Fifth Sunday in Ordinary Time

MASS TIMES:
Saturday Vigil Mass    5:00pm
Sunday       9:00am & 11:00am
Weekdays              8:00am
Weekday Rosary            7:30am
First Saturday Mass             8:00am
Preceded by Rosary      7:30am
Sung Morning Prayer following Mass

CONFESSIONS:
Saturday      3:30-4:50pm
Sunday      8:00-8:50am
Tuesday-Friday    7:30-7:50am
Parish Office Hours:
Monday-Friday    8:30-4:30pm

“Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.” ~ Matthew 5:16

TODAY AT HOLY FAMILY

RAFFLE TO BENEFIT HOLY FAMILY ACADEMY
Raffle tickets on sale after all Masses. In the narthex after Saturday’s 5pm Mass and in Fr. Moorman Hall on Sunday. See page 5 for more details.

DONUT SUNDAY
After Sunday’s Masses, stop down to Fr. Moorman Hall and enjoy donuts and coffee/ juice while visiting with parishioners. We also have a gluten-free option for those who need it. Today’s hospitality is hosted by Holy Family Academy’s 3rd & 4th Grade families.
Please note that we recently switched to Valley Pastries as our previous vendor was proving unreliable. The overall cost has increased so please help as you can to offset this expense. The suggested offering is a modest $1 per item.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION
The Young Adult Gospel Discussion will meet today following the 9am Mass in the Nazareth House, 3144 Zarthan Avenue. No preparation or RSVP is required for this casual discussion. Please contact Mary Fink with any questions at 763.307.3947 or email mary.stlucy@gmail.com.

RAFFLE TICKETS ON SALE
Raffle tickets on sale after all Masses. In the narthex after Saturday’s 5pm Mass and in Fr. Moorman Hall on Sunday. See page 5 for more details.

NEW MISCARRIAGE OUTREACH: TEA & ROSARY
They will meet today Sunday, February 9 from 1:30-3pm in the Nazareth House. Questions may be directed to the hostesses: Kirby Hoberg at kannekimber@gmail.com or Linda Wandrei at boysnlinda@msn.com.

VANDALISM IN CHURCH PARKING LOT
Sadly, not even in a church parking lot can we be free from the troubles around us! Please do not leave your car unlocked or any valuables/bags/laptops in sight. While an adorer was in the adoration chapel around 7:45pm last week, her car window was broken and a bag taken. May the angels watch over us! And many thanks to the St. Louis Park Police for their prompt response--God bless them!
“YOUR LIGHT MUST SHINE BEFORE OTHERS, THAT THEY MAY SEE YOUR GOOD DEEDS AND GLORIFY YOUR HEAVENLY FATHER.”

~ Matthew 5:16

Last week’s feast of the Presentation of the Lord caused us to meditate on Christ the Light who has overcome the darkness of sin and death. In the creed, we profess Him to be “Light from Light.” This week we hear Jesus commission His disciples to bring His light to the world.

Catholics are often accused by Protestants of trying to work our way to Heaven through good works. On the contrary, the scriptures show us that good works are a necessary sign of faith which leads others to God, the source of all goodness and love. We don’t add good works to our faith to deserve Heaven. Instead, we deepen our faith to the point that it manifests itself in good works as a fruit of that faith. When Christ is alive in our hearts, He begins to show forth in our actions.

Isaiah speaks of the light we are to bring in the first reading: the corporal works of mercy. Feeding the hungry, sheltering the oppressed and homeless, and clothing the naked are the ways that our light “will break forth like the dawn.” An excellent question for our examination of conscience: how much energy do we devote to the works of mercy?

In the present age of crippling scandals within the Church, we should remember that self-sacrificing charity is the way to show forth the true face of Christ. The Church’s credibility will be restored when the critics can’t ignore the beauty of Christ’s Love being poured out upon the brokenness of our world. Only then will they too glorify our heavenly Father!

