February 23, 2020
Seventh Sunday in Ordinary Time

“Be holy, for I the LORD your God am holy.”
~ Leviticus 19:2

TODAY AT HOLY FAMILY

DONUT/NEW MEMBER SUNDAY & ST. BRIDGET’S HOLY FAMILY HOME EDUCATORS PROJECT FAIR
On Sunday, February 23, after the 9&11am Masses, come to Fr. Moorman Hall (lower level of the church) to enjoy Donut Sunday refreshments while viewing Holy Family Home Educators (HFHE) students’ projects and asking your questions. You won’t want to miss it! If you have yet to join the parish, why not do so today!

ASH WEDNESDAY
This Wednesday, February 26th
Mass Times 8am & 7pm

Fast & Abstinence: Ash Wednesday is a day of both fasting and abstinence. All Fridays of Lent are days of abstinence. Fasting is obligatory for all those ages 18-59 (one full meal and two smaller snacks not to equal a meal). Abstinence from all meat products is binding on those age 14 and up.

SIGN UP FOR YOUR LENTEN SMALL GROUP TODAY!
Time is running out and groups are filling up! Stop in the narthex after Mass on Saturday, or come down to Fr. Moorman Hall on Donut Sunday. You may go online to www.hfcmn.org/news/lent-2020-groups to join a small group.

MAGNIFICAT LENTEN COMPANION
This weekend, ladies of the Altar & Rosary Society will be handing out copies of the Magnificat Lenten Companion at each door immediately following all weekend Masses. Please take one and use it to deepen your prayer life this season!

RAFFLE TO BENEFIT HOLY FAMILY ACADEMY
Raffle tickets on sale after all Masses. In the narthex after Saturday’s 5pm Mass and in Fr. Moorman Hall on Sunday. See page 7 for more details.

YOUNG ADULT SUNDAY GOSPEL DISCUSSION
The Young Adult Gospel Discussion will meet today following the 9am Mass in the Nazareth House, 3144 Zarthan Avenue. No preparation or RSVP is required for this casual discussion. Please contact Mary Fink with any questions at 763.307.3947 or email mary.stlucy@gmail.com.
**Pastor’s Column**

**Preparing for Lent**

Lent is about discovering true joy instead of settling for the passing pleasures we often experience. We should prefer union with God to the myriad temptations which all try to convince us of the same lie: “there is something better than God somewhere else.” God loves us infinitely and unconditionally! Lent helps us purify our hearts to recognize that our relationship with Jesus is our true treasure—what could be better than a love that never fails? The confidence with which we make our “yes” to be disciples of Jesus gives us the strength to say “no” to temptations which lead us away from Him.

We live in a society where every day is a party—we can have whatever we want whenever we want it. Fast food, convenience stores, and online shopping have made instant gratification our constant way of life. We need to return to a rhythm of life with fasts and feasts. Only then do celebrations become real and bring true joy. Lent is a time of preparation which leads to the celebration of Easter. How well we prepare directly impacts the richness of our celebration. Perhaps the most radical thing we could do this Lent would be to restore the rhythm of each week. Saint John Vianney started freeing his parish from the secularization of the French Revolution by convincing people to keep Sunday holy. It should be a day free from shopping, household chores, and homework and instead devoted to prayer, family, recreation, and service of others.

The three pillars of Lent are prayer, fasting, and almsgiving. All three are ways of growing in holiness. Every Lenten practice should manifest itself as another step towards our becoming saints. If it doesn’t contribute to an increase of love for God and neighbor, then it really isn’t relevant to Lent.

Take some time these next few days to plan a program for Lent so that it becomes a spiritually enriching time rather than a holding pattern until Easter. My strong encouragement would be to make joining a weekly small group part of your experience. We are not on this journey alone—discover how God has placed others here to support and encourage you as we walk together towards our heavenly home!

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**Food for Thought**

“The sleepy like to make excuses.”

~ The Rule of Saint Benedict (516 A.D.)

