoration chapel.
.....	Children's Holy Hour	Parents or caregivers are welcome to bring the little ones to Jesus (Mt. 19:14) during this joyful weekly Holy Hour.
.....	Vocations Committee	Members help promote vocations through prayer and initiatives, such as a traveling chalice prayer program for families.
.....	Merciful Love Group	Members meet weekly in the church to pray (the Divine Mercy Chaplet, the Rosary, etc.), especially asking Jesus for His mercy on the world.
.....	Seven Sisters Apostolate	One Holy Hour, One Priest, Each Week, One Heart. Members are called to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest, bishop, or seminarian.

LITURGY

.....	Lectors	Trained members of the congregation reverently read the Sacred Scriptures at Mass.
.....	Extraordinary Ministers of Holy Communion	Trained members of the congregation often supplement clergy in reverently distributing the Blessed Sacrament during Mass.
.....	Altar Servers	Young men (ages 10-18) are trained to serve at the altar during Mass. With increased age and experience, they are allowed to serve in more difficult roles (i.e., Master of Ceremonies).
.....	Funeral Altar Servers	Adult men, available during daytime hours, assist at the altar during Funeral Masses.
.....	Greeters	Trained parishioners warmly welcome other parishioners and visitors as they enter the church, serving at Holy Day of Obligation and weekend Masses.
.....	Ushers	Trained adults facilitate the smooth functioning of our liturgies, serving at Holy Day of Obligation and weekend Masses.
.....	Liturgical Decorators	Parishioners, doing tasks for the artistic or the straightforward type, assist to seasonally decorate and maintain a beautiful church.
.....	Sacristans	Sacristans are responsible for setting up the Sanctuary for Mass and other sacred liturgies. They prepare the ciboria with sufficient hosts to be consecrated, the presider chalice, and the vestments to be worn during that particular liturgy. After Mass, sacristans are responsible for putting away all items used.

GENERAL SERVICES

.....	Garden Angels	This group helps beautify Holy Family's grounds, enjoying outdoor fun and fellowship.
.....	Mailing Committee	Parishioners available during the daytime assist by stuffing envelopes for parish mailings
.....	Archive Committee	Parishioners help document and maintain Holy Family's historical artifacts.
.....	Money Counters	Adults help process contributions taken up through collections during Masses. All counters must pre-qualify for service through an interview and background check.
.....	Spring Dinner Committee	Members work to organize and promote the annual Spring Dinner, which builds community and raises funds for parish operations.
.....	Fall Festival Committee	Members work to organize and promote the annual Fall Festival, which builds community and raises funds for parish operations.

FAITH FORMATION

.....	Adult Faith Formation	Adults are given opportunities to learn about and grow in the Faith. Sometimes, following presentations, facilitators are needed to lead small-group discussions.
.....	Religious Education	Young people (grades 1-9) receive religious instruction on Wednesday evenings. Some students are also prepared to receive their first Reconciliation and Holy Communion (2nd grade), or Confirmation (9th grade).
.....	Scripture Study	Members informally study the Bible following 8 AM Mass each Tuesday morning.
.....	Rite of Christian Initiation for Adults (R.C.I.A.)	Parishioners should invite interested non-Catholics into this formation program, which meets weekly to prepare them to enter the Church at Easter. Each candidate or catechumen is assisted by a sponsor from our parish.

SACRED MUSIC

.....	Parish Choir	Adult singers, who can read music, commit time each Thursday night to rehearse, preparing to give glory to God in song during Mass each Sunday, on Holy Days, and during a few concerts each year.
.....	Schola Cantorum	Adult singers, who possess advanced musical skill, study and sing varied works, especially those of Gregorian chant and Renaissance polyphony. They often sing at Sunday Masses and during a few concerts each year.
.....	Youth Choir	Grade school and high school age youth are immersed in the rich deposit of sacred music, enlightening their minds and training their voices. They often sing at Sunday Masses and during a few concerts each year.
.....	St. Cecilia Academy for Strings	Catholic youth who play stringed instruments rehearse weekly to play at Masses and concerts throughout the year.
.....	Music Appreciation	Via Flocknote, parishioners learn more about sacred music at Holy Family, receiving regular musical updates (i.e., information about performed pieces, upcoming concert series, etc.).