The Seven Corporal Works of Mercy

+ To feed the hungry
+ To give drink to the thirsty
+ To clothe the naked
+ To give shelter to travelers
+ To visit the sick
+ To visit the imprisoned
+ To bury the dead

The Seven Spiritual Works of Mercy

+ To instruct the ignorant
+ To counsel the doubtful
+ To admonish the sinner
+ To bear wrongs patiently
+ To forgive offenses willingly
+ To comfort the afflicted
+ To pray for the living and the dead

Food for Thought

“I shall do everything for Heaven, my true home. There I shall find my Mother in all the splendor of her glory. I shall delight with her in the joy of Jesus Himself in perfect safety.”

~ St. Bernadette (1844-79)
**Grateful Hearts – Forward in Faith**

Heating is important in Minnesota! (And we kind of like cooling too!) There is both good news and bad news from the construction committee. For the good news: the HVAC system for the new addition is coming in at $200k under budget! Bad news: the current building’s system is past its useful life and needs to be upgraded and replaced now so we don’t spend money wastefully on accommodating it with the new building.

Bottom line: we don’t have exact numbers but it looks as though the savings we can attain by doing it now will bring the system upgrade and replacement costs to just $155k more than we have already budgeted. This is certainly expensive but it is the right decision considering the scope of what is being done. The parish’s Finance Council has agreed with the building committee’s recommendation to go forward with this extra element of the project.

So, please help us raise that last $150k to get to our stretch goal of $5 million as we need it more than ever—keep your prayers coming! Thank you for the generous sacrifices already made!

**ARCHDIOCESAN SYNOD**

**UPCOMING PRAYER AND LISTENING EVENTS**

What’s working and what’s not in the Archdiocese? Archbishop Hebda wants to hear from you! Please prayerfully consider attending an upcoming Prayer and Listening Event, as part of the Pre-Synod Process and make your voice heard. Your input will help guide the Archdiocese over the next 5-10 years. There are 20 Prayer and Listening Events. The next three are:

- Tuesday, February 11, 6-9pm, Providence Academy, Plymouth
- Saturday, February 15, 9am-noon, Lumen Christi, St. Paul
- Tuesday, February 18, 6-9pm, St. Stephen, Anoka

Learn more about the Synod and see a full listing of Prayer and Listening Events at archspm.org/synod.

**PARTICIPATE IN THE DISCIPLE MAKER INDEX (DMI) SURVEY**

**FEBRUARY 1ST – MARCH 1**

This survey is an official part of the Archdiocesan Synod process to allow parishioners to reflect on their own spiritual growth and discipleship and identify the ways in which the parish effectively supports that growth. Your confidential results will be used by the Archdiocese and your parish to 1) look at opportunities to support growth in discipleship and 2) create goals and action plans to achieve that growth. The Archdiocese will NOT have access to individual survey responses. The DMI is accessible online via smartphone, tablet, and computer. Alternatively, you can fill out an old-fashioned paper form available from the parish office—but this requires much more work to tabulate, so please go online to www.hfcmn.org/news/dmi-survey.

**PARISH CONSULTATION IN THE SYNOD PROCESS**

Consultation at the parish level happens this Fall! If you are interested in being a Synod Ambassador for this phase, please sign up for one of the training sessions offered through the Archdiocese in late February and March. Visit www.archspm.org/synod or email Kirby Hobeg at kannekimber@gmail.com with any questions.

**SUNDAY STEWARDSHIP**

Give generously to him and do so without a grudging heart; then because of this the Lord your God will bless you in all your work and in everything you put your hand to.

~Deuteronomy 15:10

**CONTRIBUTIONS FOR WEEKEND OF JANUARY 25-26, 2020**

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<tr>
<th>Description</th>
<th>Amount</th>
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<tr>
<td>Member Envelopes</td>
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<tr>
<td>Online Giving</td>
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<td>Plate</td>
<td>$660.20</td>
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**Second Collection:**

CARE Fund: $1,279.22

Next week’s Second Collection will benefit the CARE Fund which meets the emergency needs of Holy Family parishioners and the wider community.