From a bookish priest, some recommended reading:

*Christian Self-mastery: How to Govern Your Thoughts, Discipline Your Will, and Achieve Balance in Your Spiritual Life*  
by Basil Maturin

Fr. Maturin was a powerful preacher who converted from Anglicanism around 1900. This book shows his down-to-earth approach to helping souls. He lays out a very practical roadmap for moving beyond wishful thinking in our quest for holiness.
**CAPITAL CAMPAIGN UPDATE**

**Grateful Hearts – Forward in Faith**

Holy Family Catholic Church & Academy

**A PRAYER FOR OUR CAPITAL CAMPAIGN**

Loving Father, our grateful hearts are filled with joy as we remember your blessings.

We look forward in faith, trusting your providence to guide us by the light of the Holy Spirit.

Make us generous in your service and direct our present efforts to build a parish life center where your family of faith may continue to flourish for generations to come.

Through Christ our Lord. Amen.

**ARCHDIOCESAN SYNOD**

**UPCOMING PRAYER AND LISTENING EVENTS**

What’s working and what’s not in the Archdiocese? Archbishop Hebda wants to hear from you! Please prayerfully consider attending an upcoming Prayer and Listening Event, as part of the Pre-Synod Process and make your voice heard. Your input will help guide the Archdiocese over the next 5-10 years. The next three Prayer and Listening Events are:

- Thursday, February 27, 6-9pm, Our Lady of Grace, Edina
- Saturday, February 29, 9am-Noon, St. Pius V, Cannon Falls
- Saturday, Mar. 7, 9 a.m.-noon, Transfiguration, Oakdale

Learn more about the Synod and see a full listing of Prayer and Listening Events at archspm.org/synod.

**PARTICIPATE IN THE DISCIPLE MAKER INDEX (DMI) SURVEY BY MARCH 1**

This survey is an official part of the Archdiocesan Synod process to allow parishioners to reflect on their own spiritual growth and discipleship and identify the ways in which the parish effectively supports that growth. Your confidential results will be used by the Archdiocese and your parish to 1) look at opportunities to support growth in discipleship and 2) create goals and action plans to achieve that growth. The Archdiocese will NOT have access to individual survey responses. The DMI is accessible online via smartphone, tablet, and computer. Alternatively, you can fill out an old-fashioned paper form available from the parish office—but this requires much more work to tabulate, so please go online to www.hfcmn.org/news/dmi-survey.

**STAY CONNECTED**

Get updates through Holy Family’s communication tool, Flocknote. You’ll get weekly updates from the parish, as well as any timely updates from the groups you join (e.g. Adorers of the Blessed Sacrament).

**JOIN FLOCKNOTE:**

1. Visit www.flocknote.com/HFC - or - Text HFCMN to 84576
2. Fill in your information and join those groups that pertain to you. Please be sure to join the group representing your regional neighborhood.
3. You can log in anytime to change what groups you follow!

**FOLLOW US ON FACEBOOK!**

“Like” Holy Family on Facebook to get our news, upcoming events, and updates on Catholic topics around the archdiocese! For the church, click the “f” icon in the upper right corner of the website header at www.hfcmn.org. For HFA, click the “f” icon (same location) at www.hfamn.org.

**SUNDAY STEWARDSHIP**

**CONTRIBUTIONS FOR WEEKEND OF FEBRUARY 15-16, 2020**

**Member Envelopes** $11,373.00
**Online Giving** $10,443.55
**Plate** $636.75
**Total Contributions** $22,453.30

**Second Collection:**

**CARE Fund** $1,078.00

Next week’s Second Collection will benefit the CARE Fund which meets the emergency needs of Holy Family parishioners and the wider community.

Thank you for your generosity!

**STEWARDSHIP NOTE:**

Even when the second collection goes to another organization, please fill out all checks to “Holy Family Catholic Church” with the name of the second collection on the memo line; the church then is able to write one check to the organization.
FORMED.ORG

Gain free access to Catholic movies, books, audio recordings and more, by registering at www.hfcmn.formed.org!