PASTORAL CARE

.....	Extraordinary Ministers for the Sick & Homebound	Trained and delegated Extraordinary Ministers make weekly visits to patients at Methodist Hospital, residents at nearby nursing homes, and to those homebound.
.....	Catholic Charities, S.T.E.P. & Dinner at Your Door	These groups serve those in need by preparing and delivering meals, or by collecting food.
.....	Widow/Widowers Group (WOW)	Parishioners whose spouses have died join together in prayer and fellowship.
.....	Friendship Club	High school and young adults both with and without disabilities come together for fun and faith-building events.
.....	Mentors for Engaged Couples	Married couples meet with and assist engaged couples, helping them prepare and learn how to practically and virtuously live out the Sacrament of Marriage.
.....	Prayer Shawl Crafters	Members strive to bring God's love to others making them comfortable, hand-made shawls, and by praying for them.

HOSPITALITY

.....	Sunday Hospitality	Disciples host the rest of the parish, helping serve refreshments and cleaning up after the monthly Sunday Donuts in Fr. Moorman Hall.
.....	Special Events Hospitality	Disciples host the rest of the parish, helping serve at various celebrations throughout the year (i.e., ordination celebrations, the Feast of St. Louis, the Feast of Our Lady of Guadalupe, etc.).
.....	Funeral Luncheons	Disciples help to organize and serve luncheons to families and friends mourning the loss of loved ones.
.....	New Member Committee	Parishioners welcome those who are new to our parish, helping bond our spiritual family.

HOLY FAMILY ACADEMY (HFA)

.....	HFA Parent-Teacher Organization (PTO)	Supportive parents assist teachers in various ways throughout the academic year.
.....	HFA Helpers	Helpers serve in the cafeteria, library, and through individual tutoring.
.....	Crusader Cup Committee	Members work to organize and promote the annual early-summer Crusader Cup Golf Tournament. which builds community and raises funds for school operations.
.....	Smoker Poker Committee	Members work to organize and promote the annual late-summer Smoker Poker Tournament, which encourages men to meet in fellowship and raises money for the HFA Scholarship Fund.

AFFILIATED ORGANIZATIONS

.....	Knights of Columbus Council 3949	Men (ages 18 and up) are invited to be members of the Catholic fraternal organization. Our local council serves and educates at Holy Family, also sponsoring a Squires Circle.
.....	Natural Family Planning	To inspire, educate and support couples in family planning that is natural, effective, healthy and consistent with God's plan for life, love and marriage.
.....	Neocatechumenal Way	The Neocatechumenal Way, also known as the Neocatechumenate, NCW, colloquially The Way or "kikos", is a charism within the Catholic Church dedicated to Christian formation. It was formed in Madrid in 1964 by Kiko Argüello and Carmen Hernández.
.....	West Metro Young Adults	West Metro Young Adults are group of young adults between the ages of 18-39 that coordinate and participate in Faith, Service, and Fellowship events in partnership with parishes in the West Metro.
.....	Squires for Christ	Young men (ages 10-18) are led by members of the Knights of Columbus to develop leadership qualities and virtue.
.....	Troops of St. George	The Troops of St. George is an apostolate for priests, men, and young men looking for a life of adventure couple with virtue. TSG aims to use the outdoors as our canvas and the sacraments as our path to light the way for the formation of holy Catholic men and boys who will be future leaders in the Church.



Holy Family uses Flocknote, a communication tool, to send updates and messages from the parish, school, and service organizations.

How to hear from Holy Family via email and/or text:

1. Visit www.flocknote.com/HFC - or - Text HFCMN to 84576
2. Fill in your information (which will be kept confidential) and join those groups (e.g. 'Adorers...' or 'Prayer Partners') that pertain to you. Please be sure to join the group representing your region to keep up with activities in your neighborhood (see top of page 2)
3. You can log in anytime to change what groups you follow!