Thank you for your generosity!

**STEWARDSHIP NOTE:**

Even when the second collection goes to another organization, please fill out all checks to “Holy Family Catholic Church” with the name of the second collection on the memo line; the church then is able to write one check to the organization.
Gain free access to Catholic movies, books, audio recordings and more, by registering at www.hfcmn.formed.org!

This week’s recommendation:

FORMED: What Every Couple Should Know About Marriage and Prayer

Beloved Catholic orator, Archbishop Fulton J. Sheen, with engaging anecdotes and stories, focuses on the essential role that prayer must play in every marriage.

Please pray for:
Barbara Ann Hoene †
(mother of George Hoene)
Janet Nimmerfroh-Daras †
All those suffering from anxiety & depression

______________________________________________________________

To request prayers, go to www.hfcmn.org/prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via “Prayer Partners” Flocknote messages and the bulletin for one week per request.
**YOUNG ADULTS (THOSE IN THEIR 20’S & 30’S)**

For those in their 20’s and 30’s, the following are a series of activities designed to promote both fellowship and the faith. Contact Ricky Paulson at youngadults@hfcmn.org for more information about any of the following events:

**VESPER / FAITH AND FELLOWSHIP**

Thursday evening, February 13th young adults will gather for evening prayer – open to everyone, in the church at 6:30pm. From 7-9pm, they meet in the Nazareth House (behind the church parking lot) for prayer, discussion, and socializing each week. There is never any homework for Thursday evenings—just show up!

**ONGOING WEEKLY OPPORTUNITIES**

* **Friday Evenings** “Indoor Sports Night” hosted by West Metro Young Adults. Friday, February 14th, 7pm at St. Gabriel’s (St. John’s Campus) 6 Interlachen Blvd. in Hopkins. Check out their webpage for more events www.facebook.com/pg/westmetroya/events/

* **Sunday Gospel Discussion** about the Scriptures from Mass following the 9am Mass in the Nazareth House. No homework – just show up! www.facebook.com/pg/holyfamilyya/community/

**HOLY FAMILY ACADEMY**

DINE OUT FOR SCHOOLS!

Holy Family Academy will receive 5% of sales from Parkway Pizza, all day on Tuesday, December 10th. Parkway Pizza is located at the corner of Dakota Avenue & Minnetonka Blvd.

CATHOLIC UNITED FINANCIAL RAFFLE

Holy Family Academy students are selling $5 raffle tickets giving you an opportunity to win a 2020 Buick Encore (or take the cash option of $20,000) through March 2nd. Every penny of every ticket sold stays at Holy Family Academy thanks to the Raffle’s generous sponsor, Catholic United Financial. Please consider supporting HFA in this fundraiser – you might even win the grand prize as someone here did the first year we participated!

SHOP ON AMAZONSMILE FOR HFA!

Shop on Amazon? Instead, shop on AmazonSmile (www.smile.amazon.com), and the AmazonSmile Foundation will donate 0.5% of price of eligible items purchased to HFA (On your first visit to AmazonSmile, before you begin shopping, you will be prompted to select a charitable organization- please choose Holy Family Academy). From then on, each eligible purchase you make on AmazonSmile will result in a donation to our school! Thank you!