This week’s recommendation:

FORMED:
Into the Desert, A Lenten Study on Prayer

Our Lord teaches that prayer is a relationship and a vital necessity. And yet, many of us have difficulty committing to daily prayer. This series captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love. To access “Into the Desert…” go to www.Formed.org and click on the “Search” tab; search for “Into the Desert.” Enjoy!

Lent at Holy Family

Fridays of Lent
⇒ Fish Fry
    5-7pm in Fr. Moorman Hall
    Cost: $4 Kid’s Meal / $8 Adult’s Meal
    Entrée: Battered Fish, Baked Fish or Mac ’n Cheese
    Sides: Mac ’n Cheese, Garlic Cheddar Biscuit, Coleslaw or Green Beans
    ♦ Homemade desserts will be for sale by Holy Family Academy families
    ♦ Credit Cards Accepted!
    ♦ All proceeds go to Holy Family Academy
    ♦ Sponsored by the Knights of Columbus

⇒ Stations of the Cross followed by Benediction
    in the church every Friday at 7pm

⇒ Lenten Small Group Opportunity
“Upcoming Sunday Gospel Discussion” led by Mark Croteau
7:45–8:30pm, in Fr. Moorman Hall
Meet weekly with other parishioners in a small group format, after Stations of the Cross and Benediction, to read and reflect on the upcoming Sunday’s Gospel. Starts Friday, February 28 and continues through April 3.
Please sign up this weekend at www.hfcmn.org/news/lent-2020-groups.

Testimonies of Faith
We are a flock of many individuals, each with a unique story and varying experiences. In an effort to continue building community and friendships in Christ after weekend Masses during Lent, parishioners will present their personal “Testimonies of Faith.” See below for the first weekend of Lent speakers:

⇒ Sat. 2/29  Deacon Bill Schroeder  6:15-7pm, Fr. Wilkins Room
⇒ Sun. 3/1    Cindy Deal    10:15-11am and 12:15-1pm, Fr. Wilkins Room

Engage with Bishop Robert Barron during Lent!
Interested in receiving rich, twice-weekly reflections on the Mass this Lent? Sign up for the “ENGAGE Lent 2020” group on Holy Family’s Flocknote messaging system at www.hfcmn.org/engage-lent! Each ENGAGE message (sent on Wednesdays and Fridays during Lent, Feb. 26-Apr. 3) will contain a brief reflection and video on the significance of the Mass by Bishop Robert Barron, a renowned Catholic speaker and apologist who is known for video series such as “Catholicism” and “Pivotal Players.” These messages are free to our parish during Lent and will hopefully serve you as both an informative and inspirational opportunity to in knowledge of the Faith during this holy season.

Baptisms

Please congratulate the following families of the newly baptized:

Christopher James Adderley
(son of Christopher & Sadie Adderley)

Intercessions

Please pray for:

Marie Johnson †
John Rosenthal
Bob Spinharney
Pat Herral (sister-in-law of Irene Ohrbom)

To request prayers, go to www.hfcmn.org/prayer-requests, or call the parish office 952.929.0113. Submitted prayer intentions will be shared via “Prayer Partners” Flocknote messages and the bulletin for one week per request.

Lenten Lecture Series with Small Group Discussions
If you have not yet signed up or formed your own small group… check out this small group meeting in Fr. Moorman Hall...

A Lenten “Retreat” with St. Augustine led by John Hartnett
Tuesdays, March 3-31, 7-8:30pm
The Confessions of St. Augustine is perhaps one of the greatest spiritual masterpieces ever written; it is the most widely cited spiritual work beyond the Bible itself. This five-part series will begin to tackle this Doctor of the Church’s great work, while attending adults are able to reflect upon and share insights on the spiritual life and its common struggles in a small group format. While encouraged, it is not necessary to read Confessions at this time. We will use the translation by Frank Sheed, but other translations are close enough to work. We will meet the 5 Tuesdays of March. Please sign up this weekend at www.hfcmn.org/news/lent-2020-groups.
LENT AT HOLY FAMILY

LENTEN RETREAT FOR WOMEN
Covered in the Dust of My Rabbi: How Sitting at the Feet of Jesus Can Bring Balance to Your Life

Presented by Kelly Wahliquist
What was a disciple in the time of Jesus and what does it mean to be a disciple today as a woman in the 21st century? We will reflect on the idea of gifts, both our charisms and the specific gifts we have been given in our womanhood. What was a disciple in the time of Jesus and what does it mean to be a disciple today as a woman in the 21st century? We will reflect on the idea of gifts, both our charisms and the specific gifts we have been given in our womanhood.