**MASS INTENTIONS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Time</th>
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<tbody>
<tr>
<td>Sat. Feb. 8</td>
<td>Patricia Possage †</td>
<td>5:00pm</td>
</tr>
<tr>
<td>Sun. Feb. 9</td>
<td>For the Parish</td>
<td>9:00am</td>
</tr>
<tr>
<td>Sun. Feb. 9</td>
<td>The Ahlquist Family</td>
<td>11:00am</td>
</tr>
<tr>
<td>Mon. Feb. 10</td>
<td>Carren Meitz</td>
<td>8:00am</td>
</tr>
<tr>
<td>Tues. Feb. 11</td>
<td>Bernard Shepers †</td>
<td>8:00am</td>
</tr>
<tr>
<td>Wed. Feb. 12</td>
<td>Terry Berthiaume</td>
<td>8:00am</td>
</tr>
<tr>
<td>Thu. Feb. 13</td>
<td>Estrella Rosso †</td>
<td>8:00am</td>
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<tr>
<td>Fri. Feb. 14</td>
<td>For the Parish</td>
<td>8:00am</td>
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<tr>
<td>Sat. Feb. 15</td>
<td>Leo Menke †</td>
<td>5:00pm</td>
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<tr>
<td>Sun. Feb. 16</td>
<td>Charles and Martha Jacobsen †</td>
<td>9:00am</td>
</tr>
<tr>
<td>Sun. Feb. 16</td>
<td>For the Parish</td>
<td>11:00am</td>
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**VOCATIONS CORNER**

TRAVELING CHALICE

We welcome more families to sign up for the traveling chalice and to pray for vocations in their homes for one week. The chalice with the prayers are exchanged at church on Sunday in the Sacristy. Please contact Phyllis with questions 612.702.3735 or email thegconnect@aol.com to sign up. Thank you for praying for vocations!

*The exchange is at the 9am Mass*

- Feb. 9 Dave & Kathy Rennie
- Feb. 16 Dave & Rita Spanton

MESSAGE FROM VOCATIONS DIRECTOR:

“Let your light shine before others” perhaps as a priest, sister or brother in the consecrated life. If you feel called, contact the Vocation Office at 651.962.6890 or email David Blume at frblume@stthomas.edu.

VIANNEY VISIT

Feb. 14-16, St. John Vianney College Seminary, St. Paul. A Vianney Visit provides men (ages 16–24) the opportunity to take a closer look and experience college seminary. Attend Mass, prayer and spiritual conferences with SJV priests and hear testimonies from SJV seminarians. There is no charge for the visit and all meals included. Please contact Fr. David Blume, Director of Vocations, at 651.962.6890 or stpaulvocations@10000vocations.org to let him know of your interest. To register, please call 651.962.6825 or online at semssp.org/registration-svj/.

OPERATION ANDREW DINNER

March 3, 6–8pm, Archdiocesan Catholic Center, St. Paul. Archbishop Bernard Hebda and Father David Blume invite men discerning the priesthood, ages 16–50, to dinner and conversation with vocations testimonials on priesthood and religious life. It is typical for a pastor, religious or youth minister to accompany each discerning guest. Register online at www.10000vocations.org. Questions? Call 651.962.6890 or email stpaulvocations@10000vocations.org.

MIRIAM DINNER

March 10, 6–8pm, Holy Cross, Minneapolis. Archbishop Bernard A. Hebda and Father David Blume invite women, ages 16–35 who are discerning consecrated life to join us for dinner. Come for an evening of prayer and dinner with consecrated women sharing their vocations testimonies. It is typical for guests to be accompanied by their pastor, consecrated religious, or youth/campus minister. RSVP before March 6 at 10000vocations.org. Questions? Call 651.962.6890 or email stpaulvocations@10000vocations.org.
CALENDAR

For this week’s daily readings, please visit www.usccb.org/bible/readings

SUNDAY, FEBRUARY 9

Donut Sunday – Hosted by HFA Grades 3 & 4
8:00am Confessions
9:00am Mass
10:00am Young Adult Gospel Discussion – Nazareth House
11:00am Mass
1:30pm Miscarriage Outreach – See page 5 for details

MONDAY, FEBRUARY 10

St. Scholastica, Virgin
8:00am Mass
8:45am FIAT Mother’s Group – Fr. Moorman Hall
3:00pm Widow & Widowers Holy Hour – Adoration Chapel
7:00pm Squires for Christ – Fr. Wilkins Room

TUESDAY, FEBRUARY 11

Our Lady of Lourdes
7:30am Confessions
8:00am Mass
9:00am Scripture Study – Fr. Wilkins Room
3:30pm Youth Choir – Fr. Moorman Hall
7:00pm Schola – Choir Loft
7:00pm Neocatechumenal Way – St. Joseph Room

WEDNESDAY, FEBRUARY 12

7:30am Confessions
8:00am Mass
8:45am Donut Wednesday – Fr. Moorman Hall
9:00am Children’s Holy Hour – Church
6:30pm Confirmation Class – Fr. Moorman Hall
6:30pm Religious Education Class – School

THURSDAY, FEBRUARY 13

7:30am Confessions
8:00am Mass
1:00pm Merciful Love Prayer Group – Church
3:30pm Youth Choir
6:30pm Young Adult Vespers – Fr. Moorman Hall
7:00pm Young Adult Faith & Fellowship – Nazareth House
7:00pm RCIA Class – School, Rm 305
7:00pm Parish Choir – Choir Loft

FRIDAY, FEBRUARY 14

Sts. Cyril, Monk, and Methodius, Bishop
7:30am Confessions
8:00am Mass
After Mass Divine Mercy Chaplet & Benediction
8:45am Single Seniors Valentine’s Breakfast (RSVP by Wed., Feb. 12)

SATURDAY, FEBRUARY 15

3:30pm Confessions
4:45pm Benediction
5:00pm Mass

SUNDAY, FEBRUARY 16

Sixth Sunday in Ordinary Time
8:00am Confessions
9:00am Mass
10:00am Young Adult Gospel Discussion – Nazareth House
11:00am Mass
1:30pm Miscarriage Outreach – See page 5 for details

AROUND THE ARCHDIOCESE

FIFTH SUNDAY IN ORDINARY TIME

Celebration of the installation of Bishop-elect Donald E. DeGrood as the ninth Bishop of the Diocese of Sioux Falls: Donut Sunday – Hosted by HFA Grades 3 & 4

Due to the limited space in the Sioux Falls Cathedral/the drive/weather considerations, view the Feb. 13, 2pm Ordination Mass via livestream at www.youtube.com/sfdiocese

Attend Bishop DeGrood’s local Mass of Thanksgiving on Sunday, Feb. 16, at 2pm at the Cathedral of St. Paul. Bishop DeGrood will be the main celebrant with all clergy and lay faithful of the Archdiocese invited to attend.

QUO VADIS YOUTH VOCATION CAMPS

Registration is Open!
July 19 – 22: Quo Vadis Camp for Young Men at Kiwanis Camp
July 19 – 22: Quo Vadis Camp for Young Women at Dunrovin Retreat Center
Each session begins on Sunday afternoon with Mass and concludes on Wednesday after lunch. The camp includes Mass, prayer, talks, field trips to visit religious communities, confession, rosary along with lots of fun and outdoor recreation, including kayaking, wall climbing, hikes and campfires! Quo Vadis is a camp experience for youth ages 14-17 to learn that nothing is more important than discovering God’s will for your life – and living it! Space is limited. For more information and to register, visit www.10000vocations.org

SUBSCRIBE TO THE CATHOLIC SPIRIT TODAY!

Subscribe to The Catholic Spirit for local, national and world Church news, inspiring faith stories, and a Catholic take on issues shaping our culture. You can receive The Catholic Spirit at no cost by contacting your parish office and asking to be added to your parish list. Questions or story ideas? Contact us at CatholicSpirit@archspm.org. The Catholic Spirit is the official newspaper of the Archdiocese of St. Paul and Minneapolis.

FROM PARISH OFFICE

Bulletin Submissions
Please submit written bulletin content to Carrie.Havlicek@hfcmn.org by Thursday, February 13 for the February 23 bulletin.