Saturday, March 14th
Fr. Moorman Hall
RSVP online by Thursday, March 12, noon at www.hfcmn.org/events/lenten-retreat-women.

Cost: $15/person
7:30am Confessions and Rosary
8:00am Mass
8:30am Elegant brunch, presentation, quiet time for directed Lectio Divina and meditation
12:00pm Social

Kelly Wahliquist is the author of “Walk in Her Sandals: Experiencing Christ’s Passion through the Eyes of Women”. Please join us for a morning of spiritual renewal, refreshment, and friendship. Open to all women of the parish.
Sponsored by the Holy Family Men of God.

SOLEMNITY OF ST. JOSEPH
Join us for breakfast in Fr. Moorman Hall after the 8am Mass on Thursday, March 19th to celebrate the Solemnity of Saint Joseph. Due to this big celebration, March 18th Coffee/Donuts will be cancelled.

LENTEN CONCERT
"The Crucifixion" by Sir John Stainer
Sunday, March 29 at 3pm
The combined choirs of Holy Family Catholic Church under conductor Scott Turkington along with guest singers, will present a passionate musical mediation, the famous "Crucifixion" by Sir John Stainer. Written in 1887, this mini oratorio is so popular it has been performed the world over from the time of its writing. Come hear soloists Nathan Romportl, Brian Hasse, and organist Samuel Backman. Admission is free; a wine and cheese reception will follow.

PARISH CONFESSION NIGHT
Wednesday, April 1, 7-9pm
Please join us for our parish’s Lenten Confession Night, on Wednesday, April 1; we will have several priests available to hear private confessions.

VOCATIONS CORNER

TRAVELING CHALICE
We welcome more families to sign up for the traveling chalice and to pray for vocations in their homes for one week. The chalice with the prayers are exchanged at church on Sunday in the Sacristy. Please contact Phyllis with questions 612.702.3735 or email thegconnec@aol.com to sign up. Thank you for praying for vocations!

The exchange is at the 9am Mass
- Feb. 23 Tim & Lynn Heeren
- Mar. 1 Craig & Carrie Havlicek
- Mar. 8 Brian & Karen Mahon

MESSAGE FROM VOCATIONS DIRECTOR:
“God has called us with a holy calling… according to His own purpose and grace.” If you think God is offering you the grace of a vocation to the priesthood or consecrated life, contact the Vocation Office at 651.962.6890 or email Fr. David Blume at frblume@sithomas.edu.

OPERATION ANDREW DINNER
March 3, 6–8pm, Archdiocesan Catholic Center, St. Paul. Archbishop Bernard Hebda and Father David Blume invite men discerning the priesthood, ages 16–50, to dinner and conversation with vocations testimonials on priesthood and religious life. It is typical for a pastor, religious or youth minister to accompany each discerning guest.
Register online at www.10000vocations.org. Questions? Call 651.962.6890 or email stpaulvocations@10000vocations.org.

MIRIAM DINNER
March 10, 6–8pm, Holy Cross, Minneapolis. Archbishop Bernard A. Hebda and Father David Blume invite women, ages 16–35 who are discerning consecrated life to join us for dinner. Come for an evening of prayer and dinner with consecrated women sharing their vocations testimonies. It is typical for guests to be accompanied by their pastor, consecrated religious, or youth/campus minister. RSVP before March 6 to 10000vocations.org. Questions? Call 651.962.6890 or email stpaulvocations@10000vocations.org.

Holy Family Blood Drive
It’s not too late to donate blood at the Holy Family Blood Drive TOMORROW, Monday, Feb. 24, from 2–6pm. To sign up, go to our website www.hfcmn.org/events/blood-drive-4. This year the blood mobile will be in the parking lot so check-in will be in church narthex (main entrance).

Food Drive Weekend
Please help feed those in our community who do not have enough to eat by placing donated non-perishable food items in the collection bin. The bin is located in the entryway of the church by the Adoration Chapel next weekend, Feb.29/Mar.1.
Donations go to the St. Louis Park Emergency Program (STEP).

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FROM PARISH OFFICE

BULLETIN SUBMISSIONS
Please submit written bulletin content to Carrie.Havlicek@hfcmn.org by Thursday, February 27 for the March 8 bulletin.
**Stewardship Corner**

**Donut Sunday Coordinator**
Oversee kitchen and disciples during Donut Sunday once a month (or less during school year) usually the fourth Sunday of the month, from 7:30am to 1:30pm and lead parishioners in the prep, serve and clean-up of donuts. The second Sunday of the month, donuts are hosted by school families. You will work with the front office, regarding scheduling. Please call the church office for more information 952.929.0113.

**Weekend Gathering for Survivors of Abuse**
“Walking Side By Side” is a weekend gathering for survivors by survivors. March 13-15, Grandview Lodge, 23521 Nokomis Ave, Nisswa, MN. Reaching out to survivors with dignity and respect, listening, sharing and reflecting. Sessions are optional and therapists are on site. Questions? Contact Paula Kaempffer, Outreach Coordinator for Restorative Justice and Abuse Prevention, 651.291.4429.

**Archdiocesan Men’s Conference**
March 28, 9am–5pm (Doors open at 8am and confession will be offered) St. Thomas Academy, Mendota Heights.
“Embrace the Challenge” is the theme for the annual Archdiocesan Men’s Conference. This is a great opportunity for men to come together for good fraternity, good food and to grow in faith! This year’s keynote speaker is Fr. Paul Scalia. Includes break-out sessions with dynamic speakers, Mass & reconciliation. $30 ($25 for groups of 2-10), free parking. Food trucks onsite or bring your own lunch. Register online at thecatholicwatchmen.com

**For this week’s daily readings, please visit www.usccb.org/bible/readings**
HOLY FAMILY ACADEMY

Holy Family Academy students are selling $5 raffle tickets giving you an opportunity to win a 2020 Buick Encore (or take the cash option of $20,000) through March 2nd. Every penny of every ticket sold stays at Holy Family Academy thanks to the Raffle’s generous sponsor, Catholic United Financial. Please consider supporting HFA in this fundraiser – you might even win the grand prize as someone here did the first year we participated!

Ongoing Weekly Opportunities

* Friday Evenings “Indoor Sports Night” hosted by West Metro Young Adults. Friday, February 27, 7pm at St. Gabriel’s (St. John’s Campus) 6 Interlachen Blvd. in Hopkins. Check out their webpage for more events www.facebook.com/pg/westmetroya/events/

* Sunday Gospel Discussion about the Scriptures from Mass following the 9am Mass in the Nazareth House. No homework – just show up! www.facebook.com/pg/holyfamilyya/community/

YOUTH GROUP (AGES 13-19)

Theology of the Body for Teens

This exciting and dynamic program will give teens the answers and the tools they need to successfully and safely navigate through life. It is being offered again by our dedicated instructors, Becca Spanton and Brody Chirpich, and is for teens grades 10-12. Wednesdays, 6:30-8pm in the Nazareth House. It runs through May 6. Cost is $25 and includes workbook and online access to videos at home. The cost is only $5 if you are a returning attendee and have the book already. Register online at www.hfcmn.org/pay-teen-tob. Contact Elizabeth at Elizabeth.Brown@hfcmn.org if you have questions.

Holy Family Academy

Math Counts

Several members of the HFA team: Jacob Brandel, Eric Franz, Tim Horinek and Matthew Miller came in 2nd place in the “Math Counts” regional competition. Congratulations to the entire Math Team for a great year! Thank you Mie Yamasaki for all your coaching this year.