For this week’s daily readings, please visit www.usccb.org/bible/readings
Could You Lead a Lenten Small Group?
Back by popular demand, we are again forming small discipleship groups for Lent! Whether meeting for Bible studies, to drink beer and read Shakespeare, to do service for the community, or for a different activity, all groups will get together on a weekly basis during Lent; this will allow parishioners to know each other better, and help each other strive to become more Christ-like.

We need parishioners who are willing to lead and host groups. A group leader doesn’t have to be a trained catechist or Type A Personality; he or she just needs to have a welcoming heart and a willingness to do some very basic logistics!

If you are interested in coordinating a small group, please fill out this online form. Contact Anne-Marie Klobe at ak.948@rocketmail.com for more information.

Witness to God’s Grace in Your Life
We all have a story. Are you willing to share how God has been active in your life? Holy Family is looking for twelve parishioners to share their personal testimonies during this upcoming Lenten season after Sunday Masses. If you attended the “Testimonies of Faith” workshop last November, this is the perfect opportunity to put your new knowledge into practice! Even if you didn’t go to the workshop, if this interests you, contact Anne-Marie Klobe at ak.948@rocketmail.com for more information.

• Did you recently do Exodus 90? (Did your husband?) How has that changed your life?
• How did our Holy Family Community help you in a season of grief? How did you grow spiritually during that time?
• Did you recently go on a Pilgrimage? Tell us about it!
• What are some ways that God "wrote straight with crooked lines" in your life?

Lenten Retreat for Women
“Covered in the Dust of My Rabbi: How Sitting at the Feet of Jesus Can Bring Balance to Your Life”

Presented by Kelly Wahlquist

What was a disciple in the time of Jesus and what does it mean to be a disciple today as a woman in the 21st century? We will reflect on the idea of gifts, both our charisms and the specific gifts we have been given in our womanhood. What was a disciple in the time of Jesus and what does it mean to be a disciple today as a woman in the 21st century? We will reflect on the idea of gifts, both our charisms and the specific gifts we have been given in our womanhood.

Saturday, March 14th
Fr. Moorman Hall
Cost: $15/person

7:30am Confessions and Rosary
8am Mass
8:30am Elegant brunch, presentation, quiet time for directed Lectio Divina and meditation
12pm Social

Kelly Wahlquist is the author of “Walk in Her Sandals: Experiencing Christ’s Passion through the Eyes of Women”. Please join us for a morning of spiritual renewal, refreshment, and friendship. Open to all women of the parish.

Sponsored by the Holy Family Men of God.

Pastor’s Picks
This coming Tuesday is the feast of Our Lady of Lourdes. In honor of the Blessed Virgin Mary, I’d like to recommend the following books:

33 Days to Morning Glory
by Fr. Michael Gaitley
An updated preparation to the consecration to Mary advocated by St. Louis de Montfort. Many people have found this a more accessible approach but True Devotion to Mary by St. Louis still remains the classic upon which this was based.

Rethinking Mary in the New Testament
by Edward Sri
My old classmate has provided a wonderful analysis of all the passages in the New Testament which refer to Mary. He explains their context and meaning in order to illuminate the scriptural roots of the Church’s teaching about her.

Mary and the Fathers of the Church
by Luigi Gambro
This is a more scholarly approach which demonstrates the unfolding of Church teaching through the first few centuries. It is invaluable in showing how the early Christian communities viewed Mary.

Eucharistic Adoration
It is our goal at Holy Family to have at least two adorers present at each hour on the adoration schedule, so that every adorer can have a partner for scheduling back-up and safety during nighttime hours. Please call or text, Mike Zwack, our Adoration coordinator, at 612.710.5007 if you are willing to make an hour (or greater) commitment each week or for information on the other times available.

Currently, the times of our greatest need are:

Mondays:
1-2pm
7-8pm
Tuesdays:
3-4pm
Thursdays:
Noon-1pm
Fridays:
1-2pm
11pm- Midnight
Saturdays:
Midnight-1am
11pm- Midnight

We urgently need adorers to fill the times in red.