Catholic United Financial Raffle

Holy Family Academy students are selling $5 raffle tickets giving you an opportunity to win a 2020 Buick Encore (or take the cash option of $20,000) through March 2nd. Every penny of every ticket sold stays at Holy Family Academy thanks to the Raffle’s generous sponsor, Catholic United Financial. Please consider supporting HFA in this fundraiser – you might even win the grand prize as someone here did the first year we participated!

Mass Intentions

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<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Time</th>
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<tbody>
<tr>
<td>Sat. Feb. 22</td>
<td>Hank &amp; Tess Williamson</td>
<td>5:00pm</td>
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<tr>
<td>Sun. Feb. 23</td>
<td>Richard Borg</td>
<td>9:00am</td>
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<tr>
<td>Sun. Feb. 23</td>
<td>For the Parish</td>
<td>11:00am</td>
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<tr>
<td>Mon. Feb. 24</td>
<td>Donald Campbell</td>
<td>8:00am</td>
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<tr>
<td>Tues. Feb. 25</td>
<td>Gene L. Rogers</td>
<td>8:00am</td>
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<tr>
<td>Wed. Feb. 26</td>
<td>Art Ehalt</td>
<td>8:00am</td>
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<tr>
<td>Wed. Feb. 26</td>
<td>For the Parish</td>
<td>7:00pm</td>
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<tr>
<td>Thu. Feb. 27</td>
<td>Mary Neal</td>
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<td>Fri. Feb. 28</td>
<td>Michelle Carlson</td>
<td>8:00am</td>
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<tr>
<td>Sat. Feb. 29</td>
<td>Eileen Doran</td>
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<tr>
<td>Sun. Mar. 1</td>
<td>Art Ehalt</td>
<td>9:00am</td>
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<tr>
<td>Sun. Mar. 1</td>
<td>For the Parish</td>
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Save These Dates

Learn About the Church’s Newest Saint: John Henry Newman

- April 18: 9-11am “St. John Henry Newman: His Conversion and Spirituality” by Fr. James Reidy
- April 25: 9-11am “St. John Henry Newman’s Influence on Vatican II” by Dr. David Deavel
- May 9: 7-9pm Edward Elgar’s “The Dream of Gerontius” (based on St. John Henry Newman’s epic poem), Episcopalian Cathedral of St. Mark, downtown Minneapolis

Learn more at www.hfcmn.org/news/john-henry-newman.

“A Night in Monte Carlo”

Saturday, April 25
6-10pm
Our spring parish get-together and fundraiser for 2020 will be a 21+ casino night and online auction! Stay tuned for more details!

Eucharistic Adoration

It is our goal at Holy Family to have at least two adorers present at each hour on the adoration schedule, so that every adorer can have a partner for scheduling back-up and safety during nighttime hours. Please call or text, Mike Zwack, our Adoration coordinator, at 612.710.5007 if you are willing to make an hour (or greater) commitment each week or for information on the other times available.

Currently, the times of our greatest need are:

<table>
<thead>
<tr>
<th>Days</th>
<th>Times</th>
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<td>Mondays:</td>
<td>3-4am, 1-2pm, 7-8pm</td>
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<tr>
<td>Thursdays:</td>
<td>Noon-1pm, 3-4pm</td>
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<tr>
<td>Fridays:</td>
<td>2-3am, 3-4am, 1-2pm, 7-8pm</td>
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<td>Tuesdays:</td>
<td>3-4pm</td>
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<tr>
<td>Wednesdays:</td>
<td>5-6am, 6-7am, 3-4pm</td>
</tr>
<tr>
<td>Saturdays:</td>
<td>Midnight-1am</td>
</tr>
</tbody>
</table>

We urgently need adorers to fill the times in red.
GREAT COVERAGE - 97% of all households attending church take at least one church bulletin home every Sunday.
GREAT VALUE - 70% of all households are aware of and look at the advertising in the church bulletin and 68% of households surveyed when making a choice between businesses are inclined to choose the one who advertised in the church bulletin.

Learn More About Advertising In Your Parish Bulletin
Call us at 1-800-621-5197
Email: sales@jspaluch.com